

Sharing the Good News of God!

Shrewsbury Parish

Quarterly Newsletter
Jan Feb Mar 2020



A WORD FROM THE RECTOR

Beyond Belief

Last weekend Lisa and I took some time away and traveled to Atlanta. We had excitedly anticipated meeting friends and watching the Olympic Trials Marathon. The top three finishers of each race will represent the United States at this year's Olympic Marathon at the Tokyo Olympics. To say the least, it was a fantastic experience. We watched the best of the best run swiftly through a very spectator friendly event, allowing us to see the runners go by 6 times, as they ran a looped course through the streets of Atlanta. If you are a "running junky," this was a great day.

As I have had a chance to reflect on the weekend, I am reminded of how easy it is for me to almost idolize those who run and compete at this level. What they do, when they are doing it, to the casual spectator looks almost effortless at times. They are nearing a kind of grace-like state as they run at speeds we mere mortals can hardly fathom. Lisa and I were there when the men's winner Galen Rupp broke from the field at the 20th mile of a 26.2 mile race and surged with a 4:52 mile. Wow! Think about that for a second. After running 20 miles, Rupp pushed to running under 5 minutes for the next mile. On television it is one thing to watch, but seeing it when you are so close you could literally high five him, is something beyond belief.

Beyond belief. An interesting phrase many of us in the Christian world don't ponder so much. What is beyond be-

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PLEASE SEND
NEWSLETTERS ENTRIES TO
SHREWSBURYNEWS
@GMAIL.COM

*JUNE 1 is the deadline for the next
newsletter.*

CAMP WRIGHT EXPERIENCES FOR ALL AGES

May 9 Open House

June 13- Silver Camp (adult)

July 25 90th Anniversary

June-August- Resident Camp Programs (Ages 7-14)

Specialty Camps

Nature, STEM, Adventure, High School Leadership

Camp Wright provides a place to grow, learn, play and make new friends. It is affiliated with the Episcopal Diocese and located on Kent Island along the Chesapeake Bay. The mission of Camp Wright “is the spiritual and physical development of youth through living, recreation, learning, singing, and praying in an environment that promotes leadership and individual growth. “

Go to www.campwright.com for specific information.

If your child, grandchild, or someone you know is interested in any of the camp experiences, it is time to enroll NOW. Scholarships are available through Camp Wright and Shrewsbury Social Ministry Committee. Contact Sue Coleman for more information.

CAMP WRIGHT SILVER CAMP - JUNE 13

by Joanne Fisher

Greetings from Camp Wright! We are very excited to share a special day at Camp Wright with our brothers and sister throughout the Diocese.

Join us for Silver Camp! Silver Camp is a day at Camp Wright designed for adults. The day will be full of camp activities— arts & crafts, sports, archery, a hayride, rest hour, and nature walks. Staff from the Retreat House in Hillsboro will join the Camp Wright staff to provide engaging programs for individuals of all activity levels and varied interests. We will celebrate Eucharist in our outdoor chapel and enjoy lunch in the dining hall. Fee for the day is \$40 and includes all activities, lunch, and an exclusive Silver Camp t-shirt. We are very excited to share a special day at Camp Wright with our brothers and sister throughout the Diocese.

Go to <https://dioceseofeaston.org/camp-wright-silver-camp/> to register or call 410-643-4171. At Shrewsbury Church Sue Coleman is the contact person.

Register by May 24



LATIA AND HER FAMILY (or, Shrewsbury to the Rescue)

by Carol Niemand

I first met Latia on a Sunday evening in late September at an informational meeting for the newly-formed "Kent Attainable Housing" at the local library. The focus of the group is to help families find suitable, affordable and stable housing. Several families were there sharing their stories in the hope of finding help. Latia is raising 2 boys and 2 girls ages 7 to 14 years old. She is a school bus driver, PT coach, and tutor. Her story tugged at my heart as I walked out to my car with her. God told me to seize the moment, so I asked her to share her contact information with me, thinking that our church might help in some way. Our Social Ministries meeting was coming up that Tuesday, so I invited her to join us

and share her story. As she told us about her life, her children sat off to the side. We were extremely moved by what she had to say, and knew how hard it may be for the children to hear her say it.

