



Here and Now

August 2022

Volume 69, Issue 8

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PASTOR LEANNE'S MESSAGE:

“Catch the foxes for us, the little foxes that spoil the vineyards, for our vineyards are in blossom.”

Song of Solomon 2:15

I was in 5th grade when my Sunday school teacher told me, “The Bible says it’s the little foxes that spoil the vine.” I was sure by then that I knew everything in the Bible (I did not) and I thought that like so many people when they tell you what is in the Bible, she made it up. So, I went and looked it up. It’s there, in the Song of Solomon, where a lover requests that the little foxes be caught before the vineyard is ruined as a place for a lover’s retreat. I decided that she was using it out of context, but that her point was still good. Sometimes it’s the little things that ruin the good ones – the untended, unimportant details that mess up the whole plan.

I was thinking about this while working in my garden, pulling up the Creeping Jenny that had emerged while I was away. I hate weeding, yet I know it’s necessary, and that it is easier to pull a small weed than a big one, so I usually don’t let it go too long untended. My mind was wandering, and I remembered years ago, moving into a house that some friends had vacated because they were divorcing. As I pulled the vines that threatened to smother the back yard growth, I wondered if the yard vines were a symbol of their life together. If, perhaps somehow, they had not paid attention to the little things which eventually smothered out their relationship. I remembered my mother, talking about the Parable of the Sower and the seed that allowed the cares of daily life to choke out its life as she made an analogy from her garden to my life.

In a world that demands we keep our focus on the big things, it is the little things that count; it is the little things that sneak up on us. We necessarily focus on our jobs, our money, our responsibilities and forget to pay attention to how we feel, what our bodies are telling us, what our loved ones or are or are not communicating, what God might be saying. Small habits of neglect and inattention become big issues of pain and loss – all because we forgot that it’s the little foxes that spoil the vine.



PASTOR'S MESSAGE CONTINUED:

It important to take time to pay attention to the little things, to tend to our lives, our loves, our faith and our interests, so that we do not miss out on all God offers us in this life. Remember what Jesus said in Matthew 13 -

³And he told them many things in parables, saying: "A sower went out to sow. ⁴And as he sowed, some seeds fell along the path, and the birds came and devoured them. ⁵Other seeds fell on rocky ground, where they did not have much soil, and immediately they sprang up, since they had no depth of soil, ⁶but when the sun rose they were scorched. And since they had no root, they withered away. ⁷Other seeds fell among thorns, and the thorns grew up and choked them. ⁸Other seeds fell on good soil and produced grain, some a hundredfold, some sixty, some thirty. ⁹He who has ears, let him hear."

Leanne



FIRST DAY BACK TO SCHOOL

THURSDAY, AUGUST 25TH, 2022

TIPS FOR BACK TO SCHOOL



** CONSIDER STARTING YOUR CHILD ON THEIR SCHOOL SLEEP SCHEDULE A WEEK OR TWO AHEAD OF TIME SO THAT CHANGE IS NOT A FACTOR ON THEIR FIRST COUPLE OF DAYS.*

** CHOOSE A BACKPACK WITH WIDE, PADDED SHOULDER STRAPS AND A PADDED BACK. ADJUST THE STRAPS SO THAT THE BOTTOM OF THE PACK SITS AT YOUR CHILD'S WAIST.*

** REMIND YOUR CHILD TO WAIT FOR THE BUS TO STOP BEFORE APPROACHING IT FROM THE CURB.*





FROM OUR PARISH NURSE - WANONA

Hello August and your fall colors. My how summer is passing us by. We have been blessed with much needed moisture to resolve our drought problems and it has given us plenty of wonderful produce from our gardens.

Announcements: The Sunday Blood Pressure Clinic will resume on October 9th. The Strengthening/Balance Class will resume October 4th. On September 29th Thursday from 10 am to 2 pm I am having a Free Health Fair in Ramstad Hall and some tables will be set up in the Narthex. So far we have 24 vendors, but I am expecting more the closer we get to September. Bismarck-Burleigh Public Health Nurses will be administering Flu and Covid vaccinations. I will have a poster made closer to the event listing the vendors. There will be walking tacos and water to purchase, all proceeds going to the Parish Nurse Fund. The Westminster Bell Choir will be selling caramel rolls to raise money for their group, and there will be door prizes! If anyone would like to help with the Health Fair, I have a sign-up sheet on my bulletin board. Your help will be greatly appreciated!

