

Mustang National Preview

Women's 5K Seminole Valley Park - Cedar Rapids, IA 3/20/2021 0°

Place	School	1	2	3	4	5	6	7	Total	Ttl Time	Ave Time	Spread
1	The Master's University	1	11	14	17	19	31	38	= 62	1:36:31.2	19:18.2	1:46.8
2	Northwestern College	4	6	16	21	27			= 74	1:37:55.2	19:35.0	1:41.6
3	Baker University	9	12	22	25	30	33	39	= 98	1:39:48.6	19:57.7	1:21.9
4	Goshen College	2	10	20	34	42	50		= 108	1:40:01.9	20:00.4	2:43.8
5	William Woods University	7	15	18	32	48	57	61	= 120	1:40:39.3	20:07.9	2:54.8
6	Missouri Baptist University	3	26	37	40	46	63		= 152	1:42:58.6	20:35.7	3:02.7
7	Mount Mercy University	5	24	41	44	47	54	59	= 161	1:43:39.7	20:43.9	3:01.3
8	Trinity Christian College	13	29	43	45	55	64	65	= 185	1:45:16.0	21:03.2	2:55.3
9	Saint Xavier University	23	28	36	49	51	53	56	= 187	1:45:49.3	21:09.9	1:42.1
10	Ave Maria University	8	35	52	58	60	62		= 213	1:48:58.8	21:47.8	4:18.6