Latia explained that she was living in a mold-infested apartment at Woods Edge in Fairlee. Two of her children were sick as a result. They had to throw out all their bedding and the children's clothes due to an infestation of bedbugs. All had basically been sleeping on the floor or on blow-up mattresses. The complex also has the reputation of being a drug haven, making it rare that the children could play outside.

Fast forward a month to mid-October: Kent Attainable Housing was unable to help Latia find a house, as they only had a 2 bedroom in the works, too small for her and the children. She did however, follow their recommendation for financial counseling and managed to get her credit rating fixed. Latia found an affordable house to rent on her own which had just been renovated and was walking distance from KCHS . It had the extra bedrooms she needed and a great open interior for her and her children. Two weeks later, Social Ministries jumped in and partnered with another donor to have all new mattresses and beds delivered to their home. According to Latia, her youngest slept alone through the night for the first time that she could remember. We were able to find a used washer and dryer from the Habitat for Humanity Store in Middletown for almost half price, as Latia spun the wheel and got 40% off even their price. Fr. Henry had this amount in his discretionary fund too! Morton's hooked it up a few days later with just one call. With the addition of Thanksgiving Food and Christmas Angel Tree gifts for the children, joy was once again filling the household.

In Latia's words: "Life has been so much better for my children and myself. We would like to say thank you for all your assistance and support." At a recent basketball game at KCMS where Latia's son and daughter are on the team, the joy I felt and saw in Latia's face was evident as she cheered her children on. She instantly became a "coach" on the sidelines and a proud mother at the same time. Stay tuned - more to follow.

*But if anyone has the world's goods and sees his brother in need, yet closes his heart against him,
how does God's love abide in him?*

1 John 3:17

CROCHET OR KNIT A BIT FOR OTHERS

On Saturday, January 25th, eleven people gathered in the Parish Hall to share fellowship and skills to create items for outreach to local veterans, as well as others in need in our community. The group included three members of the Chestertown Presbyterian Church knitters group, as well as Shrewsbury parishioners and friends. Trudy Groves, a member of Shrewsbury's Rebecca Matoaka Chapter of Daughters of the King, will be delivering some of the completed items to Perry Point Veterans Hospital and Home. Trudy shared how glad the recipients have been to receive some of the earlier items, and to know where they were made. She was especially happy to have the beautiful red, white, and blue lap robe featured in a past church bulletin, as it is just what one double amputee client had wanted for his wheelchair.

Additional yarn, needles, and patterns are available in the yarn bank in the Parish Hall Nursery room. The group hopes to make this a regular gathering. Many thanks to all who donated materials, all who created the beautiful and practical items, and especially to Trudy for delivering care to our local veterans!

This is God's work in action!



*For we are His workmanship, created in Christ Jesus for good works,
which God prepared beforehand so that we would walk in them.*

Ephesians 2:10

SECOND ANNUAL EASTER PRAYER VIGIL

"Let the motions of the heart come into harmony with the movement of the lips" St. Benedict.

The root word of vigil in Latin means wakefulness. Jesus asked his friends to stay with Him while He prayed the night before He was taken away to die. Not one of them could.

Could any of us?

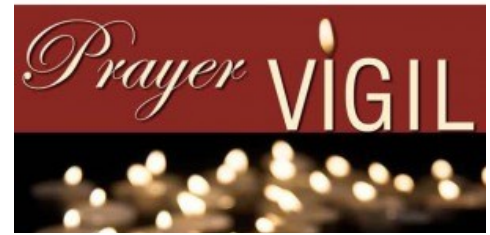
Our prayer vigil is a "Prayer Furnace" with an 82 hour burn. There will be continuous prayer in our church from the evening of Maundy Thursday to sunrise (6:31 a.m.) on Easter.

Can we stay awake for Jesus for one hour? Or more?

Join us for prayer at any time of day or night. We will pray with you and for you. Prayer requests are welcome and each one will be lifted to the Father during our "furnace".

A sign-up sheet will be in the Parish Hall. Especially needed are night owls who can spend some wee hours in the church.

