

# TWO LAKES TRAIL, Oct. 16, 2010

## Montgomery Bell State Park, Burns, TN

144 Finishers. John Spencer, Race Director

Place	First	Last Name	Age	Ovl	Time	Home Town
<b>Overall Men</b>						
1	Alex	Moore	27	1	<b>0:49:27</b>	Nashville
2	David	Hudson	33	2	<b>0:49:58</b>	White Bluff
3	Scott	Fanning	39	3	<b>0:51:36</b>	Lebanon
<b>Overall Women</b>						
1	Ashley	Evans	24	17	<b>1:01:37</b>	Jackson
2	Mary Ann	Baker	40	19	<b>1:02:51</b>	Boise, ID
3	Theresa	Saupe	48	22	<b>1:03:39</b>	Murfreesboro
<b>Masters Men</b>						
1	Keith	Woodall	48	8	<b>0:57:51</b>	Springfield
2	William	Harwood	45	11	<b>0:59:48</b>	Brentwood
3	James	Turner	44	16	<b>1:01:34</b>	Bumpus Mills
<b>Masters Women</b>						
2	Sherrie	Giles	52	43	<b>1:13:11</b>	Franklin
3	Stephanie	Hatcher	41	47	<b>1:13:50</b>	Dickson
<b>Age Group Awards</b>						
<b>F 10-14</b>						
1	Emma	Moore	14	45	<b>1:13:12</b>	Hermitage
2	Sarah Jane	Burfield	14	46	<b>1:13:48</b>	Mt. Juliet
3	Evelyn	Turner	12	73	<b>1:22:43</b>	Bumpus Mills
4	Lauren	Alexander	14	117	<b>1:46:42</b>	Mt. Juliet
<b>F 15-19</b>						
1	Samantha	Ziembra	17	80	<b>1:24:27</b>	Hermitage
2	Laureen	Shuber	15	116	<b>1:46:41</b>	Nasville
<b>F 20-24</b>						
1	Allison	Green	23	89	<b>1:26:30</b>	Whitehouse
2	Lanea	Sudweeks	24	90	<b>1:26:57</b>	Clarksville
3	Deborah	Steadings	23	134	<b>2:12:17</b>	
<b>F 25-29</b>						
1	Kryssi	Heckman	29	59	<b>1:18:04</b>	Brentwood
2	Andrea	Hafner	28	96	<b>1:32:39</b>	Mcewen
3	Jackie	Green	26	122	<b>1:48:13</b>	Princeton, KY
<b>F 30-34</b>						
1	Meghan	Swan	30	33	<b>1:09:19</b>	Nashville

2	Shana	Thornton-Morri	34	70	1:21:24	Clarksville
3	Melanie	Hall	30	77	1:23:37	Nashville
4	Ingrid	Anderson	33	98	1:33:32	Nashville
5	Holly	Bishop	31	108	1:37:03	Nashville
6	Meredith	Graham	30	118	1:46:48	Brentwood
7	Faith	Owen	32	125	1:54:29	Charlotte
8	Jennifer	Howington	33	130	2:09:35	Dickson
9	Heather	Gustin	33	135	2:34:15	Princeton, KY
10	Tiffany	Evans	31	140	2:51:00	Paris
11	Amy	Williams	33	141	2:51:00	Camden
12	Carey	Monsue	32	142	2:51:00	Dickson

#### F 35-39

1	Jamie	Abbott	36	25	1:05:30	Gallatin
2	Hope	Robinson	37	71	1:22:24	Murfreesboro
3	Caroline	Duley	35	124	1:51:40	Nashville
4	Melissa	Mothershead	35	132	2:12:00	Nashville

#### F 40-44

1	Lisa	Zaccarelli	41	51	1:16:33	Nashville
2	Jill	Mersman	43	74	1:22:48	Burns
3	Jennifer	Whitley	43	82	1:24:42	Murfreesboro
4	Jennifer	Stone	43	95	1:31:39	Nashville
5	Paula	McGown	44	103	1:35:44	Whitebluff
6	Carrie	Simpson	44	104	1:35:54	Dickson
7	Aireann	Mitchell	41	107	1:37:01	White Bluff
8	Jacquelyn	Griffin	40	126	1:56:51	Charlotte
9	Noel	Wilcutt	43	127	1:56:52	Pegram
10	Davinia	McComb	40	128	1:56:52	Gallatin
11	Nicki	Davis	44	139	2:46:38	Hermitage
12	Elaine	Luther	41	144	2:52:14	Medina