Coming this Fall: NDSU School of Nursing and University of Mary Nursing Program will be job shadowing me, I'm very excited to share my experience as a parish nurse with them! NOTE: Our Strengthening/Balance Classes will be changed to Tuesdays & Thursdays at 11:00am to accommodate their schedules.

MORE GIGGLES:

Teacher humor: "Don't do that," a teacher said when one of the first graders playfully draped a dollar bill over his eyes. "Money is full of germs." "It is?" he asked. And the teacher responded, "Yes, it's very dirty." He thought about it a moment. "Is that why they call people who have a lot of it 'filthy rich'?"



A weasel walks into a bar. The bartender says, "Wow, I have never served a weasel before. What can I get you? "Pop" goes the weasel!

I just had to put this in, I can hear you moaning and groaning... hahahaha



More giggles: A man goes into a bar, orders a beer and peanuts. The bartender brings them and walks away. A few moments later the man hears "Wow! That's some tie!" The man looks around to see who said that and sees no one. The bartender was serving other customers. He drinks up his beer and eats his peanuts. He asked the bartender for another beer and peanuts. The bartender brings him his beer and more peanuts and walks away. A few moments later the man hears, "Those Shoes, man oh man, those are some shoes!" The man looks around to see who said that and sees no one. The bartender was at the other end of the bar. The man was totally bewildered so he asked the bartender, "Hey bartender, what's up with the strange compliments?" "Oh," says the bartender, "Those are the nuts, they're complementary".

“A Word with Wanona”

I would like to introduce Marete Farver, First Presbyterian Church Christian Education Director. She was born and raised in Bismarck, North Dakota. She has two sisters Dierdre and Karen. Marete’s parents are Signe Snortland and Kimball Banks.

Marete’s first job was door-to-door campaigning for the 2008 presidential election. They would poll citizens to see who they planned to elect in the upcoming presidential race. Marete has an Associate Degree in Theater. She was the stage manager for a few local plays and was even paid for it! Marete graduated from St. Mary’s Central High School and received her Associate Degree in Theater from Bismarck State College and went on to the University of Mary for her Bachelor’s of Science Degree in Early Childhood Education and Special Education.

Marete met her husband through a dating app. He was born and raised in Bismarck, North Dakota. They attended the same schools until she transferred to St. Mary’s Central High School. They had mutual friends, but had never met until the dating app.

Marete had always wanted to be a mom. She also wanted to be a lawyer, but decided to teach Special Education instead. She is a step-mother to a seven year old son and they are expecting a baby boy this

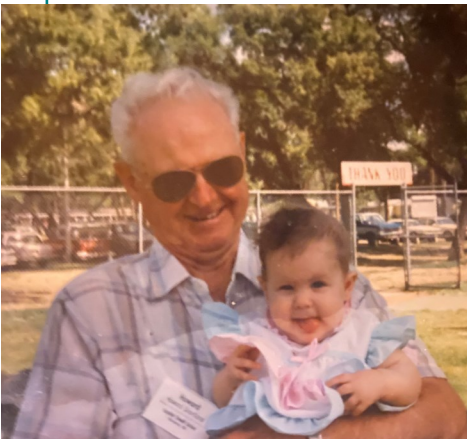


**ULTRASOUND PICTURE
OF BABY FINN**

December. They found out they were expecting on April Fool’s Day. She feels she has met most of the goals in her life.

The most memorable event in her life would be meeting her husband and step-son for the first time. They recently swam with the Manta Ray’s and Marete was kissed twice by one of them. She has traveled a lot and each trip has left an impression.

