



Kiddos Academy

December 3rd to December 7th



Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7:30 8:30	<ul style="list-style-type: none"> ✓ Boiled Eggs Mixed in Olive Oil ✓ WG Toast Bread ✓ Strawberry ✓ Milk 	<ul style="list-style-type: none"> ✓ Strawberry Pan Cake ✓ Banana ✓ Milk 	<ul style="list-style-type: none"> ✓ Whole Wheat Bagel and Cream Cheese ✓ Banana ✓ Milk 	<ul style="list-style-type: none"> ✓ Scrambled Eggs with Spanish ✓ Buttered WG Toast Bread ✓ Banana ✓ Milk 	<ul style="list-style-type: none"> ✓ Chicken Sausage ✓ Biscuits & Gravy ✓ Banana ✓ Milk
Lunch 11:00 11:30	<ul style="list-style-type: none"> ✓ Deli Meat on WG Toast with Tomato, Lettuce & Ranch Dressing. ✓ Banana ✓ Milk 	<ul style="list-style-type: none"> ✓ Chicken Gyro with Tomatoes & Cucumbers on WG Flat Bread ✓ Yogurt ✓ Mango ✓ Milk 	<ul style="list-style-type: none"> ✓ Spaghetti with Ground Beef ✓ WG Garlic Bread ✓ Broccoli & Cheese ✓ Pineapple ✓ Milk 	<ul style="list-style-type: none"> ✓ Beef Chili with Beans & Wheat Pasta ✓ WG Bread ✓ Strawberry ✓ Milk 	<ul style="list-style-type: none"> ✓ Tuna Salad Sandwich on WG Bread ✓ Vegetable Chips ✓ Mango ✓ Milk
Snack 2:00 2:30	<ul style="list-style-type: none"> ✓ Oats 'n Honey Crunchy Granola Bars ✓ Pineapple ✓ Milk 	<ul style="list-style-type: none"> ✓ Teriyaki Steak Egg Rolls ✓ Ritz Crackers ✓ Tropical Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Fruit & Nut Chewy Trail Mix Granola Bars ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Water Melon ✓ String Cheese ✓ Tropical Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ SunChips Multigrain Chips Variety Mix ✓ Pears ✓ Milk
Dinner 4:00 5:30	<ul style="list-style-type: none"> ✓ Beef Stew ✓ Honey Wheat Rolls ✓ Mandarin Orange ✓ Milk 	<ul style="list-style-type: none"> ✓ Breaded Wild Cod with Tartar sauce ✓ French Fries ✓ WG Rice with Veggies ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Beef Ravioli ✓ Boiled Carrots ✓ Honey Wheat Roll ✓ Peach ✓ Milk 	<ul style="list-style-type: none"> ✓ Chicken and Monterey Jack Cheese Quesadillas ✓ WG Brown Rice with Black Beans ✓ Mango ✓ Milk 	<ul style="list-style-type: none"> ✓ Chunky Sirloin Burger with Country Vegetables ✓ WG Garlic Bread ✓ Peach ✓ Milk

Notes:
