



# ALA-TALK

Area 30 ([www.msafg.org](http://www.msafg.org))

Fall 2020

## From the Delagate's Desk

All,  
Friday was a momentous day in the history of our Fellowship as I took part in a worldwide meeting on the long-awaited Al-Anon Family Groups app! It gave me the same feeling as going to the International Convention, realizing how connected we are with others around the world who gratefully share their experience, strength, and hope. There were participants from Scotland, Italy, Canada, and Mexico as well as all over the US.

I'm going to cover a few points that were explained to delegates in a question and answer session but if you have additional questions you can email [wso@al-anon.org](mailto:wso@al-anon.org) and put Mobile App in the subject line or [afgmobile@al-anon.org](mailto:afgmobile@al-anon.org).

The app is available on the Google or Apple store and you can download it to a mobile phone, i-Pad or certain computers that are set up to run apps. The app is free unless you choose to subscribe to the Premium content which is a daily meditation. It is about the same price as a book. I am excited as it will be a great aid when I travel as well as at home.

The app is ready for electronic meetings to register, but it must be a continual electronic meeting, not one that is temporarily meeting virtually because of COVID-19. This app has the capacity to host thousands of meetings around the world, so it is a wonderful supplement to our home group meetings. When you look for meetings be sure you give a large enough window of time to search.

As the app has just gone live, more meetings will become available over time. There will be two standing meetings per week for the first four weeks to get people accustomed to meeting on the app. These are being hosted by WSO. The meeting times are Mondays at 11 am and Wednesdays at 6 pm (Central Time). All meeting times will display as the time zone you are in. Any member can take part in these meetings. The only restriction is there is a capacity limit of 300 people per meeting! It uses a Zoom platform so it's very user friendly. As of press time for this newsletter two additional meetings have registered.

Other great features are a Journal, the opportunity to connect with other Al-Anon friends and the ability to make contributions through the app.

Lois would be proud of this big step for the fellowship. As she said, "It takes only one person to start something but many others to carry it out." Have fun exploring it for yourself and pass it on!

In grateful service,

Jennifer Magee, Delegate

### FALL 2020 ASSEMBLY

November 21, 10:00 a.m.

Starkville, MS

Please go to the **Area 30 Website**  
[www.msafg.org](http://www.msafg.org) for the latest  
updates about meetings and other  
information

# ALA-TALK NEWS

FALL ASSEMBLY: NOVEMBER 21<sup>ST</sup>

## FALL ASSEMBLY AGENDA

November 21, 2020

Starkville, MS

- 10:00 Call to Order-Chair, Serenity Prayer
- 10:15 Roll Call, Recognition of first time Attendees
- 10:30 Reading of the Steps, Traditions, Concepts, Warranties
- 10:45 Secretary's Report
- 11:00 Treasurer's Report
- 11:15 Break/Raffle
- 11:30 Delegate's Report
- 12:30 Lunch
- 1:30 Raffle
- 1:45 District Reports (need DR for District 2)
- 2:30 Area World Service Committee Members Reports
- 3:00 Break/ Raffle
- 3:30 Workshop
- 4:00 Report from workshop
- 4:30 New Business to combine districts 1 and 6
- 4:45 Convention Report by Districts 1 and 6
- 5:00 Treasurer's Budget for 2021
- 5:15 Ask it Basket
- 5:15 Declaration and Adjournment

## Fall Assembly Meeting Details

Saturday

November 21, 2020

9:45 AM - 5:00 PM (CST)

\*\*\*\*\*

**Plan To Attend**

**In Person or Virtually**

\*\*\*\*\*

**In Person Meeting at:**

**St. Luke's Lutheran Church  
1104 Louisville St., Starkville  
Entrance at the north end of  
the building in the activity  
center.**

**Bring a mask!**

\*\*\*\*\*

**Virtual meeting from your  
computer, tablet or  
smartphone.**

**<https://global.gotomeeting.com/join/676929141>**

**You can also dial in using your  
phone.**

**For supported devices, tap a  
one-touch number below to  
join instantly.**

**US: +1 (872) 240-3412**

**- One-touch:**

**tel:+18722403412,676929141#**

**Access Code: 676-929-141**

## What a Year!

### 2020 Brings Challenges and Opportunities

So many changes have occurred as a result of life in the midst of a pandemic. COVID-19 has changed our world in ways we could not have ever imagined. We are facing challenges and opportunities, heartache and grace. All of these things we experience in life, but somehow they are magnified by the circumstances in which we find ourselves.

