

Island Foods

Great Valu Markets

Visit us at www.islandfoodsgreatvalu.com

**MAKE OUR BRANDS,
YOUR BRANDS & SAVE!**

SATURDAY STEALS ARE BACK!

Be sure to check your e-mails beginning 10/24 to download your FREE item!

**FREE
ITEM**

4.88 lb.

**Bottom
Round Roast**
USDA Choice Beef



1.48 lb.

**Pork Butt
Roast**
Fresh Bone-In

Be inspired

.98 lb.

**Perdue Chicken
Drumsticks Or Thighs**
Fresh, Grade "A"

**Valu
Pack**

PERDUE

Honeycrisp
Apples

1.38 lb.



**Collard,
Turnip,
Mustard Greens
Or Kale**
Fresh Leafy

.99 lb.



**Wild Harvest
Organic Salads**
Selected Varieties
5 oz. pkg.

2/\$6



WOW! SAVINGS THAT ADD UP!



**Essential Everyday
Italian Or Bratwurst
Sausage**
Mild Or Hot Italian
16 oz. pkg.

2.49



**Essential
Everyday
Hardwood
Smoked Bacon**
Thick Sliced
24 oz. pkg.

5.99



**Arctic Shores
Salmon Sides**
Frozen
24 oz. pkg.

8.99



**Stone Ridge
Creamery
Real Ice Cream**
Selected Varieties
48 oz. ctn.

2.99



**Essential Everyday
Chunk Or Shredded
Cheese**
Selected Varieties
6-8 oz. pkgs.

2/\$4



**Essential Everyday
Potato Or
Tortilla Chips**
Selected Varieties
8-12 oz. bags

3/\$5



**Kellogg's
Large Size Cereal**
18 oz. Rice Krispies
Or 18 oz. Corn Flakes

2/\$6



**Turkey Hill
Drinks**
Selected Varieties
64 oz. btl.

2/\$4



**Breakstone's
Sour Cream**
Selected Varieties
16 oz. ctn.

1.99



**Florida's Natural Orange
Or Grapefruit Juice**
Selected Varieties - 52 oz. ctns.

2/\$7



**Old Orchard Apple Cocktails
Or Healthy Balance Juice**
Selected Varieties - 64 oz. btl.

3/\$5



Mueller's Pasta
Selected Varieties
12-16 oz. boxes

10/\$10



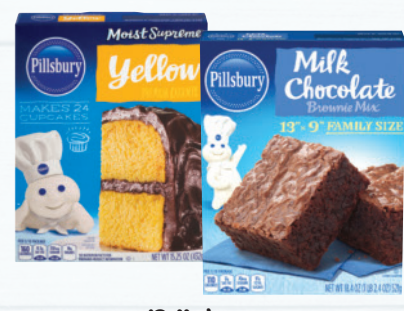
**Marie Callender's Dinners,
Bowls Or Pot Pies**
Selected Varieties - 10-14 oz. boxes

5/\$10



**TombStone
12" Pizza**
Selected Varieties
19.3-21.1 oz. pkg.

3.99



**Pillsbury
Cake Or Brownie Mix**
Selected Varieties
15.25-18.4 oz. boxes

4/\$5

PRICES GOOD OCTOBER 14 - OCTOBER 20, 2020

Meats



Family Pack

9.99 lb.

Boneless New York Strip Steaks

USDA Choice Beef

Essential Everyday Steak Sauce
Regular Or Tangy
10 oz. btls.

2/\$5



3.99 lb.

85% Lean Ground Round

Fresh

Family Pack



Family Pack

2.99 lb.

Pork Steaks Or Western Style Ribs

Fresh Bone-In

pork
Be inspired



Oscar Mayer Meat Wieners

Selected Varieties

16 oz. pkg.

2.99



Oscar Mayer Lunchables

Selected Varieties

2.2-4.4 oz. pkgs.

2/\$3



Oscar Mayer Beef Franks Or Cheese Dogs

Selected Varieties

14-16 oz. pkg.

4.49



Butt Portion \$1.79 lb.

Sugardale Smoked Ham Shank Portions

1.59 lb.



Spartanburg Fully Cooked Pork Ribs

In Sauce

1.5 lb. pkg.

6.49



Stahl-Meyer Hot Dogs Or Frankfurters

Chicken, Meat Or Turkey

3 lb. pkg.

5.49



CAROLINA PRIDE

Pork Sausage

MILD

CAROLINA PRIDE

Pork Sausage

HOT

Carolina Pride Roll Sausage

Hot Or Mild - 16 oz. rolls

2.79



Kunzler Grill Franks

Smoke Flavoring Added

16 oz. pkg.

3.29



Oscar Mayer Delifresh Lunch Meats

Selected Varieties

15-16 oz. pkg.

