



The Birch Lane PTA and Staff will be recognizing

Red Ribbon Week

Monday 10/21- Friday 10/25

The Red Ribbon Campaign is the oldest and largest drug prevention program in the Nation and a way for people and communities to unite by making healthy choices. The campaign offers the perfect opportunity to promote the importance of living healthy to children in homes, schools, and communities. This year's theme, ***Send A Message. Stay Drug Free.*** is a wonderful, positive message to share.

The Birch Lane PTA, along with Birch Lane administration and staff, is asking for all of our students to join together as a school community to demonstrate our commitment to living a healthy lifestyle. The Birch Lane PTA has purchased bracelets for all students that include a message to live a healthy lifestyle. These bracelets will be distributed to students on Monday, October 21st and we ask that students wear their bracelets to school during the week of October 21st. In addition, we invite all students to show their commitment by participating in the activities listed below during the week of October 21st.



Monday 10/21	Tuesday 10/22	Wednesday 10/23	Thursday 10/24	Friday 10/25
<p>Wear your School colors (blue & White)</p> <p><i>As a school family, we are committed to a healthy lifestyle.</i></p> 	<p>Wear Team Gear</p> <p><i>As a team, we are committed to a healthy lifestyle.</i></p> 	<p>Bring Vegetables or Fruit for Snack or with your Lunch</p> <p><i>Show your commitment to live a healthy lifestyle!</i></p> 	<p>Wear workout clothes</p> <p><i>Show your commitment to live a healthy lifestyle!</i></p> 	<p>Wear Red</p> <p><i>In recognition of Red Ribbon Week</i></p> 

Send a Message. Stay Drug Free.