



Greetings Members & Friends of Long Island Council of Churches, in order to spread the word on all the good things happening at the Long Island Council of Churches we have activated pages on Facebook, LinkedIn and Twitter. If you use any of these social medias please, like us, follow us or friend us and we will keep you very well informed. Please don't be shy about sharing this information with friends and associates. Please click one of the icons below to be directed to the respective link.



[Facebook](#)



[LinkedIn](#)



[Twitter](#)

Thank you and have a blessed day.

# MOST NEEDED ITEMS

We strive to offer a diversity of food that helps balance nutrition intake and diet, especially important to children, seniors, and those with health challenges.



Your ongoing support in donated food or grocery store gift cards to the Long Island Council of Churches Freeport Food & Services Boutique located at 230 Hanse Avenue, Freeport, NY helps us achieve our mission. Thanks in advance for your donation, Freeport Staff, 516.868.4989

## MEAT, FISH AND PROTEIN

Canned tuna, ham, or chicken, peanut butter, canned/dried beans

## FRUITS AND VEGETABLES

Canned fruits and vegetables, fresh produce

## COMPLETE MEALS

Boxed meals, hearty soups

## GRAINS

Rice, pasta

## COOKING BASICS

Flour, sugar, oil

## SPECIAL DIETARY FOODS

Gluten-free, low-sugar, low-sodium

## PERSONAL CARE PRODUCTS

Shampoo, deodorant, soap, toothpaste, diapers, toilet paper, feminine hygiene products



No one should go hungry.

[www.licc-ny.org](http://www.licc-ny.org)

# Most Wanted Items High Fiber, Low Sugar, Low Sodium

**Freeport Food & Services Boutique | 516.869.4989**

## **Peanut Butter**

creamy or chunky



## **Lean Canned Protein**

tuna, salmon or chicken in water



## **Canned Vegetables**

low sodium or no salt added



## **Canned Fruits**

in its own juice or water



## **Tomato Products**

spaghetti sauce and dried tomatoes



## **Beans**

canned or dry



## **Whole Grain Cereal**

hot or cold



## **Whole Grains**

pasta, brown rice, quinoa



## **Healthy Snacks**

fruit cups, raisins, granola bars



Please no glass containers of any kind. Thank you.

**Serving our Neighbors in Need**  
**230 Hanse Avenue, Freeport, NY**



## United Way of Long Island

invites you to ...

# Hop on the Project Warmth Express for **PROJECT WARMTH DAY**

In an effort to raise awareness about Project Warmth, United Way of Long Island, along with our partners and funders will be offering information to commuters about United Way's Project Warmth Emergency Fuel Fund.

**Get on board for this community event!**

**Join Us on**

**February 5th 10am-12pm**

Rosa Parks Hempstead Transit Center  
68 West Columbia Street, Hempstead, NY

RSVP to: Devera Lynn at [devera@unitedwaylong.org](mailto:devera@unitedwaylong.org) or 631.940.3733

*United Way of Long Island's Project Warmth is Long Island's only non-governmental emergency fuel fund that helps families including the elderly, unemployed, underemployed and disabled, who find themselves in an energy crisis during the cold winter months.*



Thank You to Our Event Supporters

**nationalgrid**  
Foundation

**nationalgrid**

**nice** NASSAU  
INTER-COUNTY  
EXPRESS



# WANT TO BE PART OF OUR TEAM?

We're seeking talented people to join our team to support the delivery of a new 9.8 mile third track for LIRR's heavily-used Main Line that carries more than 300,000 passengers daily.

The project site, from Floral Park to Hicksville, is in the top two busiest commuter rail lines in North America. The project also includes the expansion of eight existing LIRR bridges over local streets, six LIRR station improvements and the safety improvements resulting from eliminating seven street-level grade crossings, along with the related improvements to railroad infrastructure, including signal, power, and communication systems. Read more about the project at [lirrexpansion.com](http://lirrexpansion.com).

For more information, please contact  
[Carla.Artis@stantec.com](mailto:Carla.Artis@stantec.com).

## The LIRR 3<sup>rd</sup> Track Expansion Design Team invites you to our upcoming recruitment event

Tuesday, February 5<sup>th</sup>, 2019

9 am – 12 pm

900 Merchants Concourse, Suite 104  
Westbury, NY 11590

### *We're on the lookout for:*

- Civil Design Engineers (Civil 3D)
- Construction Support Services – Civil Engineers
- Electrical Design Engineers (stations, electrical transmission & distribution, traction power)
- Design Architects (design with AutoCAD/Revit; contract drawing and specification preparation; construction support services)
- Construction Support Services – Mechanical Engineers
- Senior Lighting Designer – Revit and lighting calculation skills required
- Lighting Design Assistant – Revit and lighting calculation skills required
- Graphic Designer – Adobe suite (Photoshop, InDesign), and animation

### *Meet face-to-face with the LIRR 3<sup>rd</sup> Track Expansion Design Team:*

- Apply in person
- Interview for these positions
- Put a face with your resume





# Legislative Forum & Call to Action

The Childcare Industry in New York is Struggling  
Lack of Funding \* New Regulations \* Increasing Minimum Wage  
Decreasing Workforce \* Families Unable to Afford Childcare

Please join:

**DuWayne Gregory, Presiding Officer of the Suffolk County Legislature**

**Monica Martinez, New York State Senator**

**Suffolk County Child Care Commission**

**on Saturday, February 9, 2019**

**10am-12pm (9:30am Registration & Refreshments)**

for a short presentation and discussion about the

**Long Island Early Childhood Legislative Agenda & Strategy**

**Suffolk County Legislature**

**William J. Lindsay County Complex (William H. Rogers Building)**

**725 Veterans Memorial Highway**

**Smithtown, NY 11787**

**You will:**

- Hear from county & state elected officials;
- Receive an update on the current state of childcare in Suffolk County;
- Learn about ongoing efforts to seek increased funding for childcare;
- Most importantly, you will have an opportunity to participate in a discussion with other providers, elected officials and the members of the Child Care Commission.

