SENIOR MOMENTS

Morrow County's Monthly Newsletter APRIL 2020

Seniors on Center 41 W. Center St. Mt. Gilead, Ohio 43338 419-946-4191 Website: www.seniorsoncenter.org Center Hours Monday—Friday 8:00AM-4:30PM

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HAPPY EASTER, FROM ALL OF US AT SENIORS ON CENTER!

ACTIVITIES TO LOOK FORWARD TO!



EUCHRE THURSDAY, APRIL 2ND, 9TH, 16TH, 23RD, & 30TH Starting at 11:00AM, join us for

a progressive game of Euchre. Lunch break will be from 12:00-12:30PM. Please remember to make lunch reservations by 1:00PM on the day before!



SCIOTO DOWNS THURSDAY APRIL 9TH & 23RD

be leaving Kroger at 8:45 AM.

ar-

and rive

We will

home around 4:00PM. The cost is \$15.00 for members and \$20.00 for non-members. Come along for a good time! Hurry and signup this trip usually fills up fast.

SENIOR CENTER SINGERS

TUESDAY, APRIL 14TH

WOOD-TUESDAY,

APRIL 21ST KINGSTON

Are you a singer? If so, plan to join our Senior Center Singers.

COFFEE, COOKIES & CONVERSATION



FRIDAY APRIL 10TH

If you were unable to join Terri last month, and would like to talk to her about upcoming events, come in for lunch at 12:00PM followed by Coffee, Cookies and

All Activities with the source of the source Join us from 1:00-3:00PM for an game of Bingo. The March 3rd Bingo will be a Deli Lunch and Bingo. Please, **RSVP** by April 6th, at 1:00PM **MUSIC** AND MEAL

BINGO **TUESDAY, APRIL 7TH** FRIDAY, APRIL 3RD, **KINGSTON &**

TUESDAY, APRIL 28TH, WHITE ELE-

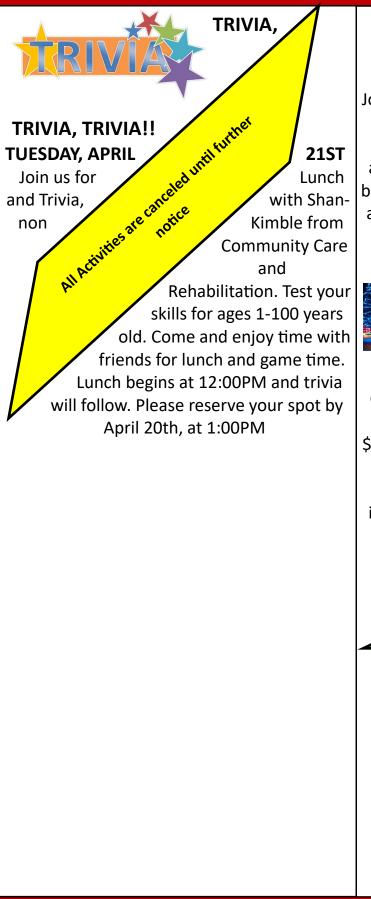
PHANT

MON-DAY, APRIL 6TH, 13TH, 20TH & 27TH Each week, we meal with live music have a to follow. This begins at 5:00PM. Please call by Friday before 1:00PM, to re-

PAGE 2

MORROW COUNTY SENIOR MOMENTS

ACTIVITES TO LOOK FORWARD TO!



CLIPPERS BASEBALL GAME DIME A DOG NIGHT TUESDAY JUNE 9TH

Join us for Dime a Dog Night at the Clippers Baseball Game. Cost for this trip is \$20.00 for members

and \$25.00 for non-members. All money will be due by May 21st. We will be leaving Kroger at 4:00PM. Tickets are limited. Please call the center or stop in to reserve your spot.



OGLEBAY & CABELLAS' SATURDAY, DECEMBER 5TH

Would you like to go to Oglebay and see the Christmas lights? We are taking reservations now. This trip is \$60.00 for members and \$75.00 for non-members. A deposit of \$25.00 is due by September 1st. The remaining amount will be due October 15th. More information will be given once we get closer to the date.