6.99



Kunzler Chicken Or Turkey Franks

16 oz. pkgs.

2/\$5



Butterball Turkey Bologna

16 oz. pkg.

2.39



The Philly Homestyle Beef Patty

8 QUARTER POUND BEEF PATTIES

Frozen - 32 oz. box

7.99



Essential Everyday Classic Corn Dogs

42.72 oz. pkg.

7.99



Steak-umm Sliced Sandwich Steaks

All Natural Beef

9 oz. box

4.49



Essential Everyday Meatballs

Selected Varieties

20-24 oz. pkg.

6.99

Seafood



Great American 16/20 Count Raw Shrimp

2 lb. bag

15.99



41/50 Count Cooked Shrimp

Arctic Shores Tail-On IQF

12 oz. bag

5.99



Great Fish Flounder Fillets

1 lb. pkg.

5.49



Sea Scallops

U 10

13.99 lb.



Bantry Bay Mussels

Selected Varieties

16 oz. pkg.

3.99

Bakery



8 Inch Fruit Pies

Selected Varieties

3.99



8 Inch Double Layer Cakes

Selected Varieties

9.99



Stonefire Mini Naan

Regular Or Ancient Grain

4 ct. pkg.

2.99



Father's Table Cake Roll

Chocolate Or Carrot

18 oz. pkg.

4.49



Kaiser Rolls

6 ct. pkg.

2.99



Jumbo Glazed Donuts

12 ct. pkg.

4.89



LaBrea French Demi Baguette

4 oz. pkg.

.99

Deli



Kretschmar Ham Off the Bone

Deli Fresh

Selected Varieties

7.99 lb.



Kretschmar Chicken Breast

Deli Fresh

Off The Bone, Oven Brown Roasted Or Buffalo

7.99 lb.



Castello Gouda Cheese

7 oz. pkg.

4.99



Cooper Sharp Cheese

White Or Yellow

6.99 lb.



BelGioioso Cheese Wedges

Selected Varieties

5 oz. pkg.

8.99



Kretschmar Turkey Off The Bone

Deli Fresh

Regular Or Honey

8.99 lb.



Resers Bulk Potato Salad

Deli Fresh

3.99 lb.



Signature Pepper Jack Cheese

Deli Fresh

6.99 lb.



8 Piece Fried Chicken

2 Breasts, 2 Thighs, 2 Drumsticks & 2 Wings

7.98

Grocery Savings



Deer Park Natural Spring Water
24 pk. 16.9 oz. btl.
Deer Park Sparkling Water
Selected Varieties
8 pk. 12 oz. cans

5.99



Folgers Ground Coffee Or K-Cups
Selected Varieties - 12 ct. box Or 24.2-30.5 oz. can
Dunkin' Donuts Or 1850 K-Cups,
Whole Bean Or Ground Coffee
Selected Varieties - 3.7-5.1 oz. box Or 10-12 oz. pkg.

7.99



Hawaiian Punch Juice Drinks
Selected Varieties - 128 oz. jug

2.59



Campbell's
well Yes! Soup
Selected Varieties
16.1-16.3 oz. cans

1.99



Welch's
Fruit Snacks
Or Rolls
Selected Varieties
4.5-9 oz. boxes

2/\$4



Kellogg's
Cocoa Or
Rice Krispies
Treats
Selected Varieties
5.6-6.2 oz. boxes

2/\$4



Campbell's
Chunky Or
Home Style Soup
Selected Varieties
18.6-19 oz. cans

2/\$4



Welch's Grape
Juice Blends
Selected Varieties
64 oz. btl.

2/\$8



Mott's
Applesauce
Original, Cinnamon
Or Natural
46-48 oz. jars

2.99



Campbell's
Oven, Skillet Or
Slow Cooker
Mixes
Selected Varieties
11-13 oz. pkgs.

2/\$5



Progresso
Toppers
Microwave
Soups
Selected Varieties
12.2 oz. ctns.

2/\$6



Jiffy
All Purpose
Baking Mix
40 oz. box

2/\$7



Aunt Jemima
Pancake On
The Go
Maple Or
Chocolate Chip
2.11 oz. cups

10/\$10



Barilla
Gluten Free
Pasta
Selected Varieties
12 oz. boxes

2/\$5



Essential
Everyday
Peanut
Butter
Creamy Or Crunchy
16 oz. jar

1.79



Essential Everyday
Tomato Ketchup
24 oz. btl.
Essential
Everyday
Yellow Mustard
14 oz. btl.

.99



Pringles
Mega Stack
Potato Crisps
Selected Varieties
6.8-7.1 oz. cans

2/\$4



Ragu
Pasta
Sauce
Selected Varieties
45 oz. jars

3.75



Crystal Farms
Grated
Parmesan
Cheese
8 oz. ctn.