An unprecedented year so far...

In-person meetings were cancelled as we sheltered at home and socially distanced. Meetings that were cancelled or postponed:

- 2020 Spring Assembly - cancelled
- SERDGT in Puerto Rico - cancelled
- AWSC to plan for Fall Assembly - cancelled
- 2020 Fall Assembly is set for November 21 in Starkville.

Many of our Family Groups are not letting the virus stop them from meeting. When there's a will, there's a way! Not only can members find a meeting to fit their schedule, they can attend a meeting even if they are out of town or cannot drive.

- ZOOM has become the new normal for 'face-to-face' meetings.
- Telephone conference calls have given a new meaning to flexibility in attendance.
- Travelling to meetings is not mandatory. Meeting by ZOOM or conference call gives more people the opportunity to participate in the sharing experience, strength, and hope to fellow members around the world.

### Returning to Face to Face Meetings

In response to the pandemic many Areas reached out to WSO to inquire as to how to display temporary online meeting information so that members could still find help and hope in Al-Anon meetings. In that evolution, a temporary online electronic meeting change form was created for members to use for temporary meeting information to be displayed on al-anon.org. Not all meetings have this temporary meeting information displayed with WSO; most is displayed on local District and AIS websites.

## DONATE

Consider what you have been given...

And give back!

Birthday donations are a way to celebrate our years of recovery in Al-Anon.

Make a donation on your Al-Anon Birthday!



You can donate to:

**MS Area Family Groups**

Make checks payable to "MSAFG"

Mail to:

MSAFG

1158 Ferncrest Drive

Jackson, MS 39211

Or

**WSO**

Make checks payable to

WSO

Mail to:

AFG Inc

1600 Corporate Landing

Parkway Virginia Beach, VA

23454

**Include your Group Name and Group# on the Check**

What the WSO requests is that if your meeting has resumed face-to-face and your temporary online meeting information is displayed on [al-anon.org](http://al-anon.org), that a member of the group please submit the change information to remove the temporary online meeting information. This does not mean that the group cannot have members meeting in the physical location in addition to using an online platform to connect additional members into the meeting that are concerned about safety. Members are encouraged to check to see what meeting information is currently displayed on [al-anon.org](http://al-anon.org) and decide from there how to proceed. Also, do not hesitate to reach out to [groupservices@al-anon.org](mailto:groupservices@al-anon.org) if you have additional questions.

Similarly, with our area website [www.msafg.org](http://www.msafg.org), please make sure if your group is listed as meeting online due or postponed due to the pandemic but has returned to in-person meetings that you update the meeting information. Updates should be sent by email to: [webmaster@msafg.org](mailto:webmaster@msafg.org).

### Letting Go

- Letting go does not mean to stop caring; it means I can't do it for someone else.
- Letting go is not to cut myself off; it's the realization I can't control another.
- Letting go is not to enable, but to allow learning from natural consequences.
- Letting go is to admit powerlessness, which means the outcome is not in my hands.
- Letting go is not to try to change or blame another; it's to make the most of myself.
- Letting go is not to care for, but to care about.
- Letting go is not to fix, but to be supportive.
- Letting go is not to judge, but to allow another to be a human being.
- Letting go is not to be in the middle arranging all the outcomes, but to allow others to affect their own destinies.
- Letting go is not to be protective; it's to permit another to face reality.
- Letting go is not to deny, but to accept.
- Letting go is not to nag, scold or argue, but instead to search out my own shortcomings and correct them.
- Letting go is not to criticize and regulate anybody, but to try to become what I dream I can be.
- Letting go is not to adjust everything to my desires, but to take each day as it comes and cherish myself in it.
- Letting go is to not regret the past, but to grow and live for the future.
- Letting go is to fear less and love myself more.

