



Adult Transition

A Newsletter for Teachers Working With High School and Transition Age Students 18-22
Educational Equity for All
May 2019

TRAINING



S.P.E.C.I.A.L. Introductions: Teaching Soft Skills to Our Students

By adamdovico

I have derived an “action” list for the first seven seconds you meet someone, and designated it as S.P.E.C.I.A.L.

S – Shake hands: Not too hard (you might break a hand), not too soft (no one wants a floppy fish), and certainly do not shake the fingers. Instead, interlock the webs between the thumb and index finger and clasp.

P – Posture: Stand up straight, shoulders back, chest out. People believe that a person standing tall is more confident and aware (Fast 1970).

E – Eye contact: Look into the eyes of the person you are meeting the entire time you approach and shake hands (this takes practice).

C – Charm: Smile, raise an eyebrow, use a head nod. These are small actions that express interest and charisma.

I – Introduce yourself: People like to know your name, a simple “Hi, I’m [your name]” is a great icebreaker.

A – Ask a question: “How are you?”, “What brings you here?”, “Don’t you hate this snow?” are crucial to beginning a conversation and show interest in your unknown companion.

L – Lean in & Listen: Do not lean in too much. Personal space may be invaded and the first six things you did will wash away. A slight lean in from a couple feet away shows interest and helps you listen to the speaker and respond appropriately.

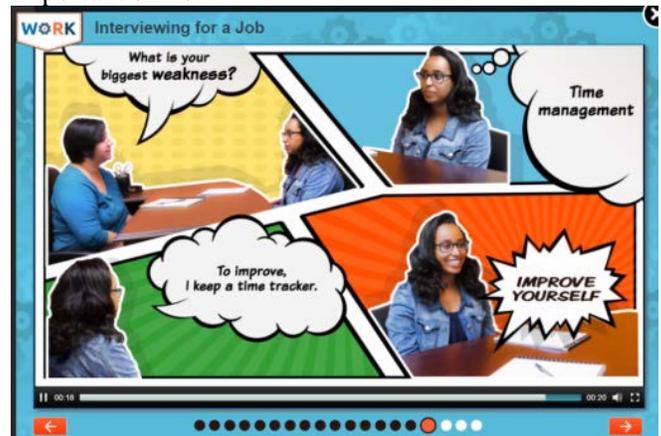
Also here are some practical approaches to incorporate S.P.E.C.I.A.L. into your day-to-day routines and curriculum. <http://tinyw.in/Y33D>

EMPLOYMENT



The Web-based Occupational Resource Kit (WORK) is designed to teach you the

important skills that every adult needs to master in order to secure employment for themselves. Engage in compelling activities that will teach you these important skills.



WORK customizes course content based on your personal questions and difficulties so you can focus on the skills you would most benefit from mastering. Self-assessments and practice simulations generate dynamic reports summarizing results and providing personalized feedback.

Test drive before you buy WORK. Explore the benefits of using a self-paced, dynamic e--learning course designed to prepare you for your new career.

<https://www.workresourcekit.com/>

Transition Curricula Resources



GCFGlobal™
Creating Opportunities for a Better Life

GCF Teacher Guides - Everyday Life

<http://tinyw.in/iqkk>

FEATURED IDEA OF THE MONTH



AUTISM Classroom NEWS & RESOURCES

These activities expand on my morning meeting tools in the Secondary Morning Meeting Starter Kit from TpT or can be used independently.

<http://tinyw.in/PauQ>

Digging deeper to make the same activities more age appropriate. Calendar; Weather, Music; Current Events, Map Skills, Smart Notebook Question Of The Day

INDEPENDENT LIVING SKILLS

iDo Hygiene 4+

C.E.T - THE CENTER FOR EDUCATIONAL TECHNOLOGY

This app is only available on the App Store for iOS devices.



*** iDo Hygiene is an innovative and comprehensive application for learning the most common personal hygiene daily activities (teeth brushing, shampooing, hand washing, toilet training, taking a shower, public bathroom, etc.).

*** Designed by professionals specifically for those on the autistic spectrum disorder, Intellectual Disabilities and other special needs.

*** Watch step by step demonstration videos and picture sequences, and make your own.

What's in each unit:

- A video presenting a teenager demonstrating the activity, step by step.
- A sequence of the task's steps in images, accompanied by narrated text for each stage, and the option to mark the completion of each step with a V.
- A unique tool to create a personal sequence of the task's steps, by photographing directly from the application.
- A tool to create a personal video of the task, directly from the application.
- Learning games to practice understanding of the sequence – what is the next step, what doesn't belong, and so on.



WEBSITES AND RESOURCES

<http://tinyw.in/LvFo>
<http://tinyw.in/dDOQ>
<http://tinyw.in/ZumA>

Curriculum Associates

Our Special Education products consist of assessment inventories and instruction materials that focus on a broad array of skills and behaviors in key developmental, academic, and transition domains. They assist professionals with pinpointing Present Level of Performance (PLOP) and with writing accurate, comprehensive, and meaningful IEPs.



The Transition Skills Inventory consists of more than 100 assessments to support formal transition planning for middle- and high-school students as they prepare for life after high school. Based on Indicator 13, it accommodates varying skill levels in the domains of academic skills, post-secondary opportunities, independent living, and community participation.

The Transition Skills Activities instruction resource consists of more than 250 lesson activities linked to the assessments found in the Transition Skills Inventory. Lessons offer modifications to fit interests and ability levels and cover post-secondary, independent living, and community participation skills.

<http://tinyw.in/5hDo>

TRANSITION PLANS

Annual Goals vs. Postsecondary Goals

Postsecondary Goals

- Describe what student wants to achieve after high school in three areas:
 - Education or training
 - Employment
 - Independent living (when appropriate)
- Must be measurable
- Occur after student graduates from secondary school
- Based on transition assessment data
- Reasonably based on what is known about student

Annual Goals Describe what a student will learn within an academic year to progress toward postsecondary longrange goals.

- What skills and knowledge must the student attain this academic year that are necessary for achieving the student's postsecondary goals?

<http://tinyw.in/uR9f>