2.99



Essential
Everyday
Cereal
12.25 oz. Honey Nut
Toasted Oats Or
18 oz. Corn Flakes

2/\$4



Essential Everyday
Salad
Dressing
Selected Varieties
16 oz. btl.

2/\$3



Essential
Everyday
Dry Roasted
Peanuts
Selected Varieties
16 oz. jar

1.99



Essential Everyday
Chunk Light Tuna
In Water
5 oz. can Or 2.6 oz. pouch
Essential Everyday
Solid White
Albacore Tuna
In Water - 5 oz. can

.89
1.79



Essential Everyday
Real
Mayonnaise
Regular, Light
Or With Olive Oil
30 oz. jar

2.79



Zatarain's
Rice
Selected Varieties
6-6.9 oz. boxes

2/\$3

Dairy



La Yogurt
Probiotic Yogurt
Selected Varieties
6 oz. cups

10/\$5



Starbucks
Coffee Creamer
Selected Varieties
28 oz. btl.

2/\$10



Yo Crunch
Yogurt
Selected Varieties
4 pk. 4 oz. cups

2.99



Essential
Everyday
Low Fat
Cottage Cheese
4% Large Or Small Curd
Or 1% Milkfat - 24 oz. ctns

2/\$5



Essential Everyday
Deli Style
Sliced Cheese
Selected Varieties
6.8-8 oz. pkg.

2.29



Essential
Everyday
Orange Juice
Selected Varieties
From Concentrate
64 oz. ctn.

2/\$4



Swiss Miss
Pudding
Selected Varieties
6 pk. 4 oz. cups

2.99



Essential Everyday
Crescent Or
Cinnamon Rolls
Selected Varieties
8-12.4 oz. cans

2/\$3



Essential Everyday
Lactose Free
Milk
Selected Varieties
64 oz. ctns

2/\$7

Frozen Favorites



Essential Everyday
Waffles
Selected Varieties
12.3 oz. boxes

2/\$3



Hot
Pockets
Selected Varieties
12 ct. 5.4 oz. box

11.99



Hanover
Country Fresh
Classic Vegetables
Selected Varieties
10-14 oz. bags

2/\$3



Essential
Everyday
French Fries
Or Potatoes
Selected Varieties
26-32 oz. bags

2/\$4



Essential
Everyday
Fruit
Selected Varieties
12-16 oz. pkg.

2.79



Birds Eye
Voila!
Selected Varieties
21 oz. pkg.

3.49



Pepperidge Farm
Puff Pastry Turnovers
Apple Or Cherry - 12.5 oz. pkgs.
Pepperidge Farm
3 Layer Cakes
Selected Varieties
19-19.6 oz. boxes

2/\$6

Household



Gain
Fabric Softener
Or Beads
Selected Varieties
7.2 oz. beads, 120 ct. pkg.
Or 50-51 oz. btl.
Gain Laundry
Detergent
Or Flings!
Selected Varieties
50 oz. btl. Or 16 ct. pkg.

5.49



Essential
Everyday
Parchment
Paper
30 sq. ft. rolls

2.99



Gain Liquid
Dish Detergent
Selected Varieties
21.6 oz. btl.

1.99



Essential
Everyday
Aluminum Foil
25 sq. ft. rolls

4/\$5



Post
Cereal
11 oz. Oreo O's
Or 11 oz. Dunkin'

2/\$5

10.14.20 IF-3



Fall BAKING

Celebrate
National Dessert Day
on October 14th!

Mix & Match

Essential Everyday
Flour
Selected Varieties
5 lb. bag

Essential Everyday
Pure
Granulated
Sugar
4 lb. bag

1.99



Essential Everyday
Pure
Vegetable Oil
48 oz. btl.

1.99



Jiffy
Corn Muffin
Mix
Selected Varieties
8.5 oz. box

.79



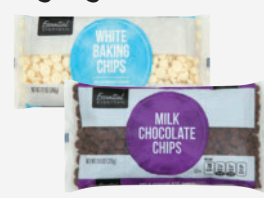
Essential Everyday
Baking Sugars
Confectioner, Light
Or Dark Brown
2 lb. bags

1.79



Essential Everyday
Baking
Chips
Selected Varieties
10-12 oz. bags

1.89



Lucky Leaf
Premium
Apple Pie Filling
21 oz. can

2.99



Essential Everyday
Sweetened
Coconut Flakes
14 oz. bag

2.39



Blue Bonnet
Margarine
45 oz. tub

3.29



Kraft
Philadelphia
Cream Cheese
Selected Varieties
Regular Or Whipped
7.5-8 oz. tubs

3.49

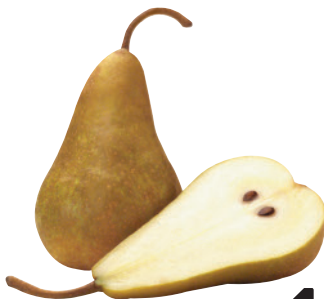


Produce



Red Or Green Seedless Grapes

2.29 lb.