## MSAFG

### Do you need a meeting?

During this time as we physically isolate amid the spread of COVID-19, you can connect with others through online Al-Anon meetings at home.

Check out our Mississippi Al-Anon webpage for information about the latest updates on meeting times and locations  
[www.msafg.org](http://www.msafg.org)

## WORLD SERVICE OFFICE (WSO)

Find out what's happening in the newsletter *In The Loop*  
[www.al-anon.org](http://www.al-anon.org)

## ARCHIVE YOUR ACTIVITIES!

Anniversary Dinners, Speakers, Workshops, or Activities

Please submit a copy of your flyers to Leigh at [leighrobertsonpt@aol.com](mailto:leighrobertsonpt@aol.com)

# A CALL TO SERVICE

Betty O. presented the following talk on Service at the 2019 Fall Assembly

I was asked to do a 15 minute talk on Service. - This is it.  
"12 Points of service" from an old-timer

- 1 Need
    - a. From the fellowship from group and up
    - b. From the Membership
  - 2 Want (Desire) from the individual member
  - 3 Availability
    - a. Time
    - b. Physically
    - c. Mentally
    - d. Financially
  - 4 Personality
    - a. Outgoing (Make others feel welcome, wanted and needed)
    - b. Being able to say no and mean it
  - 5 Gratitude
    - a. For Al-Anon
    - b. Members in service (past and present)
  - 6 Sharing
    - a. Rides
    - b. Rooms
    - c. Memories
  - 7 Sincere
    - a. No fake smiles
    - b. No looking up to or down on anyone
    - c. Say thanks when needed
    - d. Make your wants and needs known
  - 8 Love
    - a. For (Conference Approved Literature)
    - b. for all members (even the ones you don't like)
  - 9 Commitment
    - a. Total
    - b. Always try to stay within budget for the position or event being held
  - 10 Acceptance
    - a. Not everyone wants or needs Al-Anon
    - b. Some members simply do not want to do service
  - 11 Attitude
    - a. Stay Positive
    - b. Remember sometimes you may become negative
  - 12 FUN
    - a. The swim suit: We held a garage sale advertised as a multi-Family. Each Person chose where their money would go. Because sales were slow, I chose to put on (over my clothes) a yellow polka dot swim suit. Standing on the side of the street, almost causing a traffic jam. Sales picked up and within two hours all donations were gone. My alateen granddaughter was so mortified.
    - b. Passed around funny pictures of events
- Positions held ( Starting at 3 months membership)
- 1 Group Treasurer
  - 2 District - Public information ( bad experience )
  - 3 Group Representative ( 2 Groups )
  - 4 District Representative ( 4 Times ) Alternate ( Current )
  - 5 Alateen Sponsor ( Group and Area Level )
  - 6 Area Literature/Forum coordinator ( past and present )
  - 7 Speaker Chair at area convention
  - 8 Area Chair
  - 9 Delagate
  - 10 District Treasurer

## Service

*There's more to maintaining a fully self-supporting Al-Anon group than just paying the rent. Continuity of service is important to our common welfare. Today I will think about the contribution I am making to my home group.*

**September 7: Today's Reminder from Courage to Change**

**Area 30 AFG Chair Cindy H. shares the following passage. It is an excerpt from a letter written in 1968 by Lois addressed to Long-Timers. It is reprinted with permission of Al-Anon Family Groups Headquarters, Inc., Virginia Beach, VA.**

*If at one time we held the active leadership of our group it may be particularly hard to 'let go.' It is so easy to believe that because we have been in Al-Anon for years, we must be qualified to tell others what to do, but our 'actions speak louder than words.'"*