It's a blessing to participate. We look forward to seeing you there!



*Be joyful always, pray at all times, be thankful in all circumstances. This is what God wants from you in your life in union with Christ Jesus.
(1 Thessalonians 5:16-18)*

ANOTHER HENRY

The Social Ministries Committee has reached out to Compassion International to sponsor Henry Leonardo Guachiac Tambriz. Henry is 6, and lives in Guatemala. He'll be 7 on October 4 of this year.

A small monthly donation by the church means that he will have a chance for a better future by breaking the cycle of poverty. Henry will receive education, health care, supplemental nutrition, and loving adult care, all from a Biblical perspective. And as his

sponsor, we can be a positive influence for hope, encouragement, and the love of Christ in his life.



Henry Tambriz

ANNIVERSARIES

Do we have your birthday and/or anniversary information? Email us shrewsburychurch@gmail.com

Celebrate
Your
Life!

May

- 1 Greg & Joyce Jones
- 3 Rick & Mary Carlisle
- 14 John & Sissy Yowell
- 18 Elke & Joe Wiedemann
- 23 Mike & Beverley Philipp
- 28 Ed & Pinky Hatfield
- 31 Chuck & Katherine Paff

BIRTHDAYS

April

- 03 Elke Wiedemann
- 10 Bryan Davis
- 112 Sally Mullen
- 17 Maryanne LaTorie/Newll
- 24 Cheryl Roberts
- 26 Samantha Delboy
- 26 Nancy Browne
- 27 Andy Boulden

May

- 07 Charles Purnell Raffetto
- 10 Sarah Boulden
- 11 Barbara Hilty Stevenson
- 15 Lisa Sabetti
- 18 Jim Stevenson
- 20 Allen Davis
- 20 Olin Davis III
- 21 Sue Edson
- 22 Brett Davis
- 31 Greg Jones

UPCOMING SERVICES & SPECIAL EVENTS

Adult Lenten Forum (through April 5)
“The Grace of Les Miserables” by Matt Rawle

March 17
11:00 a.m. Bishop’s Lenten Series (North East)

March 19
6:00 p.m. Men’s Dinner

March 24
11:00 a.m. Bishop’s Lenten Series (Princess Anne)

March 29 Annual Bishop’s Visit
6:30 p.m. Holy Eucharist Rite II
The Fifth Sunday in Lent
Visit with Bishop Marray and join us for breakfast

March 31
9:00 a.m. Quilter’s Group (Parish Hall)

March 31
11:00 a.m. Bishop’s Lenten Series (Ocean City)

April 13
Office Closed

April 16
6:00 p.m. Men’s Dinner (Doc’s in Centreville)

April 20
6:00 p.m. Vestry Meeting (Parish Hall)

May 2
9:00 a.m. - 12:00 p.m. Diocesan Investment Seminar (Parish Hall)

May 3
1:00 - 3:00 p.m. CPR Training (Parish Hall)

May 17
Homecoming

May 18
Vestry Meeting (Parish Hall)

May 21
Men’s Dinner (Steak Night at Shrewsbury)

May 25
Office Closed

CORONAVIRUS RESPONSE AT SHREWSBURY PARISH FROM THE VERY REVEREND HENRY SABETTI, RECTOR

Dear Members and Friends,

During both services on Sunday March 8th, I presented a detailed response that we as a parish shall undertake in light of the coronavirus situation in our country and the world. What follows are my remarks. Should you have any questions, comments or concerns, I ask that you direct them to me personally.

Following my review of instructions from the Diocese of Easton (which are included in this newsletter) and review of diocesan protocols in the Diocese of Maryland and the Diocese of Newark and following consultation with Bishop Marray, the Very Rev. Greg Powell, the Rev. Chuck Hatfield, the Rev. Stephan Klingelhofer, Mrs. Lisa Sabetti and Mr. Robert Busler, I am asking that we observe the following practices at Shrewsbury:

Practice good and common sense hygiene If you are ill or suspect you have had contact with someone ill, please stay home. Call your doctor or medical professional. Wash Your Hands frequently. Use hand sanitizer upon entrance to the church and before communion. The ushers will be stationed at both times to offer gel hand sanitizer.