**RSVP: [hbam@suffolkcountyny.gov](mailto:hbam@suffolkcountyny.gov)**



**Sign Up for the Professional Career Opportunities Exam!**

## **Are you interested in a rewarding and meaningful career with New York State?**

The Professional Career Opportunities (PCO) exam is one exam that fills more than 100 different entry-level professional job types across a wide range of disciplines. Positions filled through the PCO are located throughout New York State across a variety of state agencies, in professional fields such as:

- Environmental Conservation
- Human Resources and Training
- Transportation
- Budgeting
- Health and Human Services
- Administrative Analysis
- Natural and Physical Sciences
- Accounting and Auditing

**Application Deadline:** February 20, 2019

**Examination Dates:** April 6, 7 & 13, 2019

### **Test Sites Available Statewide**

Candidates with a Bachelor's degree and college juniors and seniors expecting to earn a **Bachelor's Degree by September 1, 2020, are eligible to apply.**

Stay Informed:   @NYSCivilService

[www.cs.ny.gov/pco/](http://www.cs.ny.gov/pco/)



**Department of  
Civil Service**



# Abraham's Table of Long Island



## An Interfaith Celebration and Choir Concert **DR. MARTIN LUTHER KING JR. : American Prophet**

***COURAGE SPEAKING  
TRUTH TO POWER!***



*"There comes a time when we  
must take a position that is  
neither safe, nor politic, nor  
popular...but one must take  
because it is right!"*

**POSTPONED DUE TO STORM**

**~~Sunday, Jan. 20, 2019 / 6pm~~**

**NEW DATE: Sunday, March 31<sup>st</sup>, 4-6 PM**

**Celebrating Dr. King's Life and  
Marking the 51<sup>st</sup> Anniversary  
of His Assassination, April 4, 1968**

**Suffolk Y Jewish Community Center @ 74 Hauppauge Rd. Commack**

ADMISSION > NO CHARGE / Please bring (donation) for ISLAND HARVEST a canned or boxed healthy food!



# Need Help?

**Finding a Career? Obtaining Job/ Vocational Training?  
Receiving Counseling? Becoming Financially Self-Sufficient?**

Do you live in the **Village of Hempstead**? Here's your opportunity to receive the assistance you need through **ESPRI** (Empire State Poverty Reduction Initiative), an initiative to help residents receive in-demand services.

Contact the following agencies or for more information visit [www.villageofhempsteadespri.org](http://www.villageofhempsteadespri.org)



- **Community Development Corporation of Long Island** provides financial literacy and long-term financial coaching sessions for low- to moderate-income families. Contact **631.471.1215 ext.109**
- **Family and Children's Association** provides college and career readiness program for high school students by helping them attain placement test scores needed to avoid remedial non-credit college courses. Contact: **516.486.7690**
- **Town of Hempstead Department of Occupational Resources** assists residents, 18 and over by offering education and training in demand-driven occupations such as healthcare, business services, manufacturing and hospitality. Contact: **516.485.5000**
- **Woman's Opportunity Rehabilitation Center (WORC)** will provide vocational job training and soft skills training for women who are ex-offenders or at risk of incarceration. Contact: **516.505.9672**
- **The Interfaith Nutrition Network (The INN)** provides mental health/substance abuse services for very low income and homeless individuals who face multiple barriers to accessing services. Contact: **516.489.3238**
- **Hispanic Counseling Center** has established a community health worker program to reduce challenges and barriers for community residents. Contact: **516.538.2613 ext.207**
- **Leadership Training Institute (LTI)** provides vocational training leading to gainful employment for individuals 18 years of age and older. Contact: **516.483.3400**
- **Village of Hempstead Community Development Agency** has established a community empowerment resource center. Contact: **516.485.5737**
- **Morrison Mentors** provides after-school STEM enrichment classes and peer-to-peer mentoring for students in the Hempstead school district. Contact: **917.324.3462**

## GRANT RECIPIENTS



*The Village of Hempstead was selected as one of 16 communities statewide to participate in the Empire State Poverty Reduction Initiative (ESPRI). The goal of ESPRI is to promote community-led change that ensures children and families in Hempstead have the opportunity to live in a stable environment where the promise of economic mobility is a reality. ESPRI funding is administered by United Way of Long Island.*

# ¿Necesitas ayuda para

Encontrar una carrera? Obtener capacitación laboral/vocacional?  
Recibir orientación? Tener autosuficiencia económica?

¿Vives en la localidad de **Hempstead**? Esta es tu oportunidad de recibir la ayuda que necesitas a través del ESPRI (Programa de Reducción de Pobreza de Empire State), un plan para ayudar a los residentes a recibir servicios en demanda. Contáctate con las siguientes agencias o, para más información, visita [www.villageofhempsteadespri.org](http://www.villageofhempsteadespri.org)



- **Community Development Corporation of Long Island**  
Ofrece sesiones orientativas financieras a largo plazo para familias de ingresos bajos a moderados.  
Contacto: **631.471.1215 ext.109**
- **Family and Children's Association** Ofrece un programa de preparación para carreras universitarias a los alumnos secundarios, ayudándolos a alcanzar los puntajes de evaluación necesarios para evitar las clases de apoyo universitario sin créditos. Contact: **516.486.7690**
- **Departamento de Recursos Ocupacionales de la Localidad de Hempstead** Asiste a los residentes mayores de 18 años ofreciéndoles educación y capacitación en ocupaciones de gran demanda, como atención médica, servicios comerciales, fabricación y hotelería.  
Contacto: **516.485.5000**
- **Woman's Opportunity Rehabilitation Center (WORC)**  
Ofrece capacitación en trabajos vocacionales y habilidades interpersonales a mujeres que han cometido delitos o corren el riesgo de ir a la cárcel. Contacto: **516.505.9672**
- **The Interfaith Nutrition Network (The INN)** Ofrece servicios de salud mental/abuso de sustancias a personas de muy bajos ingresos/sin vivienda que tienen dificultades para acceder a servicios. Contacto: **516.489.3238**
- **Hispanic Counseling Center** Cuenta con un programa comunitario de trabajadores de la salud para reducir los problemas y dificultades de los residentes de la comunidad. Contacto: **516.538.2613 ext.207**
- **Leadership Training Institute (LTI)** Ofrece capacitación vocacional para conseguir un empleo remunerable a personas mayores de 18 años. Contacto: **516.483.3400**
- **Agencia de Desarrollo Comunitario de la Localidad de Hempstead** Cuenta con un centro de recursos de empoderamiento comunitario. Contacto: **516.485.5737**
- **Morrison Mentors** Ofrece clases después de la escuela para enriquecer los conocimientos de ciencia, tecnología, ingeniería y matemática. Además de asesoramiento entre pares para los alumnos del distrito escolar de Hempstead. Contacto: **917.324.3462**

## BENEFICIARIOS DEL SUBSIDIO



La Villa de Hempstead fue seleccionada como una de las 16 comunidades del estado para participar del Programa de Reducción de Pobreza de Empire State (ESPRI, por sus siglas en inglés). El objetivo del ESPRI es promover un cambio desde la comunidad que permita a los niños y familias de Hempstead la oportunidad de vivir en un entorno estable, donde la promesa de movilidad económica sea una realidad. Los fondos del programa ESPRI son administrados por United Way of Long Island.