MORROW COUNTY SENIOR MOMENTS

IMPORTANT INFORMATION

CORONAVIRES

There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus. However, as a reminder, CDC always recommends everyday preventive actions to help prevent the spread of respiratory diseases, including:

* Avoid close contact with people who are sick.

*Avoid touching your eyes, nose, and mouth.

*Stay home when you are sick.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease

to others. The use of facemasks is also crucial for health workers and people who are taking care of someone in close settings (at home or in a health care facility).

Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.

If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

FUN AND GAMES

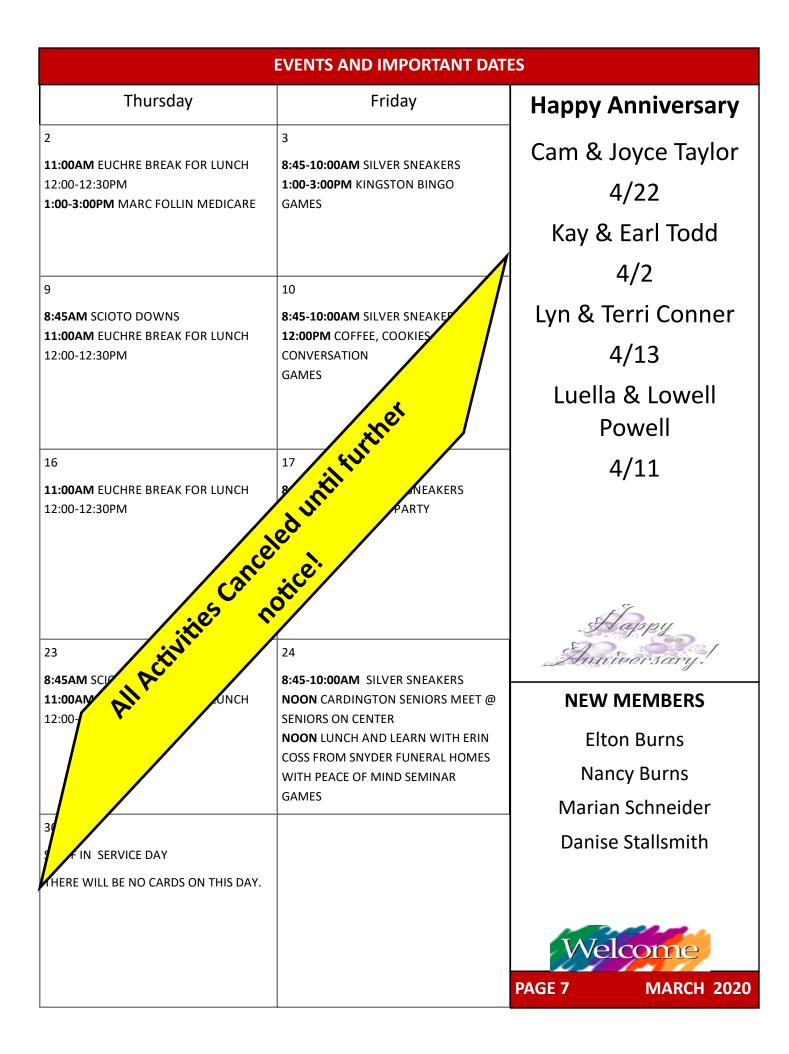
Spring Flowers of Ohio

| J | Μ | U | A | С | Н | 1 | 0 | Ν | 0 | D | 0 | × | A | L | BRUNCHFLOWER PANSY |
|---|---|---|---|--------------|---|---|---|---|--------|---|---|--------------|---|--------|-----------------------|
| Q | R | 5 | R | \mathbb{W} | 5 | С | 1 | L | L | A | т | \mathbb{W} | D | \vee | BUTTERFLYWEED PEONIES |
| u | и | H | u | Y | Т | Ν | R | R | т | Ν | 0 | E | J | E | CHIONODOXA PRIMROSE |
| V | × | Т | 5 | Q | u | L | E | E | K | и | E | Z | В | 5 | CONEFLOWER SCILLA |
| F | Q | N | H | K | L | 1 | W | W | \vee | W | P | N | Ν | 0 | CROCUS SNOWDROP |
| 1 | A | 1 | P | u | 1 | L | 0 | 0 | Y | D | W | M | 5 | R | DAFFODIL TULIP |
| P | P | С | Ρ | Z | Ρ | A | L | L | D | A | M | u | N | M | DOGWOOD |
| A | E | A | В | M | 5 | С | F | F | 0 | F | V | 5 | 0 | 1 | HYACINTHS |
| 1 | 0 | Y | C | Z | R | R | E | H | 0 | F | D | С | W | R | IRIS |
| L | N | H | C | 0 | E | J | N | C | W | 0 | E | A | D | P | LILAC |
| 0 | 1 | D | С | т | F | В | 0 | N | G | D | С | R | R | u | Lotus |
| N | E | u | т | W | 5 | 5 | C | u | 0 | 1 | L | 1 | 0 | 1 | MAGNOLIA |
| G | 5 | u | В | т | P | 1 | u | R | D | L | A | W | P | В | MILKWEED |
| A | В | Z | D | E | F | Н | R | в | 5 | u | т | 0 | L | M | MUSCARI |
