

### **PROPOSED VOLUNTEER-PROVIDED SERVICES**

**Technology Assistance:** Phone, Thermostat, Clocks, TV, DVD equipment, Tablet, Computer, Look things up for people on the internet

**Emotional Support:** Buddy Phone Call, Visiting/Companionship, Life Changing Events (stressful or difficult life-event)

**Appointment Support:** Volunteer stays with member at appointment; Note-Taker - accompanies member and takes notes for reference

**Household Business Assistance:** Bill Processing Assistance/Monitoring, Routine Paperwork

**Minor Household Maintenance:** Small jobs, i.e., replace light bulbs or smoke alarm battery, Trash Disposal, Transport Recycling to Recycle Center, Organizing, Water indoor/outdoor potted plants

**Home Repair:** Wait with member for repairman or delivery, Assistance in assessing if major home repair needed or not, Assistance in evaluating minor home repair, secure preferred provider

**Errand Running:** Mail packages, Pick up meds, Pick up prepared foods

**Transporting Members to:** Appointments, Grocery, Religious Services, Sporting or Cultural event, Luncheon/Dinner

**Temporary Basis:** Pet Care, Dog Walking, Regular transportation for short term health-related treatment

#### **Driver Options:**

Escort Style, round-trip; driver stays with member

Taxi Style, one-way driving as in to airport

Errand Running, member does not accompany driver

### **PROPOSED PREFERRED PROVIDERS SERVICES**

Appliance Repair, Auto Repair, Computer Assistance, Electrician, Geriatric Care Manager, Grab Bar Installation, Grocery/Meal Delivery, Handyman, Hearing Aid Assistance, Home Modification, Home Repair (carpentry, roof, etc), Home Safety Evaluation, House Cleaning Service, HVAC, Lawn care maintenance (mowing, planting, weeding, pruning), Notary, Personal Trainer, Pest and Wildlife Control, Plumber, Senior Move Managers, Taxi Service, Wellness (nutrition, lifestyle, etc.), Wheelchair Transportation Provider.

### **IDEAS being considered for Cultural, Social, Educational, and Wellness Activities**

*Members and Associate Members: a social hour monthly and 3-6 special events annually*

**Programs:** Special Event, Cultural Activities and Outings, Entertainment trips, Social Activities

**Speakers:** Updating Legal Documents, Estate Planning, Reverse Mortgage, Scam (financial, electronic, mail, door-to-door) Awareness, The Five Wishes, Critical issues related to aging

**Wellness Activities:** Seminars, Exercising (standing or sitting) to stay physically fit, Wellness Fairs, Nutrition Education, Golf Clinics, Interest in Walking/Hiking, Swimming Resources, Importance of Walking One-quarter Mile