Until further notice, please refrain from intinction (dipping the host into the chalice). The primary source of germ transmission is from the hands. Studies have shown that taking a sip from the chalice is far safer than intinction. Lay Eucharistic Ministers will wipe the chalice and turn it with each communicant.

Should you feel uneasy about receiving wine from the chalice at all, please do not do so. The Church has taught for centuries that the Body and Blood of our Lord is present within both the bread and the wine, therefore receiving only the bread is completely fine.

Passing the Peace If you feel more comfortable, do not shake hands. Use the elbow bump, wave, bow, or offer the peace sign. Please respect the approach others may take during the peace.

Let's Not Panic Good hygiene and self-quarantine are the best preventative measures all of us can and should take.

We will continue to monitor this process and adapt as necessary following instructions and counsel from our diocese and the Center for Disease Control.

My thanks to all of you for respecting these new protocols for our common worship at Shrewsbury. May God be with you as we navigate this period together as a community of the faithful.

SHREWSBURY PARISH

Shrewsbury Parish is a caring community of faithful people created by God, redeemed by the Son, and empowered by the Holy Spirit. Our mission is to joyfully radiate God's love and to live in Christ.

www.shrewsburychurch.org

shrewsburychurch@gmail.com

12824 Shrewsbury Church Road Post Office Box 187

Kennedyville, Maryland 21645

410.348.5944



Interested in Daughters of the King?

Please see Karen Reed, call 410-778-6114, or email kltr@basicisp.net. Daughters of the King (DOK) is an international Episcopal Order for women, both lay and ordained, who are united through the practice of prayer, service and evangelism. Shrewsbury Parish is one of four parishes in the Diocese of Easton with a DOK chapter. Interested women are encouraged to join this prayerful order. More information about the organization is also available at www.doknational.org.



The Altar Guild has ordered **twenty-four** lilies to be placed in the church for Easter memorials or honorariums. The price is **\$12.00** per plant. If you would like to reserve **one or more**, please fill out the form below and leave at the church office with your check made payable to the **Shrewsbury Altar Guild**. Orders must be placed no later than **April 2nd**.

GIVEN BY:

IN LOVING MEMORY OF:

IN LIVING MEMORY OF:

ENCLOSED: \$

TOTAL Lilies

A MESSAGE FROM BISHOP SANTOSH MARRAY XI BISHOP OF THE EPISCOPAL DIOCESE OF EASTON

Coronavirus Response

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. Isaiah 41:10

Beloved,

In the wake of news of the Coronavirus (COVID-19) I feel obligated to write to encourage you and remind you of a few simple changes that can help us all minimize the chances of contracting or spreading disease.

Thoroughly wash your hands (at least 20 seconds with soap and water) when heading into or returning from public events. Wipe down commonly used surfaces, including your vehicle.

Clergy members and Eucharistic Ministers should continue to wash their hands and consider using antibacterial gel before offering worshippers communion.

Refrain from intinction where possible (dipping the bread in the cup). If needed, have only a single person administering communion in this manner...

I advise using the following protocol if intinction: The clergy distributes the consecrated Host (we advise the use of flat wafers rather than bread) with a Eucharist Minister walking next to them with the Chalice. The clergy should intinct the wafer in the wine and place it in the hands of the communicant, rather than the mouth, to avoid any contact with tongue or lips. The communicant receiving the sacrament should be the one who places the sacrament in her/his mouth.

Please note it is not necessary to take both bread and wine during Holy Eucharist. Receiving just the 'BODY' is sacramentally sufficient and still reflects the full nature of Christ in his sacramental presence.

Consider an alternative form of greeting during the Passing of the Peace...

Continue to verbally share the Peace of the Lord reverentially with those around you either by slightly bowing your head or offering a friendly wave.

Clergy who lead worship in Assisted Living facilities are familiar with similar protocols.

We need to be extremely cautious in communicating this interim approach in order to avoid any sense of panic or confusion. Clergy are excellent professionals in showing and communicating pastorally sensitive matters that may affect our faith and practice. I am confident we will continue to do our very best to engage the present reality in our worship and pastoral community with Christ-like compassion and calm. At the end of the day, clergy are the ones best situated to decide the most appropriate approach in their respective context.

