

X-Press Yourself Full Schedule

2018 - 2019

WEEKDAY

	5:30 - 6:00	6:00 - 6:30	6:30 - 7:00	7:00 - 7:30	7:30 - 8:00	8:00 - 8:30	8:30-9:00
Monday	Studio A/B OPEN for Private	Jr. Elite Contemporary (Ms. Julie)		Drama Majors (Ms. Ernee)		Studio B OPEN for Private	
		Sr. Elite Contemporary (Mr. Rashan)		Elite Pre-Pointe (Ms. Ashley)		Studio A/B OPEN for Private	
Tuesday	Studio A/B OPEN for Private	Middle School Hip-Hop (Ms. Jasmine)		Vocal Majors (Ms. Tahira)		Upper School Hip-Hop (Ms. Jasmine)	
	Studio A/B OPEN for Private	Sr. Elite Ballet (Mr. Kareem)		Upper School Tap (Ms. Laura)		Studio B OPEN for Private	
Wednesday	Studio A/B OPEN for Private	Elite Acrobatics (Ms. Ashley)		Middle School Acrobatics (Ms. Kristen)		Studio A/B OPEN for Private	
		CD A/B (Ms. Kristen)		Studio B OPEN for Private	Studio B OPEN for Private		
Thursday	Studio A/B OPEN for Private	Sr. Elite Jazz (Mr. Demi)		Jr. Elite Jazz (Mr. Demi)		Studio A/B OPEN for Private	
		Jr. Elite Ballet (Ms. Fayette)		Studio B OPEN for Private	Studio B OPEN for Private	Studio A/B OPEN for Private	
Friday	Studio A/B OPEN for Private	Vocal (Ms. Tahira)		Drama (Ms. Ernee)			
		Studio B OPEN for Private	Lower School Acrobatics (TBD)		Studio B OPEN for Private	Studio B OPEN for Private	

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WEEKEND

	9:30 - 10:30	10:30- 11:30	11:30-12:30	12:30-1:30	1:30-2:30	2:30-3:30	3:30-4:30
Saturday	CDA (Ms. Jasmine)	CD B (Ms. Julie)	Lower School Tap (Ms. Julie)	Lower School Hip Hop (Ms. Jasmine)	Pre-Dance Sessions (Various Instructors)	Studio B OPEN for Private	Studio B OPEN for Private
	Intro Ballet (Ms. Fayette)	Intro Jazz (Ms. Jasmine)	Middle School Tap (Ms. Laura)	Level III Ballet (Mr. Demi)	Level III Jazz (Ms. Ashley)	Level I/II Ballet (Mr. Rashan)	Level I/II Jazz (Ms. Devon)

	2:30-3:30	3:30-4:30	4:30-5:30	5:30-6:30
Sunday	Elite Progressive Ballet Technique	Rehearsal (Please see monthly schedule)	Rehearsal (Please see monthly schedule)	Rehearsal (Please see monthly schedule)