



"Your Agile Lean Business Digital Transformation, Optimisation, Mentoring, Training, Coaching and Certification Specialists"



## **AGILE FUNDAMENTALS - Appendix 2A + 2B**

### **Agile Fundamentals 2 day course**

**Cost \$850.00 per day x 2**

### **Day 1 - One day core course**

#### **1 Agile Basics? Why we value an agile approach**

- Agile- what is it ? – 4 values & 12 principles
- What are the benefits of Agile – for you, the team and the company
- Where did it come from
- Introduction to some common Agile Frameworks ( Scrum, Kanban, XP etc)
- Defining the agile delivery team – Roles & Responsibilities

## **2 Requirement Management, Forecasting, prioritization and Estimating**

- **2.1** Requirements Acquisition
- **2.2** Story Mapping and Release Planning
- **2.3** The Backlog(s) and the Sprint Commitment
- **2.4** Story Writing/Splitting
- **2.5** Acceptance criteria, DOR and DOD
- **2.6** Forecasting, prioritization and Estimation
- **2.7** Kanban Metrics – Flow Efficiency
- **2.8** Release Planning

## **3 Visualization, Communication and Transparency**

- **3.1** The Team wall
- **3.2** Team Retrospectives
- **3.3** Sprint Reviews
- **3.4** Effective collaboration techniques

## **4 Agile Transformation challenges**

- **4.1** Agile Mindset and Culture - re-visited
- **4.2** Building Emotional Intelligence skills
- **4.3** Team Trust, Feedback, Grow and continuous feedback
- **4.4** Change is hard work and Agile is not a silver bullet
- **4.5** Adoption challenges – Summary

## 5. Advanced Techniques Overview

- DevOps
- Lean UX & Human Centred Design
- Lean Thinking and leadership
- BDD, TDD, ATDD
- Agile in the business – Back Office Applications
- Scaled techniques (SOS, Safe, etc.)

### Day 2 - Two-day Agile fundamental includes Team Sprint & product development example

The two-day agile fundamental course will walk you through an example agile team setup, agile ceremonies and scrum sprint, explaining the above, as an Agile product development simulation.

### 3 High Performing Team Course

A one day course getting your group of individuals to become a higher performing team, a team of “1”.

This includes being taught and how to leverage :

- High Emotional Intelligence
- Equal voice
- Psychological Safety
- One Team
- Team Self Awareness and Empowerment
- Self-Leading & managing
  - resourcefulness,
  - resilience, trustworthiness,
  - empathy, compassion and vision
- Self-Learning
- Self-serving
- Self-Awareness
- Agile Principles and Values
- Managing Conflict
- Growing Edge
- The Words we choose
- Servant-Leader and the Team – lack of Self Interest
- Mindfulness & Silence – meditation techniques
- Prepare for the day ahead
- Daily practices
- Communications model
- Networking skills and Lift Speech
- Self-continuous Improvement – better person