Marete is incredibly thankful for all the wonderful people she has met and the impact they have made on her life. Her grandparents and parents molded her into the adult she is today. Her husband has taught her so much about patience and kindness. She met Pastor Leanne a year ago and she has been incredibly impactful in her life. She and Audrey are considered family with their kindness, understanding, and support. She said, “I just find that I am surrounded by wonderful, kind, loving people and I’m incredibly grateful.”



When asked who is your hero, Marete said it has to be her Grandfather, Howard. He was the kindest, wisest soul. She has spent her entire life trying to be as good of a person as he was. He made a huge impact everywhere he went, including this church.

I asked Marete what was the funniest thing that has happened to her and her response was, “It probably wasn’t funny to my parents, but when I was four years old, I swallowed a nickel at our lake cabin and it got stuck. My mom rushed me to the ER in Turtle Lake but they couldn’t get the nickel out, so they took me by ambulance to Bismarck. The ambulance broke down and we had to wait for a new ride. My dad and sister ended up beating us to the hospital by hours. My mom had to hold me upright as I slept until the new ambulance came. We made it to Bismarck and I had to have surgery to remove the nickel. When I woke up, I told my parents I wanted to go back to the lake and go swimming. My dad turned the nickel into a necklace and since then, my parents sometimes call me ‘nickel’. All that trouble from 5 cents. I still like to blame my sister for giving me the nickel.”



“A Word With Wanona” Continued:

Marete was baptized at First Presbyterian Church here in Bismarck, North Dakota. She said she did let her membership slip a few years ago, although she had always considered herself a member. She recently renewed her membership in the church. As a kid, she would teach Sunday School with her parents. She also taught Sunday School as a young adult with her cousin Maren, who is now the Assistant Youth Minister. She loves working with the First Presbyterian Church youth and their families and has enjoyed every minute of this job!

Thank you for all you do for the First Presbyterian Church Ministry, and sharing your life journey Marete!

Marete’s family
is in the lime green
shirts!



HOSPITALITY COMMITTEE VOLUNTEER OPPORTUNITY!

The United Way Day of Caring will be on Wednesday, August 10, 2022. There are many ways for you to give back to our community and many organizations that need your help. See the church bulletin board for more information or call Sydney at the local United Way 255-3601.

150TH ANNIVERSARY

The Anniversary Committee is eager to receive members stories of their family history at First Presbyterian Church. These do not need to be elaborate or lengthy but should discuss how your family came to be members and something of the roles they have played in the church and the role the church has played in their lives. Please get them in to the church office by the end of September so the History Committee will have a chance to assemble them before 2023.



Office Phone: 701-223-6091 - email: firstpresbyterian@fpcbismarck.com

CCC NEWS-

The FPC Childcare Center staff and board hope all of you are enjoying your summer!

It's that time of year, nearing the end of August for back to school, we want to remind anyone wanting or thinking about part time or full time employment to consider applying to the FPC Child Care Center. Director Shawn and Assistant Director, Vanessa, are flexible and willing to work with high school and college age around class hours. All ages have found it rewarding to work at the CCC, especially if preparing for a career involving infants and children. Please contact them at 258-7490 or call the church office at 223-6091 and they will transfer you.

We would like to say "thank you" to Geoff Greenwood for his years of service on our CCC board as a parent representative. We appreciate his input & willingness to assist where needed. He and Ashley's daughter will be starting a new adventure in Preschool in August. Signe will also be missed!

Thank
you

Thank you to those of you who donated baby wipes and hand soap for the month of July, and for the monetary donations to the CCC.

We hope you have a safe, enjoyable rest of your summer, and a good transition back into the school schedule as well as getting back into a routine.

The Childcare Center Staff and Board



The request for August is paper towels.

HOSPITALITY COMMITTEE DONATION OPPORTUNITY!

This month, we have chosen Furry Friends Rockin' Rescue as our donation opportunity. This organization is a non-profit animal rescue founded in 2015 to alleviate pound overcrowding and euthanization. We believe it's important to care for all of God's creatures, including the furry ones!

Their list of needs includes the following:

Paper towels, HE liquid laundry soap, dryer sheets, latex vinyl free gloves, disposable shoe covers, cat toys, Purina Pro Plan wet kitten food, Purina Friskies Lil' Soups, Hills Science Diet wet dog food for puppy or adult (chicken & barley flavor), clumping cat litter, and stainless steel cat litter scoop.