I strongly advise we don't allow this health issue to define our life or unduly influence how we go about our daily routine. However, if you feel any flu like or suspicious symptoms, please be responsible to your neighbors and stay away from gatherings.

The diocese will continue to monitor the situation as it evolves paying particular attention to directives/advice coming from our state officials. Two websites we recommend for more information are: The Centers for Disease Control and Prevention Episcopal Relief and Development.

In the meantime, we turn to the One in whom we place our ultimate trust:

O God, by whom the meek are guided in judgment, and light rises up in darkness for the godly: Grant us, in all our doubts and uncertainties, the grace to ask what you would have us to do, that the Spirit of wisdom may save us from all false choices, and that in thy light we may see light, and in thy straight path may not stumble; through Jesus Christ our Lord. Amen.

The Right Rev. Santosh K. Marray XI Bishop of Easton

HOLY WEEK AND EASTER AT SHREWSBURY

April 9th, Maundy Thursday

7:00 p.m. Holy Eucharist with Foot Washing

Stripping of the Altar

Prayer Vigil begins following the service until Easter Sunrise.

April 10th, Good Friday

Services at 12:00 and 7:00 p.m.

April 12th, Easter Sunday

6:15 a.m. Sunrise Holy Eucharist in the Outdoor Chapel

7:30 a.m. Holy Eucharist Rite I

10:00 a.m. Festal Holy Eucharist Rite II

Sunday Adult Lenten Forum

8:45 a.m. in the Parish Hall

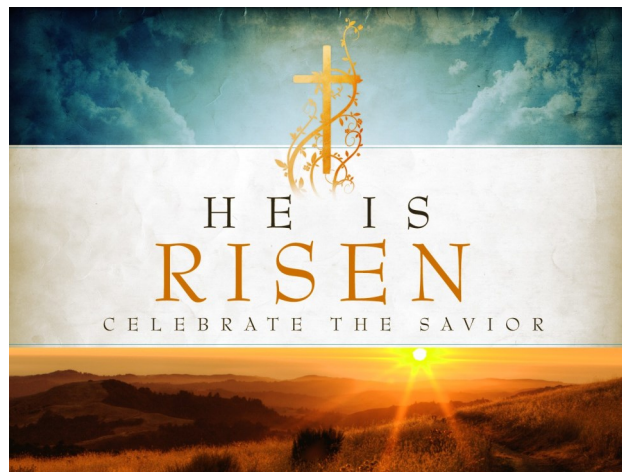
“The Grace of Les Miserables” by Matt Rawle

Please join us for this journey each Lenten Sunday as we explore topics of grace, justice, poverty, revolution, love and hope - each represented by a character in Victor Hugo’s novel.

Shrewsbury Thursday Nights in Lent

“Loving Your Neighbor”

Join us each Thursday at 6:00 p.m. as we welcome parishioners and community guests sharing how they live out the commandment to “Love your neighbor.”



Yet the Lord longs to be gracious to you; therefore he will rise up to show you compassion. For the Lord is a God of justice. Blessed are all who wait for him!
Isaiah 30:18

LENTEN LUNCHEON SERIES

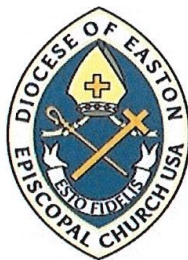
BISHOP SAN LEADS LENTEN SERIES

BISHOP SAN WILL BE LEADING A LENTEN LUNCHEON SERIES ON ARCHBISHOP DESMOND TUTU'S "NO FUTURE WITHOUT FORGIVENESS: A LOST DISCIPLINE IN THE 21ST CENTURY CHURCH."

Forgiveness is one of the fundamental messages preached by John the Baptist and Jesus Christ. It is a discipline lived out in the act of contrition and clearly defined and intentionally incorporated in private and corporate daily worship. We are trained and nurtured in the Christian virtue of humility which precipitates a contrite heart and broken spirit. David models this attitude in his relationship with God, "the sacrifice of God is a troubled spirit; * a broken and contrite heart, O God, you will not despise." (Psalm 51) We pray the act of contrition before we approach the altar of God to receive the sacred and holy body and blood of our Lord and Savior.