## Workshops in Spanish

### FREE FOR THE FAMILY

#### VISIT TO HISPANIC COUNSELING CENTER:

*Presenter: Hispanic Counseling Center.*

**January 16th 2019 from 10am -11.30am- 344 Fulton Ave, Hempstead, NY 11550**

**KNOW YOUR RIGHTS:** Presentation by the Office of Immigrants Affairs at NCDA. Information will be given on how to avoid scams and where to file a complain when you are a victim of scams by lawyers/business or other.

*Presenter: Silvia Finkelstain, Office for Immigrant Affairs at NCDA.*

**February 6 2019 from 10am -11.30am- LICIL suite 500**

**LOVE YOURSELF:** Valentines day Health Fair and workshop on healthy habits.

*Presenter: LICIL, UnitedHealthCare and Sisters United in Health*

**February 13 2019 from 10am-11.30am-UNITED HEALTHCARE OFFICE-220 Fulton Ave. Hempstead, NY**

**PRESENTATION ON ACCESS TO BENEFITS:** Information for immigrants and their rights to Access public benefits and services. *Presenter: Cheryl Keshner, Empire Justice Center*

**March 6 2019 from 10am-11:30am- LICIL suite 500**

**BREAST CANCER AND PROSTATE CANCER PROGRAM NUMC:** Learn the different services on prevention and support for people with breast cancer or prostate cancer.

*Presenter: Alyssa Domínguez Eisenberg, NUMC*

**April 3rd 2019 from 10am-11.30am- LICIL suite 500**

**HEALTH FAIR:** Community event FREE and open to the public. Community Organizations will provide information on their services.

*Presenter: UnitedHealthCare, Sisters United in Health, NYS Breast Cancer Hotline, LICIL and other organizations.*

**April 18 2019- 10am-1pm– PLACE TO BE DETERMINE**

#### PRESENTATION ON YOUR RIGHTS WHEN STOPPED BY POLICE

*Presenter: Susan Gottehrer, NYCLU Nassau Chapter*

**May 1st 2019 from 10am-11.30am- LICIL suite 500**

**PRESENTATION ON PROGRAMS FOR ADULTS:** This presentation will provide information on English Classes, Citizenship Classes and literacy programs for adults.

*Presenter: Cindy Cabrera, Literacy Nassau*

**June 5th 2019 from 10am-11.30am-LICIL suite 500**

**HEALTHY LIVING WORKSHOP:** This is a presentation with information and key tips on how to live healthy

*Presented by: Angélica Medina– Sisters United in Health*

**July 3 2019 from 10am-11.30am- LICIL Suite 500**

**PRESENTATION ON DAYCARE SERVICES:** This workshop will provide information on services and programs for daycare options for families.

*Presenter: Delia Fox & Karen Correa, Childcare Council of Nassau*

**7 de August 2019 de 10am – 11.30am- LICIL suite 500**

**BACK TO SCHOOL FAIR:** Community event FREE and open to the public. School supplies will be provided to children

*Presenter: LICIL, UnitedHealthCare and other organizations.*

**August 24th 2019 from 10am -2pm– PLACE TO BE DETERMINE.**

#### THE RIGHTS OF IMMIGRANT STUDENTS AND STUDENTS WITH DISABILITIES IN PUBLIC SCHOOLS

*Presenter: Lissy Escobar, Long Island Advocacy Center*

**September 4th 2019 de 10am-11.30am- LICIL suite 500**

**PRESENTATION ON IMMIGRATION :** This workshop will provide information on changes in immigration laws. An immigration lawyer will answer questions.

*Presenter: Keiko Cervantes- Ospina, Community Legal Advocates of NY Inc.*

**October 2nd 2019 from 10am-11.30am- LICIL suite 500**

**HEAT ASSISTANCE PROGRAM:** Information on assistance with paying heat bill will be provided.

*Presenter: PSEG Long Island*

**November 6 2019 from 10am-11.30am- LICIL suite 500**

**FIESTA CELEBRATION December 6 2019 from 1 - 4pm at LICIL suite 500!**

**To RSVP email: [Osmanc@licil.com](mailto:Osmanc@licil.com) or call: 516-796-6176.**

**Long Island Center for Independent Living,  
3601 Hempstead Turnpike, Suite 500, Levittown, NY 11756  
Tel: 516-796-6176 TTY: 516-796-0135 [www.licil.net](http://www.licil.net)**





## Talleres en Español

### Completamente GRATIS para toda la familia

#### VISITA A HISPANIC COUNSELING CENTER:

*Presentado por:* Hispanic Counseling Center.

**16 de Enero 2019 de 10am -11.30am- 344 Fulton Ave, Hempstead, NY 11550**

**CONOCE TUS DERECHOS:** Presentación por la Oficina de Asuntos para el Inmigrante en el condado de Nassau. Se proveerá información de cómo evitar estafas y a donde hacer denuncias por falta de pago salarial, estafas por abogados/negocios u otros.

*Presentado por:* Silvia Finkelstain, Oficina de Asuntos para el Inmigrante de NCDA.

**6 de Febrero 2019 de 10am -11.30am- LICIL suite 500**

**AMATE A TI MISMO:** Valentines Day Feria de Salud y taller sobre vivir saludable

*Presentado por:* LICIL, UnitedHealthCare y Sisters United in Health

**13 de Febrero 2019 de 10am-11.30am-UNITED HEALTHCARE OFFICE-220 Fulton Ave. Hempstead, NY 11550\***

**PRESENTACION SOBRE ACCESO A BENEFICIOS:** Información para inmigrantes y sus derechos a beneficios y servicios públicos. *Presentado por:* Cheryl Keshner, Empire Justice Center

**6 de Marzo 2019 de 10am-11:30am- LICIL suite 500**

**PROGRAMA DE CANCER DE SENO Y PROSTATA EN NUMC:** Aprenda los diferentes servicios de prevención y ayuda para personas con cáncer de seno y personas con cáncer de próstata.