Please place your items in the donation box in the narthex.

Thanks for your generosity!



THE HOSPITALITY COMMITTEE



For 50 years, Meals on Wheels has been providing home-delivered meals to people unable to prepare healthy meals for themselves. Clients can be assured that the meals, prepared in the kitchen of Sanford Health under the supervision of a registered dietitian, are well-balanced and nutritious.

Each meal, complete with beverage, comes in separated hot and cold containers and is ready to eat. Specially planned menus meet the needs of clients whose physicians have prescribed low-sodium, low-calorie, diabetic, or other specific diets. Special diets represent about 75% of the clients on our program. There is no age, income, or dietary requirements to receive meals.

Community volunteers are vital to the success of this non-profit program. Each month, 60 or more volunteers are needed to deliver over 580 meals to clients in our area.

Every year our congregation commits to providing drivers for one month for this much-needed service. We are looking for volunteers again this year for the month of **September**. One volunteer is needed for each day, Monday through Friday. Please consider helping bring warm meals and a smile to homebound folks.

Sign-up on the Volunteer Board in the Narthex.

THE HOSPITALITY COMMITTEE

Please plan to attend the annual Church Family Outdoor Worship Service on **Sunday, August 21st - 10:00am - New Generations Park - 1021 Mustang Drive.**



Worshippers attending the potluck picnic are asked to bring food to share such as a vegetable, salad, side dish or dessert. The Hospitality Committee will provide chicken. A free will offering will be collected to offset the charges for the main dish.

Please bring friends and family, there are splash pads and nearby playgrounds for children!

THE HOSPITALITY COMMITTEE

June's Soup Café Shower drive was a huge success! Nearly 50 sets of towels, hand towels and washcloths were donated. Over 42 pounds of personal hygiene products and cleaning supplies were also collected for those who will be using the shower. Thanks to all who donated to this project.



CHRISTIAN EDUCATION



Thank you to all of our volunteers for holding such a wonderful event at the Super Slide Amusement Park on July 13th
Everyone had a blast!

Thank you to all of our wonderful families for participating and making it such a fun event!



LOOKING FOR LEGOS!!

THE CHRISTIAN EDUCATION COMMITTEE IS LOOKING FOR REGULAR SIZED LEGOS WHICH WILL BE A PART OF OUR NEW SUNDAY SCHOOL CURRICULUM. IF YOU HAVE ANY THAT YOU ARE NOT USING AND ARE WILLING TO DONATE, PLEASE DROP THEM OFF AT THE CHURCH OFFICE!

We are looking for Confirmation Mentors -

"MENTOR: someone who shares their knowledge and experience to inspire others to reach their goals"

If you're available please contact Marete, or the church office 223-6091.



REMINDER:

**Sunday School (children & adults) will begin September 11th
PAC/Presbyteens will begin September 14th**

2022 FIRST PRESBYTERIAN CHURCH



- THURSDAY, SEPT. 29TH

10:00AM - 2:00PM

HERE IS A PREVIEW OF THE VENDERS:

BISMARCK-BURLEIGH PUBLIC HEALTH

LAKESWOOD LANDING SENIOR LIVING

DAKOTA HOME CARE

AGING AND DISABILITY RESOURCE LINK (ADRL)

NORTH DAKOTA ASSISTIVE

DAKOTA CENTER FOR INDEPENDENT LIVING

BAPTIST HEALTH CARE CENTER

BURLEIGH COUNTY SENIOR ADULTS PROGRAM

OLDER INDIVIDUALS WHO ARE BLIND PROGRAM

CUSTER HEALTH

TOUCHMARK ON WEST CENTURY

CARINGEDGE HOME HEALTH & HOSPICE

EDGEWOOD HEALTHCARE

Northland PACE Senior Care Services

Guardian and Protective Services (GAPS)

ND Department of Human Services

AARP North Dakota

First Presbyterian Child Care Center

Pastor Leanne - First Presbyterian Church

Sanford Medical Center

Sanford Home Health & Hospice

Alzheimer's Association

CHI HEALTH AT HOME

MISSOURI SLOPE LUTHERAN CARE CENTER

HOSPICE OF THE RED RIVER VALLEY

NOMINATING COMMITTEE -

There are still a few openings for elders and deacons. If you feel called to serve and the committee has not contacted you, please notify Shari Orser, chair.