Each session is an hour beginning at 11 a.m. ending at noon, followed by a simple meal of soup, salad, sandwich and desserts.

**Come spend your lunch break
in reflection and fellowship.**



**START TIME: 11AM
LUNCH: NO COST
DATES:**

TUESDAY, MARCH 3RD

St. Mary Anne's,
North East
315 S. Main Street
North East, MD 21901

TUESDAY, MARCH 17TH

St. Mary Anne's,
North East
315 S. Main Street
North East, MD 21901

TUESDAY, MARCH 24TH

St. Andrew's,
Princess Anne
30513 Washington St
Princess Anne, MD 21853

TUESDAY, MARCH 31ST

Holy Spirit, Ocean City
10001 Coastal Highway
Ocean City, MD 21842

**For further info. call
410-822-1919**

(Continued from page 1)

lief? What indeed can we believe? What and who do we believe in? For many in today's cultural milieu, God is beyond belief. More and more persons find that religious participation is simply not attractive or even feasible any more. We are witnessing a generation or more of young adults with almost no Church or Biblical knowledge or background. Mistrust of religious institutions (e.g. the mainline Church) is at an all-time high. Even the once popular mega church models are seeing a relative decline in attendance and participation. However, spirituality (as not necessarily religious faith and worship) is finding more and more adherents in a myriad of settings and ways. Practices that speak volumes to many are gaining popular footholds in American society. With increased awareness, traditional groups like Twelve Step Recovery (AA, Alanon and NA), yoga, spiritual retreats and programs (like those the wonderful Hillsboro Retreat Center and the Foehliage offer) and practices and programs outside the normative box, offer new and meaningful ways to quench the thirst of spiritual dryness.

Certainly I am not advocating staying away from church. I love it when the church is full and worship is rich with energy and the Spirit is palpable. I am one of those old fashioned Episcopalians that both desires and needs weekly Eucharist, daily prayer and meditation, and a Christ centered community of loving friends. But, one of the many things I have learned as both a follower of Jesus and a priest, is that what may seem beyond my belief (or my comfort level) may well be worth trying. And in those instances when I have done so, when I have tried a new or different spiritual practice or pursuit, when I have gone on a retreat or even when I tried yoga, I have found that I met God in a new and always wonderful way. I found that what was once beyond my belief became part of my new belief, understanding and even practice. Somehow the divine became more human and more readily discernible and intimate.

One of the many gifts Jesus brought to his friends and followers was the gift of discovery. The disciples discovered that the one they followed was increasingly present no matter what they experienced. Whether it was pain or sorrow, joy or excitement, life or death, Jesus continued to invite them to discover themselves and their God in new ways. Even the disciples, the very first men and women who were his friends, came to know that this man Jesus was never beyond their belief.

As our Lenten days decrease and the light of the daylight sky makes its annual increase, as we move through the journey of Holy Week and the glorious season of Easter, consider how you may move beyond what may even be a firm belief and practice and discover the invitation to know God in ways that will both "satisfy and delight" your being and your soul. Try something new. And if you want some suggestions, let's chat about it. You may find what was once beyond your belief.

May the journey of Lent and the expectant joys of Easter be with you,

Henry+



NORTHERN CONVOCATION

SMALL CHURCH SUMMIT

2.0 – THE CONVERSATION CONTINUES

MAY 16, 2020

10AM – 2PM

St. Stephen's
10 Glebe Rd., Earleville

This gathering is intended for Parish officers and Vestry leaders to come and discuss next steps as we address the clergy shortage and changing landscape of the Episcopal Church.

Please join us for Convocational and Regional discussions between our congregations.

Lunch will be provided

Please register with Patrick in
Bray House by May 1st.

410.822.1919
patrick@dioceseofeaston.org

EASTER

also called Pascha (Greek, Latin), or Resurrection Sunday, is a festival and holiday commemorating the resurrection of Jesus from the dead. Described in the New Testament as having occurred on the third day after his burial following his crucifixion by the Romans at Calvary c. 30 AD. It is the culmination of the Passion of Jesus, preceded by Lent (or Great Lent), a 40-day period of fasting, prayer, and penance.

