



2019 Reagan Cross Country Schedule

<u>Date</u>	<u>Event</u>	<u>Location</u>
Thurs. Aug. 1 st	First Official Practice	CG Hill 7am
Mon. Aug. 5 th	2 Mile Time Trial*	Reagan HS Track
Sat. Aug. 24 th	Providence Inv.	McAlpine Park
Weds. Aug. 28 th	Norm Trzaskoma Inv.*	Ivey M. Redmon Park
Sat. Sept. 7 th	Knights Crossing Inv.	Green Hill Park, Salem VA
Sat. Sept. 21 st	Adidas XC Challenge	Wake Med Park, Cary NC
Weds. Sept. 25 th	CPC Meet #1*	Ivey M. Redmon Park
Weds. Oct. 2 nd	CPC Meet #2*	Ivey M. Redmon Park
Sat. Oct. 5 th	Hagan Stone Classic*	Hagan Stone Park
Weds. Oct. 9 th	CPC Meet #3*	Ivey M. Redmon Park
Sat. Oct. 12 th	NCRunners Elite Inv.	Ivey M. Redmon Park
Weds. Oct. 23 rd	CPC Championship*	Ivey M. Redmon Park
Mon. Oct. 28 th	JV Coaches Challenge*	Reagan HS Track
Sat. Nov. 2 nd	4A Midwest Regional	Ivey M. Redmon Park
Sat. Nov. 9 th	4A State Championship	Ivey M. Redmon Park

*All team members participate

Head Coach – Eric Fritz
Assistant Coach – Matt Fossa