

# **JOIN US**



### **OC Swim Club Unified Team Prone Paddling and Swimming**







#### "Unity is strength...when there is teamwork and collaboration, wonderful things can be achieved." M Stepanek

The OC Swim Club under the leadership of professional lifeguard, coach and waterman, Bruckner Chase, has partnered with Bacharach Institute for Rehabilitation to create new opportunities for every member of our community to take part or compete in pool and open water paddling and swimming in South Jersey. The instructors include ocean lifeguards, swim coaches, physical therapists and experts in adaptive training who are passionate about positively impacting the quality of life for all participants and helping them overcome any challenges keeping them from joining others in the water.

Unified Team Video on Vimeo: https://vimeo.com/122209287

TUESDAY NIGHTS 8:30 - 9:30 PM, OCEAN CITY AQUATICS & FITNESS CENTER SUNDAYS {MAY - AUGUST} - ALTERNATING EACH WEEK WITH TIDES 11-12:30 / 4-5:30, BEESLEY'S POINT BEACH, UPPER TOWNSHIP

For more info: www.oceancityswimclub.org - Unified Team – Advanced notification requested prior to attending

Contacts - Bruckner Chase: synthesis@brucknerchase.com, 831-345-9550; Becky McGill: rmcgill@bacharach.org, 609-442-4546



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