#### F 45-49

1	Heidi	Casey	45	67	1:20:52	Hendersonville
2	Chris	Seat	46	102	1:35:35	Antioch
3	Joyce	Gifford	49	112	1:43:29	Mcewen
4	Dorothy	Galloway	48	114	1:45:03	Woodlawn
5	Suzanne	Wehner	45	143	2:52:10	Medina

#### F 50-54

1	Kathy	Wysiadlowski	50	62	1:19:09	Lexington
2	Patty	Lewis	50	85	1:25:28	Fairview
3	Becky	Pommer-Jones	51	94	1:30:33	Nashville
4	Catherine	Hensley	51	99	1:33:40	Unionville
5	Vickie	Green	54	113	1:44:43	Mt.juliet
6	Mary Kay	Fisher	52	123	1:50:40	Goodlettsville

**F 55-59**

1	Patricia	Cole	58	106	<b>1:36:30</b>	Goodlettsville
2	Brenda	Duke	57	109	<b>1:37:39</b>	Dickson
3	Floy	Shipp	55	129	<b>1:57:23</b>	Centerville
4	Beverly	Parrish	56	134	<b>2:23:02</b>	Old Hickory

**F 65-69**

1	Amelia	Wallace	69	93	<b>1:29:30</b>	Clarksville
2	Rebecca	Gardner	66	131	<b>2:12:00</b>	Nashville
3	Marie	Threadgill	67	133	<b>2:17:46</b>	Wildersville

**M 10-14**

1	Andrew	Hunter	13	28	<b>1:05:57</b>	Mt. Juliet
2	Cameron	Willcutt	14	39	<b>1:12:14</b>	
3	Tyerell	Hughes	13	55	<b>1:17:13</b>	Roan Mountain
4	Rafael	Adame	12	57	<b>1:17:59</b>	Antioch
5	Gavin	Maness	14	97	<b>1:33:23</b>	Lexington

**M 15-19**

1	Josh	Erhard	19	5	<b>0:56:28</b>	Gallatin
2	Alan	Harris	18	20	<b>1:03:19</b>	Mt. Juliet
3	Hunter	Anderson	17	44	<b>1:13:11</b>	Mt.juliet

**M 20-24**

1	William	Hale	24	12	<b>0:59:57</b>	Nashville
2	Daniel	Spencer	23	38	<b>1:12:11</b>	Jackson
3	Neil	Winter	23	58	<b>1:18:00</b>	Nashville
4	Benjamin	Rawlins	23	84	<b>1:25:12</b>	Nashville
5	Alex	Patterson	20	87	<b>1:26:26</b>	Nashville
6	Mark	Sudweeks	24	91	<b>1:26:57</b>	Clarksville
7	Charles	Evans	20	100	<b>1:33:48</b>	Jackson

**M 25-29**

1	Andrew	Wisniewski	28	10	<b>0:59:33</b>	Nashville
2	Sandor	Szilvasi	26	23	<b>1:04:37</b>	Nashville
3	Anthony	Scanio	29	24	<b>1:04:41</b>	Kingstonspri
4	Daniel	Hudgins	25	36	<b>1:10:32</b>	Nashville
5	L. Wilson III	McCoy	27	79	<b>1:24:13</b>	Clarksville
6	Cory	Baker	28	88	<b>1:26:29</b>	Hendersonville

**M 30-34**

1	T.R.	Parker	30	4	<b>0:54:25</b>	Jackson
2	Juracz	Laszlo	32	6	<b>0:57:20</b>	Nashville
3	Graham	Hemmingway	34	9	<b>0:58:18</b>	Nashville
4	Peter	Volgyesi	33	13	<b>0:59:57</b>	Nashville
5	Joshua	Thurman	33	14	<b>1:00:24</b>	Nashville
6	Csaba	Toth	33	15	<b>1:01:28</b>	Nashville