*Presentado por:* Alyssa Domínguez Eisenberg, NUMC

**3 de Abril 2019 de 10am-11.30am- LICIL suite 500**

**FERIA DE SALUD:** Evento Comunitario GRATIS y abierto al público general

*Presentado por:* Hermanas Unidas en la Salud, NYS Breast Cancer Hotline, LICIL y otras organizaciones

**18 de Abril 2019- 10am-1pm- LUGAR NO HA SIDO DETERMINADO AUN.**

#### PRESENTACION SOBRE SUS DERECHOS CON LA POLICIA

*Presentado por:* Susan Gottehrer, NYCLU Nassau Chapter

**1 de Mayo 2019 de 10am-11.30am- LICIL suite 500**

#### PRESENTACION SOBRE PROGRAMAS DE EDUCACION PARA ADULTOS

*Presentado por:* Cindy Cabrera, Literacy Nassau

**5 de Junio 2019 de 10am-11.30am-LICIL suite 500**

**COMO VIVIR SALUDABLEMENTE:** Una sesión de información y puntos claves para vivir una vida saludable.

*Presentado por:* Angélica Medina- Hermanas Unidas en la Salud

**3 de Julio 2019 de 10am-11.30am- LICIL Suite 500**

#### PRESENTACION SOBRE SERVICIOS DE AYUDA PARA EL CUIDADO DE NIÑOS EN NASSAU

*Presentado por:* Delia Fox & Karen Correa, Childcare Council of Nassau

**7 de agosto 2019 de 10am – 11.30am- LICIL suite 500**

**FERIA DE REGRESO A LA CLASES:** Evento Comunitario GRATIS abierto al público general. Se proveerán materiales de escuela gratis. *Presentado por:* LICIL y otras Organizaciones Comunitarias

**24 de Agosto 2019 de 10am -2pm- LUGAR NO HA SIDO DETERMINADO AUN.**

#### DERECHOS DE ESTUDIANTES INMIGRANTES Y ESTUDIANTES CON DISCAPACIDADES

*Presentado por:* Lissy Escobar, Long Island Advocacy Center

**4 de Septiembre 2019 de 10am-11.30am- LICIL suite 500**

**PRESENTACION SOBRE IMMIGRACION Y OPORTUNIDADES:** Este taller le proveerá información sobre cambios de leyes en inmigración. Una abogada de inmigración contestará sus preguntas.

*Presentado por:* Keiko Cervantes- Ospina, Community Legal Advocates of NY Inc.

**2 de Octubre 2019 de 10am-11.30am- LICIL suite 500**

#### SERVICIOS DE AYUDA PARA PAGOS DE CALEFACCION:

Información sobre los servicios de ayuda para pagos de calefacción durante el invierno.

*Presentado por:* PSEG Long Island

**6 de Noviembre 2019 de 10am-11.30am- LICIL suite 500**

**¡FIESTA CELEBRACIÓN es el 6 de Diciembre 2019 de 1 - 4pm en el suite 500!**

Por favor RSVP a [OsmanC@licil.com](mailto:OsmanC@licil.com) o llamando al 516-796-6176.

**Long Island Center for Independent Living,**  
3601 Hempstead Turnpike, Suite 500, Levittown, NY 11756  
Tel: 516-796-6176 TTY: 516-796-0135 [www.licil.net](http://www.licil.net)





# ***Island Harvest Has Food for Long Island's Veterans!***

***Long Island has the nation's second largest veteran population and many of these families experience tough economic times.***

- **Operation: HOPE** is a mobile food pantry program for Long Island veterans and military families in need of food assistance. Each month 60 veterans receive food.
- The goal of **Operation: HOPE** is to connect veterans and military families to veteran services and other social benefits to help the families of our servicemen and women
- The food is delivered by a veteran who is sensitive to the needs of other veterans and their families.
- Veterans and the families of active duty personnel in need of food assistance, please contact

**Jo-Val Nance**

**Office:** (631) 873-4775 ext. 221

**E Mail:** joval@islandharvest.org

**OPERATION:  
HOPE**

Mobile Services  
Sponsored by:

The  
**Family**  
of Banks



## ***In Thanks to Our Servicemen and Women!***

- 40 Marcus Blvd Hauppauge, N.Y. 11788 • (631) 873-4775
- 15 Grumman Rd W, Ste 1450, Bethpage, NY 11714 • (516) 294-8528
- [www.islandharvest.org](http://www.islandharvest.org)

MEMBER OF  
**FEEDING  
AMERICA**

Are You  
Behind  
On Your  
Utility  
Payments?



Are You  
Having to Choose  
Between  
Heating Your  
Home  
or Eating?

# PROJECT WARMTH EMERGENCY HEATING ASSISTANCE

**FAST • FREE • CONFIDENTIAL • MULTI-CULTURAL**

## PROJECT WARMTH CAN HELP

Is Your  
Oil Tank  
Low or  
Empty?

Call United Way of Long Island's  
2-1-1 Information and Referral Center  
Call: 2-1-1 or 1-888-774-7633

7 days a week, 9am-5pm

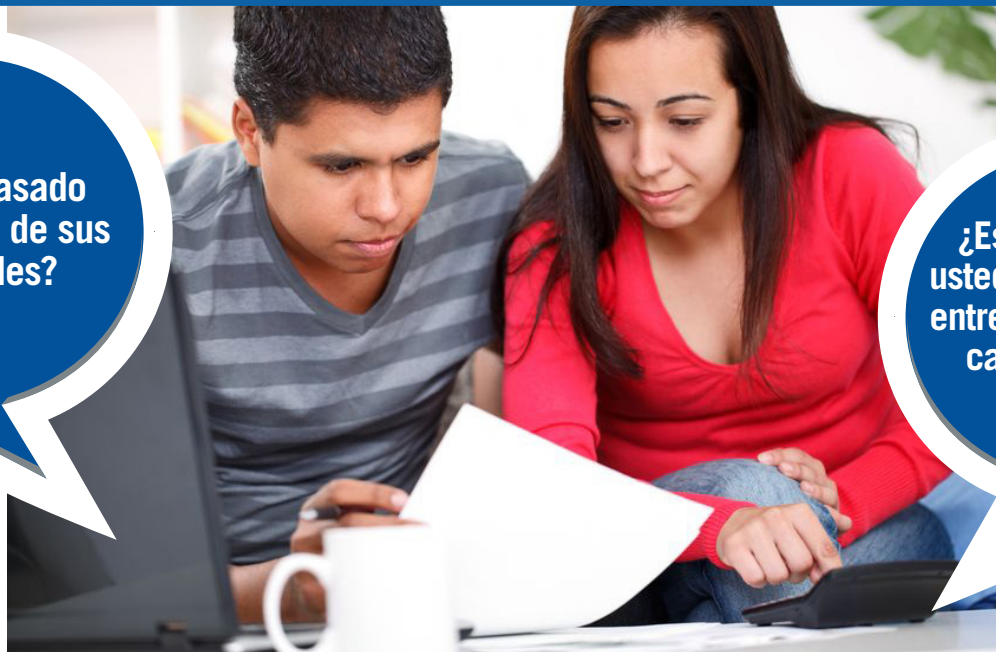
For further information visit the online database at  
[www.211longisland.org](http://www.211longisland.org), keyword "Project Warmth"

Have You  
Recently  
Received a  
Disconnection  
Notice?