Birthdays & Anniversaries

BIRTHDAYS

AUGUST

Brant Boeckel	2nd
Kim Wassim	2nd
Kim Christianson	4th
Matthew Skaret	6th
Enid Thompson	7th
Joanne Pearson	8th
Ashlee Fox	8th
Tamra Hellman	10th
Dale Hoerauf	12th
Backett Hao Hedland	13th
Ruth Jensen	14th
Lael Herauf	16th
Amy Kinnischtzke	18th
Connor Hellman	21st
Kenley Gratz	22nd
Winston Satran	23rd
Bryan Skager	24th
Sandra Cofell	25th
Jerry Wilson	26th
Tanner Ball (TJ)	27th
Evelynn Bitz	27th
Jessica Feist	30th
Cole Svihovec	31st

ANNIVERSARIES

AUGUST

Winston & Barb Satran	10th
Dennis & Becky Rosenkranz	16th
Joe & Katherine Satrom	16th
Darin & Karmen Svihovec	17th
Larry & Peggy Hoge	19th
Rick & Lori Lee	21st
Nils & Joanne Pearson	26th
Mark & Sandra Ohlhauser	29th



Please let us know if we've made a mistake, omission or if you would prefer not to have your special day published.

~ Thank you ~

First Presbyterian Church

214 East Thayer Ave.

Bismarck, ND 58501

Phone: 701-223-6091

firstpresbyterian@fpcbismarck.com

www.fpcbismarck.com

Sunday Worship: 10:00 am

Office Hours: 8:00 am - 4:30 pm



Pastor

Rev. Dr. Leanne Simmons

Finance Assistant

Carol Thompson

Administrative Assistant

Maureen Chrest

Parish Nurse

Wanona Goetz

Youth Ministry Assistant

Marete Farver

Organists

Arvy Smith & Gail Snustad

Choir Director

Debi Rogers

Handbell Ensemble Director

Lael Hoerauf

Maintenance Manager

Tony Bartole

Audio/Visual Specialist

Josh Stokka

Membership Services

Judy Lentz

Child Care Center Director

Shawn Stettner

Child Care Center Asst. Director

Vanessa Hein

Nursery

Mary Jones

Christian Ed. Interns

Sophie Svihovec & Mark Jensen

AUGUST

2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 1:30pm Prayer Shawl Ministry 5:30pm VBS 6:30pm Scouts	2 No Prop. & Equipment 5:30pm VBS	3 5:30pm VBS	4 5:30pm VBS	5	6
7 10:00am Worship	8 5:30pm Proc. Worship & Music 6:30pm Scouts 7:00pm Proc. Christian Ed	9 5:30pm CCC Board	10	11 6:00pm Hospitality	12	13
14 10:00am Worship	15 Noon -Resource Management 1:30pm Prayer Shawl Ministry 5:00pm Admin. Personnel 6:30pm Scouts	16	17	18 7:00pm Deacon's	19	20
21 10:00am Worship  CHURCH FAMILY PICNIC at New Generations Park 1021 Mustang Dr.	22 6:30pm Scouts	23 2:00pm Presby Friends At Augusta Pl. 6:00pm Session	24	25 FIRST DAY BACK TO SCHOOL! 	26	27
28 10:00am Worship "BLESSING OF THE PETS"	29 6:30pm Scouts	30	31			



*God's way is
perfect.*

*All the Lord's
promises prove
true.*

*He is a shield for
all who look to Him
for protection.*

2 Samuel 22:31

FAMILY NEWS

PRAYER REQUESTS FOR YOUR HEALING TOUCH:

JERRY LINDBLOM

LEE DOOLITTLE

BERNIE SCHUE

DON BIGWOOD