7	Phil	Zimmerman	32	21	<b>1:03:21</b>	Nashville
8	Nathan	Roach	30	30	<b>1:07:12</b>	Nashville
9	Joseph	Nance	32	37	<b>1:11:35</b>	Murfreesboro
10	Tom	Hall	34	81	<b>1:24:33</b>	Nashville
11	Phillip	Shoenholz	34	86	<b>1:26:19</b>	Goodlettsville

#### M 35-39

1	Josh	Lind	39	7	<b>0:57:39</b>	Kingston Springs
2	Jason	Hubbard	36	42	<b>1:12:51</b>	Clarksville
3	Ronas	Mendez	35	52	<b>1:16:35</b>	Antioch
4	Jerry	Kettles	38	56	<b>1:17:25</b>	Nashville
5	Garth	Branch	39	65	<b>1:20:08</b>	Clarksville
6	Tom	Heckman	39	66	<b>1:20:52</b>	Brentwood
7	Derek	Truelove	37	138	<b>2:46:36</b>	Lebanon

#### M 40-44

1	James C.	Maness	42	40	<b>1:12:31</b>	Lexington
2	Matthew	Smart	40	48	<b>1:14:10</b>	Lebanon
3	Scot	Crocker	40	50	<b>1:16:17</b>	Hollow Rock
4	Scott	Burgan	44	53	<b>1:16:58</b>	Kingston Springs
5	Hank	Saupe	44	92	<b>1:27:31</b>	Murfreesboro

#### M 45-49

1	Johann	Murray	48	26	<b>1:05:51</b>	Nashville
2	Terry	Hughes	46	31	<b>1:08:40</b>	Roan Mountain
3	Tim	Runions	47	34	<b>1:09:32</b>	Hollow Rock
4	James	Anderson	49	75	<b>1:23:01</b>	Franklin
5	David	Rochelle	48	119	<b>1:46:52</b>	Centerville

#### M 50-54

1	Jonathan	Thorndike	50	29	<b>1:07:00</b>	Franklin
2	Randall	Thompson	50	32	<b>1:09:15</b>	Goodlettsville
3	Richard	Robinson	51	35	<b>1:10:00</b>	Westfield, IN
4	Kevin	Wood	50	49	<b>1:15:34</b>	Springfield
5	Jeff	Seat	50	60	<b>1:18:09</b>	Antioch
6	Jack Jr.	Sparks	53	68	<b>1:20:53</b>	Paris
7	Jim	Jones	51	78	<b>1:24:09</b>	Munford

#### M 55-59

1	Kirk	Pierret	58	18	<b>1:01:42</b>	Franklin
2	Guy	Giles	59	41	<b>1:12:50</b>	Knoxville
3	Greg	Gann	55	54	<b>1:16:58</b>	Kingston Springs
4	Paul	Vondohlen	58	61	<b>1:18:27</b>	Vanleer
5	Lee	Riley	56	64	<b>1:19:39</b>	Columbia
6	David	Kelly	57	69	<b>1:21:09</b>	Big Sandy
7	Larry	Woody	56	83	<b>1:24:58</b>	Columbia
8	Ronnie	Thornton	55	101	<b>1:34:27</b>	Burns

<b>9</b>	Randy	Cole	57	105	<b>1:36:22</b>	Goodletsville
<b>10</b>	David	Bordenkircher	57	115	<b>1:45:04</b>	Nashville

**M 60-64**

<b>1</b>	James	Paulus	62	72	<b>1:22:39</b>	Burns
<b>2</b>	Donald	Armstrong	62	110	<b>1:39:44</b>	Dickson
<b>3</b>	Gerry	Byrne	63	120	<b>1:47:17</b>	Germantown
<b>4</b>	Monte	Lowe	63	121	<b>1:48:00</b>	Cookeville

**M 65-69**

<b>1</b>	J.C.	Kelley	65	27	<b>1:05:54</b>	Baxter
<b>2</b>	John	Otto	68	76	<b>1:23:10</b>	Old Hickory

**M 70+**

<b>1</b>	Gary	Anderson	70	63	<b>1:19:32</b>	Lebanon
<b>2</b>	Edward	Casey	74	111	<b>1:40:33</b>	Nashville
<b>3</b>	Charles	Sharp	74	136	<b>2:45:02</b>	Murfreesboro
<b>4</b>	Ivy	Evans	76	137	<b>2:45:21</b>	Corinth, MS