| M | 1 | L | K | W | E | E | D | 1 | D | 1 | H | C | R | 0 | ORCHID |

I've been to a lot of places, but I've never been in Cahoots. Apparently you can't go alone, you have to be in Cahoots with someone. I've also never been in Cognito, either. I hear no one recognizes you there. I have, however, been in Sane. They don't have an airport, you have to be driven there. I have made several trips. Jessica Scott delivering meals to clients and trying to brighten their day. Thanks Jessica for making everyone smile.



| E | EVENTS AND IMPORTANT DATE | S |
|--|--|---|
| Monday | Tuesday | Wednesday |
| | | 1 8:45-10:00AM SILVED 11:00AM GAMES 12:00-12:30P |
| 6 | 7 | |
| 8:45-10:00AM SILVER SNEAKERS 5:00PM MEAL, MUSIC BY THE COUNTRY TRAVELERS | 9:00AM MARENGO/FULTON SENIO MEETING AT LEGACY 1:00-3:00PM BINGO WITH P | G |
| 13 | | |
| 8:45-10:00AM SILVER SNEAKERS NOON MARENGO/FULTON SENIORS MEETING AT AMERICAN LEGION HALL 5:00PM MEAL, MUSIC BY THE MOND NIGHT RAMBLERS | 1:00-3:00PM BINGO WITH P 14 14 12:0 CONCEPTION 14 12:0 CONCEPTION 14 14 12:0 CONCEPTION 14 14 12:0 CONCEPTION 14 14 12:0 CONCEPTION 14 14 12:0 CONCEPTION 14 14 12:0 CONCEPTION 14 14 12:0 CONCEPTION 14 14 12:0 CONCEPTION 14 14 14 14 14 14 14 14 14 14 | 5-10:00AM SILVER SNEAKERS 11:00AM GAMES BREAK FOR LUNCH 12:00-12:30PM 11:30-1:00 ST PATRICKS DAY PARTY |
| 20 | <u>▼ /</u> | 22 |
| 8:45-10:00 5:00PM | LUNCH AND TRIVIA PM SPARTA GOOD TIME SENIORS EET @ HIGHLAND PIZZA 2:00-3:00PM CHOIR GOING TO KINGSTON CENTER, MEETING AT THE CENTER AT 1:15PM | 8:45-10:00AM SILVER SNEAKERS 11:00AM GAMES BREAK FOR LUNCH 12:00-12:30PM |
| 27 | 28 | 29 |
| 8: SNEAKERS MMODITIES , MUSIC BY THE COUNTRY | 9:00AM-NOON COMMODITIES 1:00-3:00PM BINGO—WHITE ELEPHANT | 8:45-10:00AM SILVER SNEAKERS 11:00AM GAMES BREAK FOR LUNCH 12:00-12:30PM |
| | | |



Due to the COVID-19 Coronavirus we are canceling all activities until further notice. We are trying to do what is best for our clients and keep everyone safe and healthy. Thank you for your cooperation and understanding.