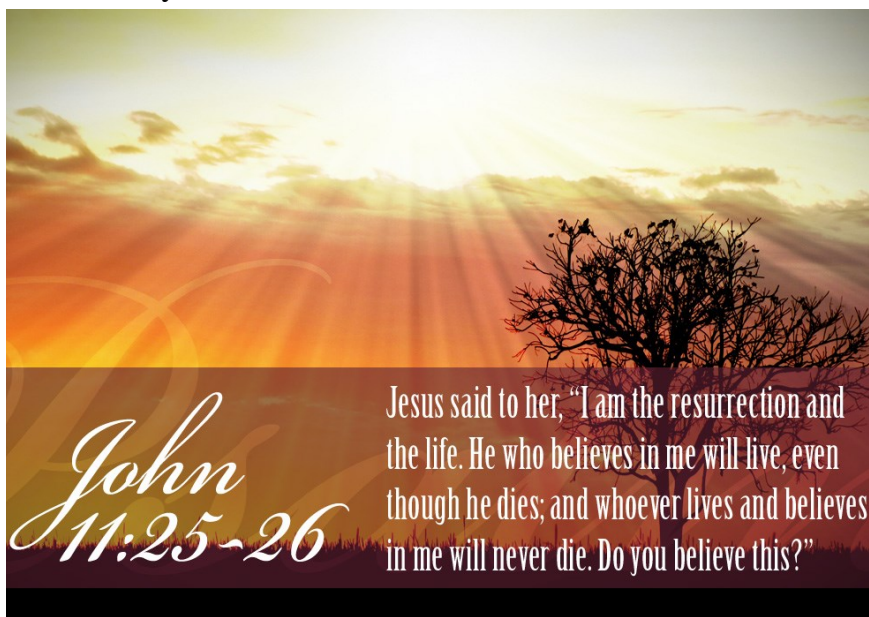
The week before Easter, Holy Week, includes the days of the Easter Triduum, including Maundy Thursday, commemorating the Maundy and Last Supper, and Good Friday, acknowledging the crucifixion and death of Jesus. Eastertide, or the Easter Season, begins Easter Sunday and lasts seven weeks, ending with the coming of the 50th day, Pentecost Sunday. In Eastern Christianity, the season of Pascha begins on Pascha and ends with the coming of the 40th day, the Feast of the Ascension.

Easter and the holidays that are related to it are moveable feasts which do not fall on a fixed date in the Gregorian or Julian calendars (which follow the cycle of the Sun), rather, its date is offset from the date of Passover and is therefore calculated based on a lunisolar calendar similar to the Hebrew calendar. The First Council of Nicaea established two rules: independence of the Jewish calendar, and worldwide uniformity, the only rules for Easter explicitly laid down by the council. No details for the computation were specified; these were worked out in practice, a process that took centuries and generated a number of controversies. It has come to be the first Sunday after the ecclesiastical full moon that occurs on or soonest after 21 March. Even if calculated on the basis of the more accurate Gregorian calendar, the date of that full moon sometimes differs from that of the astronomical first full moon after the March equinox.

Easter is linked to the Jewish Passover by much of its symbolism, as well as by its position in the calendar. In most European languages the feast is called by the words for passover in those languages; and in the older English versions of the Bible the term Easter was the term used to translate passover. Easter customs vary across the Christian world, and include sunrise services, exclaiming the Paschal greeting, clipping the church, and decorating Easter eggs (symbols of the empty tomb). The Easter lily, a symbol of the resurrection, traditionally decorates the chancel area of churches on this day and for the rest of Eastertide.

Additional customs that have become associated with Easter and are observed by both Christians and some non-Christians include egg hunting, the Easter Bunny, and Easter parades. There are also various traditional Easter foods that vary regionally.

Adapted from source: Wikipedia





**Submissions for the next quarter newsletter are due on
June 1st.**

Shrewsbury Parish
P.O. Box 187
Kennedyville MD 21645

PLEASE
PLACE
STAMP
HERE