

Basic Rope Rescue (Level 3)

Course code: TATR/BRR/L3

Course Objective: To provide delegates with the knowledge and practical experience to enable them to safely ascend and descend on straight drops with no intermediate anchor points.

Audience: Personnel who are required to abseil for rope rescue Purposes (level three response)

What the course includes:

Day 1;
Personal suspension equipment use care and inspection
Descending
Ascending
Change over manoeuvre
Passing a 90° edge
Selection of anchor points (including rigging plate)
Cable Way
Knots; Fig 8, Fig 9 & Alpine Butterfly

Day 2;
Rigging ID as Lowering Device
Using rescue support strop
Cable way
Fall arrest climbing
Rigging and rigging plate

Day 3;
Rigging 3:1 and 2:1 (piggyback)
Casualty management (stretcher)
Rig for vertical and horizontal haul
Rig for barrow boy

Day 4:
Quad Pod and Vertical Haul and assessments

Course duration: 4 Days

Period of valid certification: Successful completion will result in certification for a maximum of 3 years, assuming that there is a maintenance of skill level. The successful delegate will be deemed competent to abseil on simple descents to provide first response rescue cover.

Instructor to student ratio: 1:4