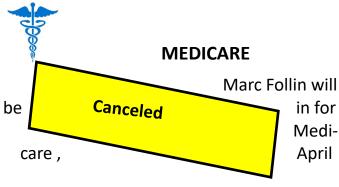
SERVICES/CLUBS

LEGAL AID

Karen McVay is available (by appointment only) to assist you



in any legal questions you may have. Please give her a call and set up your appointment today! 740-383-2161



HOME DELIVERED MEALS

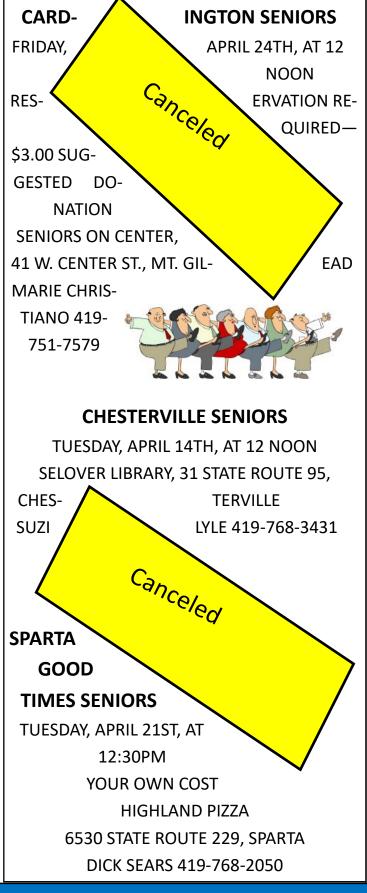
A delivery of 5 frozen meals will be delivered weekly until further notice.

LUNCH AT SENIORS ON CENTER

Until further notice, no meals will be served at the center. If you are in need of a noon meal, please call us for more details.



Handicap accessible transportation for doctor appointments, grocery shopping, therapy, etc.. is available. Transportation for medical appointments outside the county can usually be arranged with a 48 hour notice



MORROW COUNTY SENIOR MOMENTS

| MENU (SUBJECT TO CHANGE) | | | | | | | | |
|--|--|---|-------------------|------------|--|--|--|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | | | | |
| PLEASE RSVP THE DAY BEFORE BY 1:00PM. IF ORDERING FOR MONDAY YOU MUST CALL FRIDAY BY 1:00PM | Menu ingredient information may be obtained by contacting the Senior Center Nutrition Department 419-946-4191 | 1 | 2 | 3 | | | | |
| 6 | 7 | 8 | 9 | 10 | | | | |
| Five frozen meals will be delivered to our homebound clients every Monday until further notice. | | In the event that you are in need during this time of crisis, please call and let us know if we can assist you with frozen meal options. | | | | | | |
| 13 | 14 | 15 | 16 | 17 | | | | |
| Five frozen meals will be delivered to our homebound clients every Monday until further notice. | | | | | | | | |
| 20 Five frozen meals will be delivered to our homebound clients every Monday until further notice. | 21 | 22 | 23 | 24 | | | | |
| 27 Five frozen meals will be delivered to our homebound clients every Monday until further notice. | 28 | 29 | 30 | | | | | |
| PAGE 10 | LUNC | H IS SERVED MON | -FRI. 11:30-12:30 | MARCH 2020 | | | | |

HAPPY BIRTHDAY

Mary Ackerman Paul Hinkle Joyce Stutler Deborah Utt Joan Jagger Sarah Adams Karen Lashley Jean Baughman Helen Bowersmith Janet Miller Ray Brenneman Clara Morgan Dorothy Burggraf Norbert Neutzling Helen Collins Juanita Piercy Paul Collins June Raney Terri Conner **Doyle Rogers** Lois Rogers Bonnie Counts Mary Scheiderer Mike Drake Wilma Fulk John Scroggins Carl Grose *

This Newsletter is published by:

Morrow County Services for Older Citizens, Inc. dba Seniors on Center 41 West Center Street Mt. Gilead, OH 43338 NON-PROFIT STD. U.S. POSTAGE PAID MT. GILEAD, OH 43338

PERMIT #14

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| Gill U | Illom (Treas.) | Geri Park | Ray Dietz | Warren Davis | | | | |
| Linda | Ruehrmund (Sec.) | Pat Rinehart | | | | | | |
| | | | | | | | | |

MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC. 419.946.4191 * 419.946.1037 facsimile

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.