*"When taking an inventory we long-timers need to constantly remind ourselves of this point and ask ourselves if for some personal reason (thoughtlessness, egotism, a desire to dominate) we are still telling others what to do and how to do it.*

# PROTECTING YOURSELF DURING THE COVID-19 PANDEMIC

## Face to Face Meetings-Considerations for Resuming In-Person Meetings

The following is a compilation of guidance from other Areas around the country that many groups may find helpful:

Schools are reopening, as are some of the facilities where we meet, and our groups are looking at what to do next. Some groups never stopped meeting in person, some went to online meetings, and some have tried hybrid meetings or just are not meeting for now. While being locked down, we still have had newcomers contacting us about finding recovery in Al-Anon. As we consider next steps, each group will need to make some group conscience decisions, see how those work, maybe revisit decisions as the group finds what works and doesn't work for them, and make adjustments as local situations change. I hope the suggestions here will help groups address items to be considered about how they will transition to in person meetings. If your group decides to continue to meet online rather than in person, it may still need to review some of the group practices, like group donations and anonymity.

As always, we need to consider our group practices in light of our Legacies, particularly the Traditions. As the group makes decisions, please reflect on how all the Legacies apply to the situation being discussed, how the decision might affect your own group, other groups, and Al-Anon as a whole. Unity is a vital component of our program, and we strive to make decisions that provide for progress for the greatest number (Tradition 1). The 4th Concept tells us that "Participation is the key to harmony," indicating the importance of asking, "How can we make this work for everyone?" Maybe the most difficult issues to navigate will be those of interacting with outside entities, like the facilities where we meet and governmental public health officials. We represent Al-Anon as we interact with others, and we are not above the law.

I am sure that other situations will arise as groups make decisions. In this process, it is vital to presume goodwill. As we talk to each other and reason things out, members with a minority opinion have the right to be heard (Concept 5), with love and respect, and as we hear the concerns of others, we might find that there are valid alternatives to the one way we were looking at things. We have some excellent literature that addresses conflict resolution, and now would be a great time to review that process! We have the opportunity to work our program in a pandemic to reach a consensus, without fostering resentments.

I am happy to help answer any questions or help groups work through this process. Several other Areas have developed checklists for reopening for the different kinds of meetings through the Knowledge Based Decision Making Process, and they have generously made these available to other Areas that wish to use them. I can provide your group with those if you would like to use them. I also have information about using Conference Approved Literature while maintaining the integrity of the copyright, both online and hard copies. Please contact me if I can be of help.

Yours in grateful service,

Jennifer Magee

Delegate [jen.magee@outlook.com](mailto:jen.magee@outlook.com); 662-820-0749

**VISIT THE  
FOLLOWING  
WEBSITES FOR  
UPDATES ON  
CORONAVIRUS  
COVID-19**

Visit [MS. State Dept. of Health](#) website for latest information regarding your county.

Visit [CDC website](#) with information about COVID-19 and ways to protect yourself and loved ones.



### Face to Face Meetings-Considerations *CONTINUED*

Here are some items to consider as your group looks at the transition back to face to face meetings:

- 1) *Can we meet requirements of the facility where we meet?* They may have requirements for maximum capacity, spacing, face coverings, and air flow, for example.
- 2) *Can we meet the governmental requirements and recommendations?* Currently, there is a state recommendation regarding face coverings, and many counties have mask mandates, as well. There are Mississippi State Department of Health (MSDH) guidelines regarding gathering size and spacing. The group must consider if it is willing to meet these requirements, and what will happen if someone comes to the meeting who refuses to abide by the group conscience.
- 3) *Are there temporary alternatives to consider?* Some options available beyond online or in person (in regular meeting space) include hybrid meetings (some people in person and some online) or outdoor meetings (in a park, on a parking lot/driveway). Consider things like whether the technology/tech assistance is available, and what to do if weather isn't ideal. Choosing to delay going back to in person meetings is an option.
- 4) *Do we need to reconsider our routines?* Seating may need to be rearranged, and groups may choose to avoid hugs and hand holding at the close of the meeting. Doors and windows may need to be open to allow for air flow. Consider minimizing the number of things that different people touch, like shared books or readings. (The opening, closing, Steps, Traditions, Concepts and many other items are available in the Groups at Work booklet, which is \$1, or can be downloaded onto a phone in the Service Manual, or single use copies may need to be used, remembering copyright law considerations). The electronic welcome can be provided to newcomers, or they can be shown where the newcomer packets are kept and asked to pick one up. Groups may decide not to have snacks, have individually wrapped items only, have one person prepare and pour coffee, or have individual drink bottles. The donation basket can be placed in one location rather than passing it, with only the treasurer handling it, or the treasurer could set up a system for electronic donations. Does the group want to provide masks for people who come to the meeting and don't have one?
- 5) *How do we maintain our principle of anonymity?* Having open doors or windows means maintaining an awareness that people outside the meeting may be able to overhear what is said in the meeting. The same problem is present during online meetings, when we may not know whether others are in the room where the device is being used to attend the meeting. You may wish to remind members of our principle of anonymity for themselves and for others, which could mean using a headset or finding a more private location to use when at an online meeting.  
 Maintaining anonymity for people at a meeting becomes a concern if a person at the meeting develops symptoms or tests positive for Covid-19. If this happens, contact tracing is required, introducing concerns about anonymity. Some facilities have asked people entering to sign in at the entry or the group to provide names and contact information for people who are in each meeting. So far, arrangements have been made for the group to keep a list to be provided, if needed. There are ways to maintain anonymity and still provide for contact tracing. The contact tracers do not need to know what type of meeting the person attended! They just need to know who the person came in contact with, which can mean providing a first name and phone number. I'd suggest having one person volunteer to keep a list of who was at the meeting (first name and phone number is fine), and the list can be destroyed three weeks later, if it is not needed. (Don't pass the list around. Remember to minimize the number of items touched). Please encourage people to stay home if they don't feel well!
- 6) *Can we reassess our decisions when our situation changes?* There is no one right action that applies to every group or as a permanent solution. A small group in a location with a low number of cases may make a different decision than a large group with a substantial number of members who are at risk. I suggest that each group regularly review their transition back to face to face meetings and make adjustments as their local situation changes.

## Area Groups By District

GroupName	District	MeetingCity
Bay Saint Louis Rebirth AFG	0001	Bay Saint Louis
AFG Diamondhead	0001	Diamondhead
Nugent AFG	0001	Gulfport
Gulf Coast Mens AFG	0001	Gulfport
Bayou View Serenity AFG	0001	Gulfport
Gulf Coast Parents AFG	0001	Long Beach
Wed Morning Courage To Change AFG	0001	Long Beach
Pass Christian AFG	0001	Long Beach
Picayune AFG	0001	Picayune
Columbia Serenity AFG	0002	Columbia
The Hope Group AFG	0002	Hattiesburg
Progress Not Perfection AFG	0002	Hattiesburg
Hattiesburg Monday Nite AFG	0002	Hattiesburg
Fellowship AFG	0002	Laurel
Serenity AFG	0002	Meridian
Aberdeen AFG	0003	Aberdeen
Amory Encouragers AFG	0003	Amory
Discovering Hope AFG	0003	Caledonia
Happy Hour AFG	0003	Columbus
Thursday AFG	0003	Columbus
Canton-Madison County AFG	0004	Canton
Crossroads AFG	0004	Clinton
Living Sober AFG	0004	Jackson
Monday And Thursday Noon AFG	0004	Jackson
Seekers Of Serenity AFG	0004	Jackson
Sharing AFG	0004	Jackson
Courage To Change AFG	0004	Madison
Today's Hope AFG	0004	Madison
Pike County AFG	0004	McComb
Keep It Simple AFG	0004	Natchez
Summit AFG	0004	Summit
Hope And Healing AFG	0004	Vicksburg
Serenity AFG	0004	Vicksburg
Vicksburg AFG	0004	Vicksburg
Woodville's Renewed Hope AFG	0004	Woodville
Batesville AFG	0005	Batesville
Cleveland AFG	0005	Cleveland
Monday Nite Study AFG	0005	Greenville
Tuesday Night AFG	0005	Greenwood
Courage To Change AFG	0005	Grenada
Leland Newcomers AFG	0005	Leland
North Carrollton AFG	0005	North Carrollton
Hope For New Beginnings AFG	0006	Biloxi
Sunset AFG	0006	Biloxi
Ocean Springs Step By Step AFG	0006	Ocean Springs
Keep It Simple AFG	0006	Ocean Springs
Ocean Springs AFG	0006	Ocean Springs
Pascagoula AFG	0006	Pascagoula
Tuesday Night AFG	0007	Booneville
Corinth AFG	0007	Corinth
New Albany AFG	0007	New Albany
Just For Today AFG	0007	Oxford
Oxford University AFG	0007	Oxford
Cornerstone AFG	0007	Tupelo
Peace Seekers AFG	0007	Tupelo