Bosc Pears

1.99 lb.



Fall Hard Squash
Acorn, Butternut Or Spaghetti

.99 lb.



Tender Asparagus
Fresh

3.99 lb.



Sweet Golden Yams

1.27 lb.



Green Beans
Fresh

1.99 lb.



Large Pumpkin

7.99 each



Bolthouse Farms Drinks
Selected Varieties
15.2 oz. btl.

3.99



Green Giant Baby Bella Mushrooms
8 oz. pkgs.

2/\$5



Marzetti Caramel Dip
Selected Varieties
13.5 oz. ctn.

4.99



Marzetti Apple Crisp Mix
Easy To Bake
9 oz. tubs

2/\$5

Snack Center



Doritos Tortilla Chips
Selected Varieties - 9.25-9.75 oz. bags

2/\$6



Snyder's Of Hanover Family Size! Pretzels
Selected Varieties - 12-16 oz. bags

2/\$5



Cape Cod Potato Chips
Selected Varieties - 6.5-8 oz. bags

2/\$5



Nabisco Oreo Cookies Or Thins
Selected Varieties - 10.1-15.35 oz. pkgs.

2/\$8



Nabisco Chips Ahoy! Cookies
Selected Varieties - 7-13 oz. pkgs.

2/\$8



Nabisco Honey Maid Graham Crackers
Selected Varieties - 12.2-14.4 oz. boxes

2/\$8



Nabisco Nilla Wafers
Selected Varieties - 11 oz. boxes

2/\$8



Little Debbie Big Packs
Selected Varieties
16.92-31.78 oz. pkgs.

2/\$6



Tastycake Pies, Cookies, Donuts Or Pecan Swirls
Selected Varieties - 2-6 oz. pkgs.

10/\$10



Keebler Zesta Or Krispy Saltine Crackers
16 oz. boxes

2/\$5



Hostess Multipacks
Selected Varieties
8-15.66 oz. boxes

2/\$5



Frito Lay 16-18 Ct. Variety Packs
Selected Varieties - 8-18 oz. pkg.

6.99

NATURAL and SPECIALTY



Stok Cold Brew Coffee
Unsweetened - 48 oz. btl.

2/\$10



Simply Almond Milk
Selected Varieties - 46 oz. btl.

2/\$8



Sigg's Yogurt
Plain - 24 oz. ctn.

4.99



Chobani Oat Drink Or Creamer
Selected Varieties - 24-52 oz. ctns.

2/\$7



Wild Harvest Cage-Free Large Brown Eggs
Grade A - dozen

2/\$6



Clif Or Luna Protein Bars
Selected Varieties - 1.59-2.4 oz. bars

4/\$5



Morning Star Farms Line
Selected Varieties - 5.25-12 oz. pkgs.
Cascadian Farm Organic Granola Cereal
13 oz. Almond Or 13.5 oz. Fruit & Nut

2/\$8



earth balance Buttery Or Margarine Spread
Original Or Soy Free - 13-15 oz. ctn.
Earth Balance Pressed Oil Spread
Avocado, Sunflower Or Olive Oil - 10 oz. ctn.

3.79



Magnum Ice Cream Bars
Selected Varieties - 3-6 ct. pkgs.

2/\$8



Talent Gelato Or Gelato Layers
Selected Varieties
10.6-16 oz. ctns.

2/\$8



Annie's Organic Granola Bars Or Fruit Snacks
Selected Varieties - 4-5.85 oz. pkgs.

2/\$7



Kind Healthy Grains Clusters
Selected Varieties - 11 oz. pkg.

4.49



Creative Roots Drinks
Selected Varieties - 4 pk. 8.5 oz. btl.

4.99



Fanta Or Minute Maid Drinks
Selected Varieties - 2 ltr. btl.

5/\$5



Budweiser Or Bud Light Beer
12 pk. 12 oz. cans Or btl.

13.49



Black Box Wines
3 ltr. box

22.99

Visit us on the web
www.greatvalu.com



6277 Cleveland Street, Chincoteague, VA
PHONE: 757-336-5829

PRICES GOOD
OCT. 14 - OCT. 20

STORE HOURS:
Sunday Through Saturday
8 am - 9 pm



We Reserve The Right To Limit Quantities.
No Sales To Dealers. No MVP Card Required.

Sorry, We Cannot Issue Rainchecks.
Not All Items Available In All Stores