Incomplete Teams: Grand View University

Place	Score	Name	Year	School	1-Mile	2-Mile	Time	Pace mpm
1	1	Arianna Ghiorso	JR	The Master's Univers	5:43	11:51	18:09.1	5:51
2	2	Summer Cooper	FR	Goshen College	5:56	12:06	18:34.0	5:59
3	3	Emily Bayer	JR	Missouri Baptist Uni		12:11	18:41.8	6:01
4	4	Hunter Koepke	SR	Northwestern College	5:56	12:13	18:44.8	6:02
5	5	Kelsi Huhndorf	JR	Mount Mercy Universi	5:55	12:14	18:45.3	6:02
6	6	Anna Hiebner	JR	Northwestern College		12:14	18:52.8	6:05
7	7	Ellie Dimond	FR	William Woods Univer	6:03	12:30	18:54.2	6:05
8	8	Mary Goetz	JR	Ave Maria University	6:01	12:31	19:11.5	6:11
9	9	Emily Chambers	SR	Baker University	6:04	12:33	19:12.4	6:11
10	10	Annika Aldefer Fishe	FR	Goshen College	6:04	12:36	19:12.5	6:11
11	11	Kimberly Page	SO	The Master's Univers	6:10	12:42	19:14.9	6:12
12	12	Mia Wilhoit	SO	Baker University	6:06	12:42	19:24.6	6:15
13	13	April Van Ryn	SO	Trinity Christian Co	6:03	12:39	19:28.5	6:16
14	14	Ellen Palmgren	FR	The Master's Univers	6:08	12:52	19:31.6	6:17
15	15	Alicia Engelbrecht	JR	William Woods Univer		12:50	19:37.6	6:19
16	16	Autumn Muilenburg	JR	Northwestern College	6:05	12:46	19:39.4	6:20
17	17	Brooke Miliam	SO	The Master's Univers	6:10	12:42	19:39.8	6:20
18	18	Harley Nale	SR	William Woods Univer	6:09	12:51	19:41.4	6:20
19		Morgan Lawson	JR	Grand View Universit		13:00	19:54.6	6:25
20	19	Autumn Nootbaar	JR	The Master's Univers	6:18	13:10	19:55.9	6:25
21	20	Ariana Perez Diener	SO	Goshen College	6:18	13:08	20:06.1	6:28
22	21	Katlyn Wiese	FR	Northwestern College	6:19	13:12	20:11.9	6:30
23	22	Jordan Hawman	JR	Baker University	6:36	13:28	20:12.3	6:30
24		Ceyda Nazli	SO	Grand View Universit	6:28	13:18	20:14.5	6:31
25	23	Karen Dorantes	JR	Saint Xavier Univers	6:41	13:26	20:23.3	6:34
26	24	Jessica Ertz	JR	Mount Mercy Universi		13:23	20:23.5	6:34
27	25	Brooke Allen	FR	Baker University		13:30	20:25.0	6:34
28	26	Alyssa Jakcsy	JR	Missouri Baptist Uni	6:14	13:14	20:25.5	6:34
29	27	Morgan Van Der Brink	SO	Northwestern College	6:30	13:27	20:26.3	6:35
30	28	Delilah Delgado	SO	Saint Xavier Univers	6:41	13:26	20:29.9	6:36
31	29	Valerie Wellman	SO	Trinity Christian Co	6:29	13:25	20:33.2	6:37
32	30	Zoie Counts	SO	Baker University	6:38	13:28	20:34.3	6:37
33	31	Mariah Briceno	FR	The Master's Univers	6:17	13:21	20:35.6	6:38
34	32	Faith Gerling	JR	William Woods Univer	6:28	13:31	20:37.0	6:38
35	33	Gracie Kopala	FR	Baker University	6:39	13:30	20:49.2	6:42
36	34	Celeste Arroyo	FR	Goshen College	6:28	13:31	20:51.5	6:43
37	35	Anna Morris	FR	Ave Maria University		13:29	20:51.5	6:43
38	36	Daniella Nino	SO	Saint Xavier Univers	6:41	13:36	20:54.4	6:44
39	37	Ali Perry	JR	Missouri Baptist Uni	6:30	13:37	20:55.0	6:44
40	38	Maya Martinez	FR	The Master's Univers	6:23	13:39	20:55.8	6:44
41	39	Jordan Smith	FR	Baker University	6:40	13:45	21:00.1	6:46
42	40	Elizabeth Rogers	JR	Missouri Baptist Uni	6:31	13:37	21:11.9	6:49
43	41	Ruth Cobieya	JR	Mount Mercy Universi	6:35	13:49	21:16.4	6:51
44		Jackie Delafuente	FR	Baker University	6:43	13:55	21:17.8	6:51
45	42	Erica Gunden	JR	Goshen College	6:39	13:55	21:17.8	6:51
46	43	Chloe Kikstra	FR	Trinity Christian Co	6:33	13:44	21:19.9	6:52
47	44	Lilian Gualrapp	FR	Mount Mercy Universi	6:36	13:50	21:27.9	6:55
48	45	Anneke Herzog	FR	Trinity Christian Co	6:36	13:50	21:30.6	6:55
49	46	Meagan Ryan	SR	Missouri Baptist Uni	6:39	14:02	21:44.5	7:00
50	47	Carli Reittinger	FR	Mount Mercy Universi	7:03	14:24	21:46.6	7:01
51	48	Kimi Putnam	SR	William Woods Univer	6:48	14:12	21:49.1	7:01
52	49	Hyun Park	JR	Saint Xavier Univers		14:12	21:56.2	7:04
53	50	Lydia Holsopple	SO	Goshen College	6:44	14:14	21:58.6	7:04
54	51	Natalie Andrade	JR	Saint Xavier Univers	6:55	14:28	22:05.5	7:07
55	52	Bernadette Glasgow	SR	Ave Maria University	6:55	14:27	22:09.5	7:08
56	53	Rachel Parsons	SO	Saint Xavier Univers	7:11	14:44	22:10.4	7:08
57	54	Sydney Woods	SO	Mount Mercy Universi	7:03	14:24	22:18.6	7:11
58	55	Grace Thelo	FR	Trinity Christian Co	7:02	14:33	22:23.8	7:13
59	56	Johnna Baniewicz	FR	Saint Xavier Univers	7:15	14:54	22:44.3	7:19
60	57	Elizabeth Luebbert	SR	William Woods Univer	7:07	14:53	22:52.1	7:22
61	58	Peyton Brugger	JR	Ave Maria University		15:08	23:16.2	7:29
62	59	Abby Hill	FR	Mount Mercy Universi		14:55	23:17.2	7:30
63	60	Grace McKillip	SO	Ave Maria University		15:08	23:30.1	7:34
64	61	Katie Keath	SR	William Woods Univer	7:19	15:32	23:53.8	7:42

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Place	Score	Name	Year	School	1-Mile	2-Mile	Time	Pace mpm
65	62	Allison Schroeder	FR	Ave Maria University		15:25	23:55.8	7:42
66		Yaqueline Hernandez	FR	Mount Mercy Universi	7:13	15:28	24:09.0	7:46
67		Carley Beck	SO	Mount Mercy Universi		15:49	24:18.4	7:49
68	63	Mikayla Williams	SO	Missouri Baptist Uni		16:31	25:09.9	8:06
69	64	Kristina Simonelis	FR	Trinity Christian Co	7:57	16:32	25:13.6	8:07
70	65	Mariel Martin	FR	Trinity Christian Co	8:00	17:13	26:24.3	8:30