**JUST FOR TONIGHT**  
Bookmarks and all  
Conference approved  
literature is available for  
purchase.

When we buy literature, we help  
WSO and ourselves! There is a  
new book on intimacy and the  
Just for Tonight bookmarks are  
just a dollar a piece! We do not  
need to buy from Amazon as  
that only gives a portion to Al-  
Anon



Contact Charlotte  
[Cwood311@comcast.net](mailto:Cwood311@comcast.net)  
Literature & Forum Coordinator





## BE A CONTRIBUTOR!

ALA-TALK would like to include your stories or quotes. Please submit a story of up to 150-200 words or a favorite quote. Email submissions to: [alatak@msafg.org](mailto:alatak@msafg.org).

### Group Spotlight Columbia Serenity

We pick one new piece of literature such as REACHING for PERSONAL FREEDOM and go around letting each person read and share about one paragraph. This was done at Columbia Serenity and made a great discussion meeting.

We are looking forward to start meeting again as we had stopped when the Covid virus affected our members.

Yours in Service,  
Cindy Harrison, Area 30 Chair

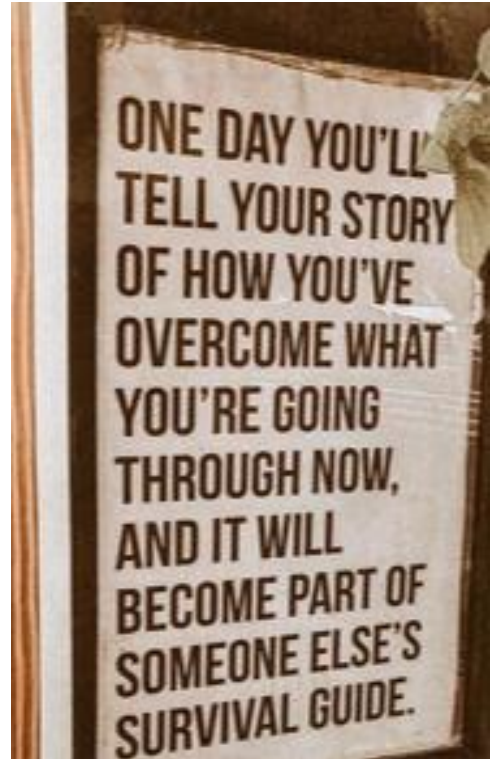
### Member Spotlight

#### Betty O.

Hello Fellow Al-Anon members!

Thanks for cards and calls during my loss and my broken arm. I am so grateful for our C.A.L.! If you or your group do not get "The Forum," please order one. It will keep you up on World Service events.