**CALL 2-1-1 for Project Warmth**

¿Esta atrasado  
en el pago de sus  
utilidades?



¿Esta teniendo  
usted que escoger  
entre pagar por su  
calefacción y  
comer?

# PROYECTO CALIDEZ

## Ayuda de EMERGENCIA PARA CALEFACCION

**RAPIDO • GRATIS • CONFIDENCIAL**  
**PROYECTO CALIDEZ PUEDE AYUDAR**

¿Esta su  
tanque  
de aceite bajo  
o vacio?

Por Favor llame al 2-1-1 de  
United Way de Long Island  
o al 1-888-774-7633

Centro de información y referencias de Long Island.

Siete días a la semana de las 9am a 5pm

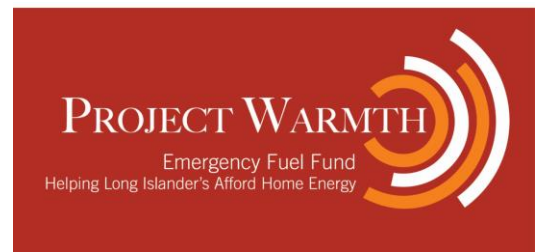
Para mayor información visite

la base de datos en [www.211longisland.org](http://www.211longisland.org)  
y escriba "project warmth" (proyecto calidez)

¿Ha recibido  
una notificación  
de desconexión  
recientemente?



**Llame al 2-1-1 para "Project Warmth" Proyecto Calidez**



**2018-2019**  
**PROJECT WARMTH GUIDELINES**

**Program Description**

Project Warmth is a United Way of Long Island **emergency** assistance program to help families and individuals with energy emergencies. It provides one-time assistance for fuel and fuel related electricity. The program period is scheduled to open December 2018 and will be available until funds are exhausted. A customer may use a Project Warmth heating grant to pay for any fuel source: oil, gas or electric, propane, kerosene, coal, wood and an electric bill if electricity is needed to operate the heating source.

**Basic Eligibility Requirements**

Among the eligibility guidelines applicants must meet are:

- Residency in Nassau County, Suffolk County or the Rockaway area in Queens (PSEGLI service area).
- Show a heating and/or fuel-related electric bill in applicant's name and address that is in termination, pending disconnect or severely overdue (*for any fuel source*) or be financially unable to secure heating oil/propane/kerosene etc. when the tank is empty/near empty.
- Demonstrate financial hardship and provide an acceptable explanation for arrears.
- Applicant may only receive one fuel and/or one fuel related electric assistance once within the program year.
- HEAP eligible clients **must** apply to Emergency HEAP before Project Warmth.

**Some Ineligible Conditions**

- Project Warmth is for emergencies only not continual assistance. **Clients who received repeated Project Warmth assistance 2 consecutive years (2016-2017 and 2017-2018) are ineligible for assistance.**
- Bill not in applicant's name or applicant not in residence at billing address.
- Non-active account or commercial account.
- Non fuel-related electricity accounts (heat included in rent).
- Current bill with no past due amount.
- Topped oil tank during a prior Project Warmth grant period.

**Application**

**Applications are not sent out or received by mail.** PLEASE NOTE, a referral is not a guarantee of acceptance. The Project Warmth agency staff will determine eligibility based on the documentation provided by the applicant and more detailed application requirements than are listed above.

**For Referral to an Agency Application Site: Call United Way's 2-1-1 Information and Referral Call Center**



Dial 2-1-1 or 1-888-774-7633 or visit [www.211longisland.org](http://www.211longisland.org)  
**9 am-5 pm, 7-days a week**

**HEAP INFORMATION –**

HEAP *Nassau* at 516-565-4327; food stamp recipients call case worker.  
HEAP *Suffolk* at 631-853-8825; food stamp recipients call 631-853-8820

**NOTE: The HEAP program also has a "regular" benefit component to help low income households that pay directly for heat or tenants whose heat is included in rent. Contact HEAP office for eligibility information and application.**





### United Way's Project Warmth Emergency Fuel Fund

Right now, some 30% of Long Islanders don't earn enough to make ends meet or heat their homes during the cold winter months. United Way of Long Island operates the Project Warmth Emergency Fuel Fund, Long Island's only non-government island-wide emergency fuel fund. Project Warmth is a safety net for struggling families and individuals in our region who are unable to pay a heating bill. The program provides one-time grants to provide payments to oil and utility companies on behalf of eligible residents facing heating emergencies. Hundreds of families, who may be choosing between heating their home and buying food or a medication, are assisted each year with an oil delivery or a utility arrears.

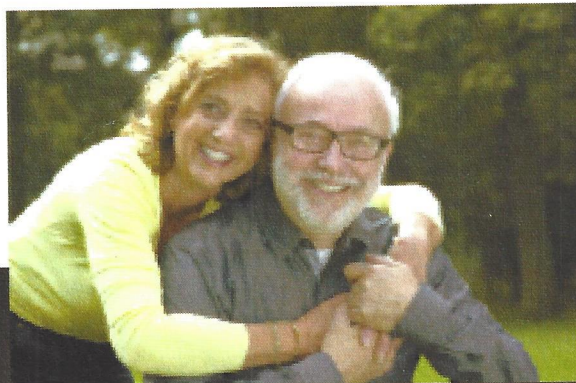
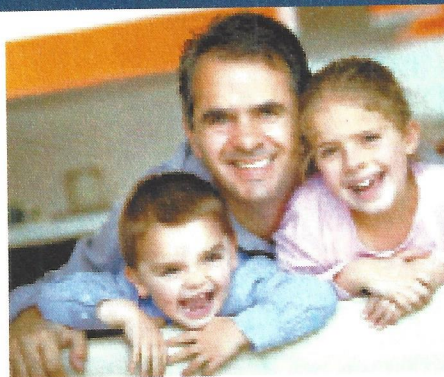
Project Warmth opens in December and operates in partnership with a team of 15 community based organizations that screen for eligibility and accept applications for assistance. To locate a Project Warmth intake site, contact United Way's 2-1-1 Long Island Information and Referral Call Center by dialing 2-1-1 (or 1-888-774-7633) 7 days a week from 9 am – 5 pm. To support Project Warmth, visit [https://www.unitedwayli.org/project\\_warmth.asp](https://www.unitedwayli.org/project_warmth.asp) to donate.