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Place	Name	Time	mpm	Place	Name	Time	mpm
1) The Master's University				9) Saint Xavier University			
		Score =	62			Score =	187
1	Arianna Ghiorso, JR	18:09.1	5:51	23	Karen Dorantes, JR	20:23.3	6:34
11	Kimberly Page, SO	19:14.9	6:12	28	Delilah Delgado, SO	20:29.9	6:36
14	Ellen Palmgren, FR	19:31.6	6:17	36	Daniella Nino, SO	20:54.4	6:44
17	Brooke Miliam, SO	19:39.8	6:20	49	Hyun Park, JR	21:56.2	7:04
19	Autumn Nootbaar, JR	19:55.9	6:25	51	Natalie Andrade, JR	22:05.5	7:07
31	Mariah Briceno, FR	20:35.6	6:38	53	Rachel Parsons, SO	22:10.4	7:08
38	Maya Martinez, FR	20:55.8	6:44	56	Johnna Baniewicz, FR	22:44.3	7:19
2) Northwestern College				10) Ave Maria University			
		Score =	74			Score =	213
4	Hunter Koepke, SR	18:44.8	6:02	8	Mary Goetz, JR	19:11.5	6:11
6	Anna Hiebner, JR	18:52.8	6:05	35	Anna Morris, FR	20:51.5	6:43
16	Autumn Muilenburg, JR	19:39.4	6:20	52	Bernadette Glasgow, SR	22:09.5	7:08
21	Katlyn Wiese, FR	20:11.9	6:30	58	Peyton Brugger, JR	23:16.2	7:29
27	Morgan Van Der Brink, SO	20:26.3	6:35	60	Grace McKillip, SO	23:30.1	7:34
				62	Allison Schroeder, FR	23:55.8	7:42
3) Baker University				Incomplete Teams:			
		Score =	98	Grand View University			
9	Emily Chambers, SR	19:12.4	6:11	19	Morgan Lawson, JR	19:54.6	6:25
12	Mia Wilhoit, SO	19:24.6	6:15	24	Ceyda Nazli, SO	20:14.5	6:31
22	Jordan Hawman, JR	20:12.3	6:30				
25	Brooke Allen, FR	20:25.0	6:34				
30	Zoie Counts, SO	20:34.3	6:37				
33	Gracie Kopala, FR	20:49.2	6:42				
39	Jordan Smith, FR	21:00.1	6:46				
	Jackie Delafuente, FR	21:17.8	6:51				
4) Goshen College				5) William Woods University			
		Score =	108			Score =	120
2	Summer Cooper, FR	18:34.0	5:59	7	Ellie Dimond, FR	18:54.2	6:05
10	Annika Aldefer Fisher, FR	19:12.5	6:11	15	Alicia Engelbrecht, JR	19:37.6	6:19
20	Ariana Perez Diener, SO	20:06.1	6:28	18	Harley Nale, SR	19:41.4	6:20
34	Celeste Arroyo, FR	20:51.5	6:43	32	Faith Gerling, JR	20:37.0	6:38
42	Erica Gunden, JR	21:17.8	6:51	48	Kimi Putnam, SR	21:49.1	7:01
50	Lydia Holsopple, SO	21:58.6	7:04	57	Elizabeth Luebbert, SR	22:52.1	7:22
				61	Katie Keath, SR	23:53.8	7:42
6) Missouri Baptist University				7) Mount Mercy University			
		Score =	152			Score =	161
3	Emily Bayer, JR	18:41.8	6:01	5	Kelsi Huhndorf, JR	18:45.3	6:02
26	Alyssa Jakcsy, JR	20:25.5	6:34	24	Jessica Ertz, JR	20:23.5	6:34
37	Ali Perry, JR	20:55.0	6:44	41	Ruth Cobieya, JR	21:16.4	6:51
40	Elizabeth Rogers, JR	21:11.9	6:49	44	Lilian Gualrapp, FR	21:27.9	6:55
46	Meagan Ryan, SR	21:44.5	7:00	47	Carli Reittinger, FR	21:46.6	7:01
63	Mikayla Williams, SO	25:09.9	8:06	54	Sydney Woods, SO	22:18.6	7:11
				59	Abby Hill, FR	23:17.2	7:30
					Yaqueline Hernandez, FR	24:09.0	7:46
					Carley Beck, SO	24:18.4	7:49
8) Trinity Christian College				8) Trinity Christian College			
		Score =	185			Score =	185
13	April Van Ryn, SO	19:28.5	6:16	13	April Van Ryn, SO	19:28.5	6:16
29	Valerie Wellman, SO	20:33.2	6:37	29	Valerie Wellman, SO	20:33.2	6:37
43	Chloe Kikstra, FR	21:19.9	6:52	43	Chloe Kikstra, FR	21:19.9	6:52
45	Anneke Herzog, FR	21:30.6	6:55	45	Anneke Herzog, FR	21:30.6	6:55
55	Grace Thelo, FR	22:23.8	7:13	55	Grace Thelo, FR	22:23.8	7:13
64	Kristina Simonelis, FR	25:13.6	8:07	64	Kristina Simonelis, FR	25:13.6	8:07
65	Maribel Martin, FR	26:24.3	8:30	65	Maribel Martin, FR	26:24.3	8:30