In program fellowship,  
Betty O. Lit., Forum Coordinator



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Printed copies are available. Cost of printed ALA-TALK is \$5.00 (2 issues) per year. Complete this form and make checks payable to MSAFG. Mail form and check to ALA-TALK, 155 Castle Circle, Madison, MS 39110

ALA-TALK SUBSCRIPTION \_\_\_\_\_ Date \_\_\_\_\_

Name of Subscriber/Group \_\_\_\_\_

District # \_\_\_\_\_

C/O \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Enclosed: Cash \$ \_\_\_\_\_ Check # \_\_\_\_\_

\_\_\_\_\_ New \_\_\_\_\_ Renewal \_\_\_\_\_ Address Change

# Al-Anon Group Records Change Form

Please submit this form through your Area Group Records Process or the WSO

## 1. Group Record

WSO I.D. Number \_\_\_\_\_

District Number \_\_\_\_\_

Area Name (Abbreviation) \_\_\_\_\_

## 2. Status

Change

Inactive

## 3. Changes

Group Name  GR

Current Mailing Address (CMA)

Phone Contact for the Public

Meeting Place

Meeting Time

Meeting Day

## 4. Group Registration Overview

Group Name\* \_\_\_\_\_

\*Reflects Al-Anon principles and is inviting to all. See instructions to fill out the form. Please note that group names not in compliance with the Al-Anon policy will delay processing of the registration. Contact your Area Group Records Coordinator or the WSO for further information.

Mailing Language \_\_\_\_\_

### Location

Meeting Place \_\_\_\_\_

Meeting Address \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Group email \_\_\_\_\_

### Phone Contact for the Public

First Name \_\_\_\_\_ Phone Number \_\_\_\_\_

First Name \_\_\_\_\_ Phone Number \_\_\_\_\_

## 5. Meeting Details

Day \_\_\_\_\_ Time \_\_\_\_\_  AM  PM

Meeting Attendees:  Families, Friends and Observers welcome  
 Families and Friends only

Spoken Language \_\_\_\_\_ Member Count \_\_\_\_\_

Beginners\*  Introductory\*\*  Limited Access\*\*\*  
 Handicap Access  Child Care  Fragrance Free  
 Smoking Permitted  Sign Language

Location Instructions \_\_\_\_\_

## Additional Meeting

Day \_\_\_\_\_ Time \_\_\_\_\_  AM  PM

Meeting Attendees:  Families, Friends and Observers welcome  
 Families and Friends only

Spoken Language \_\_\_\_\_ Member Count \_\_\_\_\_

Beginners\*  Introductory\*\*  Limited Access\*\*\*  
 Handicap Access  Child Care  Fragrance Free  
 Smoking Permitted  Sign Language

Location Instructions \_\_\_\_\_

\*held in conjunction with a regular Al-Anon group meeting, not considered an Al-Anon group. Provide newcomers a simple introduction to Al-Anon.

\*\* Attendance changes frequently; not considered an Al-Anon group. Attendees are invited to go to regular Al-Anon meetings.

\*\*\* Meeting access is limited due to the facility's entry restrictions. These groups meet at sites such as military bases, institutions, industrial plants, or schools.

## 6. Current Mailing Address (WSO mail for the group is sent to the postal and email addresses)

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Street/PO Box \_\_\_\_\_ City \_\_\_\_\_

State/Province \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Phone Number \_\_\_\_\_ Email \_\_\_\_\_

CMA email address is entered here. Please enter Group email address in section #4 (See instructions for more information)

## 7. For Area Use

Group Rep  Other \_\_\_\_\_

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Street/PO Box \_\_\_\_\_ City \_\_\_\_\_

State/Province \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Phone Number \_\_\_\_\_ Email \_\_\_\_\_

The WSO will register any group designating itself as an Al-Anon Family Group with the understanding that it will abide by the Traditions and that meetings will be open to any Al-Anon members. *Al-Anon/Alateen Service Manual (P24/27), "Digest of Al-Anon and Alateen Policies"*

Submitted by: \_\_\_\_\_ Date: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_