**PSEG** **LONG ISLAND**

*We make things work for you.*



[www.psegliny.com](http://www.psegliny.com)

## You May Qualify **for a Discount**

if you participate in at least one of these programs:

- Home Energy Assistance Program (HEAP)
- Medicaid
- Supplemental Nutrition Assistance Program (SNAP)
- Supplemental Security Income (SSI)
- Temporary Assistance - Family Assistance (FA)
- Temporary Assistance - Safety Net Assistance (SNA)
- Veteran's Pension
- Veteran's Surviving Spouse Pension

**PSEG Long Island's Household Assistance Rate (HAR) provides a discount on every electric bill. For an application, speak with a representative or download it at [www.psegliny.com](http://www.psegliny.com), Keyword search: HAR**





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## Household Assistance Rate Application

*(Reduced Rate for Residential Customers Receiving Benefits from Programs Below)*

**PLEASE PRINT IN INK, SIGN AT THE BOTTOM OF THE PAGE AND RETURN THIS APPLICATION TO:**

**PSEG Long Island  
ATTN: BOC/Payment Assistance  
PO BOX 9083  
MELVILLE, NY 11747**

Account Holder: \_\_\_\_\_  
(Last) (First)

Street Address: \_\_\_\_\_ Apartment #: \_\_\_\_\_

City: \_\_\_\_\_, NY ZIP: \_\_\_\_\_ Tel. #: \_\_\_\_\_

PSEG Long Island Customer ID or Account Number: \_\_\_\_\_

Social Security Number (last four digits only): xxx - xx - \_\_\_\_\_

### -- Eligibility Requirements --

Please check the program(s) from which you now receive assistance:

- ☐ Home Energy Assistance Program (HEAP)
- ☐ Medicaid
- ☐ Supplemental Nutrition Assistance Program (SNAP)
- ☐ Temporary Assistance - Family Assistance (FA)
- ☐ Temporary Assistance - Safety Net Assistance (SNA)
- ☐ Supplemental Security Income (SSI)
- ☐ Veteran's Pension
- ☐ Veteran's Surviving Spouse Pension

### -- Documentation Required --

Please attach a photocopy of **ONE** of the following:

Current NYS Benefit Identification Card, approval letter from SSI, approval letter from HEAP, or pension letter from the Veteran's Administration.

***I certify that the above information is correct. I agree that PSEG Long Island may contact the Nassau or Suffolk County Social Services Agencies, NYC Community Development Agency, NYC Human Resources Administration, the Veteran's Administration or any other related agency to verify the information I am submitting.***

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**www.psegliny.com ♦ 1-800-490-0025**

*SMW*





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## **Aplicación para Tarifa de Ayuda para el Hogar (Household Assistance Rate)**

*(Tarifa reducida para clientes residenciales que reciben beneficios de los programas abajo)*

**POR FAVOR IMPRIMA ESTA PÁGINA, FIRME SU NOMBRE EN TINTA AL FINAL Y ENVÍE  
ESTA APLICACIÓN A:**

**PSEG Long Island  
ATTN: BOC/Payment Assistance  
PO BOX 9083  
MELVILLE, NY 11747**

Titular de la cuenta: \_\_\_\_\_  
(Nombre) (Apellido)

Dirección: \_\_\_\_\_ Número de apartamento: \_\_\_\_\_

Ciudad: \_\_\_\_\_, NY Código postal: \_\_\_\_\_ Tel. #: \_\_\_\_\_

Número de cuenta o de cliente de PSEGLI: \_\_\_\_\_

Últimos cuatro dígitos del número de seguro social (SSN) xxx-xx-\_\_\_\_\_

### **-- Requisitos para Calificar --**

Por favor marque con una X todos los programas de los que recibe ayuda:

- ☐ Asistencia de la Red de Seguridad (Safety Net Assistance)
- ☐ La Asistencia Familiar (Family Assistance)
- ☐ Medicaid
- ☐ Pensión por Cónyuge Sobreviviente del Veteranos
- ☐ Pensión por Veteranos
- ☐ Programa Asistencia Para Nutrición Suplementaria (SNAP)
- ☐ Programa de Subsidio de Energía para el Hogar (HEAP)
- ☐ Seguridad de Ingreso Suplementario (SSI)

### **-- Documentación Requerida --**

Por favor incluye una fotocopia de UNO de los siguientes documentos:

Tarjeta de identificación del beneficio NYS actual, carta de aprobación del SSI, carta de aprobación de HEAP o carta de pensión de la Administración de Veteranos de Guerra.

**Yo certifico que la información que doy aquí es correcta. Acepto que PSEG Long Island contacte a las agencias de servicios sociales del Condado de Nassau o de Suffolk, la Agencia de Desarrollo Comunitario de NYC, la Administración de Recursos Humanos de NYC, la Administración de Veteranos de Guerra o cualquier otra agencia de este tipo para verificar la información que doy aquí.**

Firma: \_\_\_\_\_ Fecha: \_\_\_\_\_

**www.psegliny.com ♦ 1-800-490-0085**

SMW





*Long Island Coalition for the Homeless*



*Have a Heart for the Homeless*

*Candlelight Vigil*

**TUESDAY, APRIL 2, 2019**

**6:30pm—8:30pm**

Farmingdale State College

Great Lawn and Multi-Purpose Room

Roosevelt Hall

2350 Broadhollow Road, Farmingdale, NY

**SPEAKERS! HEALTH AND INFORMATION FAIR!**

**CANDLELIGHTING CEREMONY!**

**FREE HAIRCUTS !**

**SNACKS! REFRESHMENTS! FACE PAINTING! MORE!**

**COME JOIN US!**

We will be accepting donations of NEW Baby Items, Diapers,  
Formula, Unopened Cleaning Supplies, Unopened Toiletries  
Non-Perishable Food Items, new clothing and coats, etc.

