



Chronic Pain Solutions:

*Complementary & Alternative Medicine -
Backed by Mainstream Science & Technology*

Dr. Donald Liebell, D.C., B.C.A.O.

477 Viking Drive #170 Virginia Beach, VA 23452

(757) 631-9799 www.NeckSecret.com

Guidelines for Bio-energetic Auricular Medicine Evaluation

- ✚ **Prior to entering Dr. Liebell's exam room, please remove all jewelry and any metal objects.** This includes watches, earrings and anything else that may physically or electrically obstruct examination.
- ✚ **If your hair covers your ears, please put it in a hair holder of some kind, to reveal your ears for examination.**
- ✚ **Avoid all food and drink 20 minutes BEFORE examination** (this includes water).
- ✚ **Continue to take conventional Western medication prescribed by other physicians. However if possible, avoid taking such medications 2 hours prior to your Auricular Medicine evaluation.**
- ✚ **Avoid if possible, 2 hours prior to your exam, taking any: supplements, homeopathic formulas, herbs, (especially mint), chocolate, coffee and herbal teas—these substances could interfere with energetic findings and render evaluation less effective.**
- ✚ **Please do not wear perfume or cologne.**
- ✚ **Turn your cell phone OFF.**