

# Progressive Fitness, LLP

Standard 30 min

1 Client						
Clients	Months	Sessions/wk	Cost/Session	Total Sessions	Paid in Full (cash)	Paid monthly (+2.9%)
1	1	1	\$50.67	4	\$202.67	\$208.55
1	1	2	\$49.37	9	\$444.31	\$457.19
1	1	3	\$48.07	13	\$624.88	\$643.00
1	1	4	\$46.77	17	\$795.05	\$818.10
1	3	1	\$44.17	13	\$574.18	\$196.94
1	3	2	\$42.87	26	\$1,114.56	\$382.29
1	3	3	\$41.57	39	\$1,621.13	\$556.05
1	3	4	\$40.27	52	\$2,093.91	\$718.21
1	6	1	\$37.67	26	\$979.36	\$167.96
1	6	2	\$36.37	52	\$1,891.11	\$324.33
1	6	3	\$35.07	77	\$2,700.20	\$463.08
1	6	4	\$33.77	103	\$3,478.05	\$596.49
1	12	1	\$31.17	52	\$1,620.71	\$138.98
1	12	2	\$29.87	103	\$3,076.35	\$263.80
1	12	3	\$28.57	155	\$4,427.96	\$379.70
1	12	4	\$27.27	206	\$5,617.11	\$481.67

2 Clients						
Clients	Months	Sessions/wk	Cost/Session	Total Sessions	Paid in Full (cash)	Paid monthly (+2.9%)
2	1	1	\$57.17	4	\$228.67	\$235.30
2	1	2	\$55.87	9	\$502.81	\$517.39
2	1	3	\$54.57	13	\$709.38	\$729.95
2	1	4	\$53.27	17	\$905.55	\$931.81
2	3	1	\$50.67	13	\$658.68	\$225.93
2	3	2	\$49.37	26	\$1,283.56	\$440.26
2	3	3	\$48.07	39	\$1,874.63	\$643.00
2	3	4	\$46.77	52	\$2,431.91	\$834.15
2	6	1	\$44.17	26	\$1,148.36	\$196.94
2	6	2	\$42.87	52	\$2,229.11	\$382.29
2	6	3	\$41.57	77	\$3,200.70	\$548.92
2	6	4	\$40.27	103	\$4,147.55	\$711.31
2	12	1	\$37.67	52	\$1,958.71	\$167.96
2	12	2	\$36.37	103	\$3,745.85	\$321.21
2	12	3	\$35.07	155	\$5,435.46	\$466.09
2	12	4	\$33.77	206	\$6,956.11	\$596.49

3 Clients						
Clients	Months	Sessions/wk	Cost/Session	Total Sessions	Paid in Full (cash)	Paid monthly (+2.9%)
3	1	1	\$63.67	4	\$254.67	\$262.06
3	1	2	\$62.37	9	\$561.31	\$577.59
3	1	3	\$61.07	13	\$793.88	\$816.90
3	1	4	\$59.77	17	\$1,016.05	\$1,045.51
3	3	1	\$57.17	13	\$743.18	\$254.91
3	3	2	\$55.87	26	\$1,452.56	\$498.23
3	3	3	\$54.57	39	\$2,128.13	\$729.95
3	3	4	\$53.27	52	\$2,769.91	\$950.08
3	6	1	\$50.67	26	\$1,317.36	\$225.93
3	6	2	\$49.37	52	\$2,567.11	\$440.26
3	6	3	\$48.07	77	\$3,701.20	\$634.76
3	6	4	\$46.77	103	\$4,817.05	\$826.12
3	12	1	\$44.17	52	\$2,296.71	\$196.94
3	12	2	\$42.87	103	\$4,415.35	\$378.62
3	12	3	\$41.57	155	\$6,442.96	\$552.48
3	12	4	\$40.27	206	\$10,907.70	\$935.34

**Dietitian**

**Package 1 \$125**  
 Initial Consultation (60 minutes)  
 Meal Plan  
 One Follow-up visit (30 minutes)

**Package 2 \$275**  
 Initial Consultation (60 minutes)  
 Meal Plan  
 Three Follow-up visits (30 minutes)  
 Body Gem Testing

**Package 3 \$425**  
 Initial Consultation (60 minutes)  
 Meal Plan  
 Seven Follow-up visits (30 minutes)  
 Body Gem Testing

Extras

\$175 4 Follow-up visits (30 minutes)  
 \$325 8 Follow-up visits (30 minutes)  
 \$480 12 Follow-up visits (30 minutes)  
 \$60 One Follow-up visit (30 minutes)  
 \$55 Body Gem Testing  
 Free Body Fat Testing  
 Free 30 Minute Assessment