Donations should be dropped off at LICH, 600 Albany Avenue, Amityville, by  
March 29, 2019

**YOU CAN HELP:**

**CONDUCT A DRIVE IN YOUR COMMUNITY!**

For more information, contact us at 1-631-464-4314 or  
[gguarton@addresssthehomeless.org](mailto:gguarton@addresssthehomeless.org)

**[www.addresssthehomeless.org](http://www.addresssthehomeless.org)**



# Long Island Coalition for the Homeless

600 Albany Avenue, Suite 2 • Amityville, New York 11701 • 631.464.4314 Fax 631.464.4319

[www.addresssthehomeless.org](http://www.addresssthehomeless.org)

January 7, 2019

Dear Concerned Community Member:

We are asking for your help in collecting donations for our annual Candlelight Vigil for the Homeless. This event brings together people from both Nassau and Suffolk Counties to help distribute donations to homeless people in our communities and to raise awareness about the issue of homelessness on Long Island.

For the next three months representatives throughout both counties will be working in collaboration with local parishes, businesses, and community groups to collect items that are needed by homeless individuals and families on Long Island.

You can assist by donating items on the attached list, or by setting up a box for donations.

The Vigil will be held on April 2, 2019, from 6:30PM – 8:30PM at Farmingdale State College, 2350 Broad Hollow Road, Farmingdale, NY.

For more information about donations or for further event details, please contact us at (631) 464-4314, [gguarton@addresssthehomeless.org](mailto:gguarton@addresssthehomeless.org), or [nsaini@addresssthehomeless.org](mailto:nsaini@addresssthehomeless.org).

Sincerely,

*Greta*

Greta Guarton, LMSW  
Executive Director

*Charlie*

Charles Russo, Esq.  
Chair

**A d d r e s s   t h e   H o m e l e s s**

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# Long Island Coalition for the Homeless

600 Albany Avenue • Amityville, New York 11701 • 631.464.4314 Fax 631.464.4319

[www.addressthehomeless.org](http://www.addressthehomeless.org)

## SPREAD THE WORD!!!

The Have a Heart for the Homeless Candlelight Vigil is an important event, and an opportunity to raise awareness about Long Island's homeless individuals and families. It's critical that we have a huge turnout of people in support of this event so we can get the word out.

**You can help us accomplish this goal!**

Prepare to attend the Vigil with your group/team, etc. If you have a banner, please be sure to bring it! Also, wear your group's uniforms or colors. Also, please wear something **RED** in support of Long Island's homeless folks.

**Tell others!**

Send letters, emails and make calls to your friends, family, and other contacts to tell them about the event. Have a gathering at the Vigil! If you would like a sample of what to share, please let us know. We'll be glad to send one to you. Post it on your social media! Facebook! Twitter! Instagram! Like the Coalition's [Facebook](https://www.facebook.com/LongIslandCoalitionForTheHomeless) page to share posts, follow us on [Twitter](https://twitter.com/addresshomeless) to retweet! Use the Hashtag #LIVigil2019

[www.facebook.com/LongIslandCoalitionForTheHomeless](https://www.facebook.com/LongIslandCoalitionForTheHomeless)

[www.twitter.com/addresshomeless](https://www.twitter.com/addresshomeless)

**Hang Fliers/Posters!**

Hang fliers and posters in your local stores, supermarkets, deli's, libraries – anywhere that has a Community Bulletin Board! Feel free to add your own personal touch! For example, add "Please join (your group) at the Candlelight Vigil for the Homeless..."

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# Long Island Coalition for the Homeless

600 Albany Avenue • Amityville, New York 11701 • 631.464.4314 Fax 631.464.4319

[www.addresssthehomeless.org](http://www.addresssthehomeless.org)

## WHAT TO EXPECT AT THE VIGIL

The Vigil will be taking place on April 2, 2019, from 6:30PM – 8:30PM at Farmingdale State College. It will take place in the Multi-Purpose Room (old gym) in Roosevelt Hall.

Inside, we will have information tables, areas to get a snack or hot coffee or cocoa, and places to hang your banners and meet up with group members. We'll also have music!

Outside, we'll have designated areas for dropping off various items donated through the drives conducted by members of the community. Agencies working with the homeless will be on hand so that groups can get their donations directly into the hands of those who need them most. Please bring along a sheet of paper with your (or your group's) name and address, along with a list of items donated so we can be sure to send you an acknowledgement!

We will also hold a short program outdoors, including our Candle Lighting Ceremony.

Groups are encouraged to bring banners, signs, etc., and/or wear items to represent their groups (group/club/team/school uniforms).

It will likely be **CHILLY OUTSIDE!** Be sure to dress warm, including wearing layers, gloves, hats, scarves, and thick-soled shoes.

In order to show your support for Long Island's homeless folks, we ask that you wear something **RED!** This can be a scarf, hat, gloves, pins, sweatshirts, jackets, etc.

For more information, please feel free to contact Greta Guarton at [gguarton@addresssthehomeless.org](mailto:gguarton@addresssthehomeless.org), Natasha Saini at [nsaini@addresssthehomeless.org](mailto:nsaini@addresssthehomeless.org).

**A d d r e s s   t h e   H o m e l e s s**

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## **Government & Civil Service Career Websites**

**Application Fee Waiver:** Certain Civil Service examinations and applications do not require an application fee if you are unemployed, determined eligible for Medicaid, Public Assistance (Temp Assistance for Needy Families/Family Assistance or Safety Net Assistance) or are certified Job Training Partnership Act/Workforce Investment Act eligible through a state or local social service agency. All claims for application fee waiver are subject to verification.

**Veterans' Credit:** Certain Civil Service examinations and applications grant additional credits to successful candidates who have claimed and established status as disabled or non-disabled veterans.

### **Please read each examination announcement and application carefully**

#### **New York State**

NYS Department of Civil Service	<a href="http://www.cs.ny.gov">www.cs.ny.gov</a>
NYS Civil Service Scheduled Examination Announcements	<a href="https://www.cs.ny.gov/examannouncements/types/oc/">https://www.cs.ny.gov/examannouncements/types/oc/</a>
NYS Civil Service – StateJobsNY	<a href="http://www.statejobsny.com/public">www.statejobsny.com/public</a>
NYS Local Government Civil Service Announcements	<a href="http://www.cs.ny.gov/jobseeker/local/textmap.cfm">www.cs.ny.gov/jobseeker/local/textmap.cfm</a>
NYS Municipal Civil Service Agencies	<a href="http://www.cs.ny.gov/employees/local/local.cfm">www.cs.ny.gov/employees/local/local.cfm</a>
NYS Power Authority Careers	<a href="https://www.nypa.gov/careers">https://www.nypa.gov/careers</a>
NYS Trooper Entrance Examination	<a href="http://www.nytrooper.com/employment.cfm">www.nytrooper.com/employment.cfm</a>
NYS Unified Court System	<a href="http://www.nycourts.gov/careers">www.nycourts.gov/careers</a>
Metropolitan Transit Authority (MTA)	<a href="http://www.mta.info/mta/employment">www.mta.info/mta/employment</a>
Port Authority of NY/NJ Career Info	<a href="http://www.panynj.gov/careers">www.panynj.gov/careers</a>
State University of New York (SUNY)	<a href="http://www.suny.edu/careers">www.suny.edu/careers</a>

