

## Taking Care of the Caregiver

### What is Respite Care?

Respite Care Service offers family caregivers a healthy, safe, supervised home when they need it for personal reasons, employment, errands or just to find time to pamper themselves. This essential part of an overall support strategy is offered at our Inn at Red Tomato Farm.

### Length of Respite Stay

Respite Care at Red Tomato Farm can range from a several hours of care provided on a one-time basis up to regular overnight visits. Our Respite care staff provides supervision and meaningful farm activities when a guest is respiting at the Inn.

### Who is RTF Respite Care Ideal For?

The ideal Respite Care candidate should have a



moderate independence level, be able to use stairs and walk on uneven terrain with little to no assistance and have a good understanding of how to follow general hotel-stay guidelines.

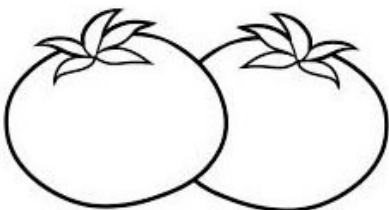
### Activities During Respite Care Stay

It's fun to stay at our farm! With a friendly Red Tomato Farm Respite Care Staff Member on hand providing oversight and care, the family can feel free to leave for a specified period of time to

attend to their own needs. With overnight care and support, they can enjoy a worry-free night's sleep knowing our staff is on duty. Activities during Respite Care can include: dinner and breakfast, visiting with our farm animals, caring for the plants in our greenhouse, creating a healthy snack in our kitchen, light farm maintenance and relaxing at our picnic area, by our fire-pit or in our pool. Check-in is at 2 pm and check-out is by 11 am, with flexible hours upon request.



*"Respite is a win/win for families and the participant."  
- RTF Respite Care Staff Member*



### Contact Us

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