#### **Suffolk County & Townships in Suffolk County**

Suffolk County Civil Service	<a href="http://www.suffolkcountyny.gov/departments/civilservice.aspx">www.suffolkcountyny.gov/departments/civilservice.aspx</a>
Suffolk County Civil Service Current Exam List	<a href="https://apps2.suffolkcountyny.gov/civilservice/efile/default.aspx">https://apps2.suffolkcountyny.gov/civilservice/efile/default.aspx</a>
Town of Babylon	<a href="http://www.townofbabylon.com/index.aspx?nid=357">http://www.townofbabylon.com/index.aspx?nid=357</a>
Town of Brookhaven	<a href="http://www.jobhaven.org">www.jobhaven.org</a>
Town of East Hampton	<a href="https://ehamptonny.gov/Jobs.aspx">https://ehamptonny.gov/Jobs.aspx</a>
Town of Huntington	<a href="http://www.huntingtonny.gov/content/13753/13757/17478/17508/default.aspx">www.huntingtonny.gov/content/13753/13757/17478/17508/default.aspx</a>
Town of Islip	<a href="http://www.townofislip-ny.gov">www.townofislip-ny.gov</a>
Town of Riverhead	<a href="https://www.townofriverheadny.gov/employment.aspx">https://www.townofriverheadny.gov/employment.aspx</a>
Town of Smithtown	<a href="http://www.smithtownny.gov/jobs.aspx">http://www.smithtownny.gov/jobs.aspx</a>
Town of Southampton	<a href="https://www.southamptontownny.gov/jobs.aspx">https://www.southamptontownny.gov/jobs.aspx</a>

#### **Nassau County**

Nassau County Civil Service	<a href="http://www.nassaucivilservice.com">www.nassaucivilservice.com</a>
Nassau County Civil Service Exam Announcements	<a href="http://agency.governmentjobs.com/nassaucountyny/default.cfm">http://agency.governmentjobs.com/nassaucountyny/default.cfm</a>

#### **New York City**

Public Service Careers with NYC	<a href="http://www.nyc.gov/jobs">www.nyc.gov/jobs</a>
City University of NY (CUNY) Employment Opportunities	<a href="http://www.cuny.edu/employment.html">www.cuny.edu/employment.html</a>

#### **Federal Government**

USA Jobs – The Official Source for Federal Employment	<a href="http://www.usajobs.gov">www.usajobs.gov</a>
Amtrak Career Opportunities	<a href="https://jobs.amtrak.com/">https://jobs.amtrak.com/</a>
United States Postal Service Career Opportunities	<a href="http://www.usps.com/employment">www.usps.com/employment</a>





## **New York State Civil Service Job Seekers Information** **Find Employment Opportunities in New York State**

**NYS Department of Civil Service:** [www.cs.ny.gov](http://www.cs.ny.gov) or call 1-877-NYS-JOBS

**NYS Exam Application Information:** <https://www.cs.ny.gov/examannouncements/types/oc/appinfo.cfm>

**Current Vacancies:** [www.statejobsny.com/index.cfm](http://www.statejobsny.com/index.cfm)

**Internships:** <https://www.cs.ny.gov/nnyl/>

**State Examinations/Employment Opportunities:** [www.cs.ny.gov/jobseeker/public/stateexam.cfm](http://www.cs.ny.gov/jobseeker/public/stateexam.cfm)

- Open to all qualified individuals: [www.cs.ny.gov/examannouncements/types/oc/](http://www.cs.ny.gov/examannouncements/types/oc/)
- Continuous Recruitment Examinations: [www.cs.ny.gov/jobseeker/public/cr.cfm](http://www.cs.ny.gov/jobseeker/public/cr.cfm)
- No College or Higher Education Required: <https://www.cs.ny.gov/jobseeker/public/minimum.cfm>
- Advanced Degree Required: <https://www.cs.ny.gov/jobseeker/public/advanced.cfm>
- Professional Career Opportunities Exam (PCO Exam): [www.cs.ny.gov/pco](http://www.cs.ny.gov/pco)  
The PCO Exam covers 100+ job titles, a BA degree (in any field) is required

### **Examinations Resources:**

- Tentative examination schedule: [www.cs.ny.gov/announ/tentative\\_schedule.cfm](http://www.cs.ny.gov/announ/tentative_schedule.cfm)
- Archived exam announcements: [www.cs.ny.gov/announarchive/search](http://www.cs.ny.gov/announarchive/search)
- Test guides and resource books: <https://www.cs.ny.gov/testing/testguides.cfm>

**Featured Programs:** [www.cs.ny.gov/jobseeker/public/featured.cfm](http://www.cs.ny.gov/jobseeker/public/featured.cfm)

- Disabled Workers and Veterans (NYS 55-b/c Program): [www.cs.ny.gov/rp55](http://www.cs.ny.gov/rp55)
- Veterans Temporary Hiring Program: [www.cs.ny.gov/vetportal](http://www.cs.ny.gov/vetportal)
- Nursing: [www.cs.ny.gov/nursing/index.cfm](http://www.cs.ny.gov/nursing/index.cfm)
- Information Technology Specialist: [www.cs.ny.gov/pstit/itsoptions.cfm](http://www.cs.ny.gov/pstit/itsoptions.cfm)

**Stay Informed:** [www.cs.ny.gov/jobseeker/public/keepinformed.cfm](http://www.cs.ny.gov/jobseeker/public/keepinformed.cfm)

- Email notification of upcoming state exams: [www.cs.ny.gov/announ/emaillist.cfm](http://www.cs.ny.gov/announ/emaillist.cfm)
- Eligible Lists (ELMS) (Exam Results): <https://www.cs.ny.gov/elmspublic/>

**NYS Employee Resources:** <https://goer.ny.gov/> (Benefits, Salary Schedules, Retirement, Health Plans, & more)

**Position Information (NYS GOT-ITS):** <http://careermobilityoffice.cs.ny.gov/cmo/gotit>

Use NYS GOT-ITS to obtain information about a state job: (Job location, job description, number of positions, career ladder, minimum qualifications, etc.)

**Career Mobility Office:** <https://careermobilityoffice.cs.ny.gov/cmo/>

The Career Mobility Office will help you advance your NYS career once you are a state employee.

