



INTERIM SETTLEMENT AGREEMENT – WHAT YOU NEED TO KNOW!

WHAT IS THE INTERIM SETTLEMENT AGREEMENT?

The Interim Settlement Agreement provides that persons with serious mental illnesses (SMI), who currently live in a Personal Care Home (PCH) or who are at risk of entry into a PCH, and who qualify for the state supplement shall be provided services in the most integrated setting. You also can now use your state supplement funding in the community to prevent institutionalization. What this means is that you have a choice of where you live and what services you receive to meet your needs.

WHO IS ELIGIBLE?

You are eligible if you:

- Are at least 18 years old
- Currently reside in a PCH or are at risk of residing in a PCH
- Receive or are eligible to receive the state supplement
- Have a serious mental illness
- Do or do not have a guardian, but your guardian must agree

WHAT SERVICES ARE AVAILABLE?

The descriptions of these services are based on Kentucky's Department of Behavioral Health's services definitions.

Supportive Housing is a service where the Community Mental Health Center (CMHC) team can assist you with locating housing, applying for housing benefits and making applications. You will choose housing from available options. There are also services such as housekeeping, shopping, meal planning, cooking, use of public transportation, money management, medication self-management and grooming, emergency services and community participation through development of your person centered plan.

Assertive Community Treatment (ACT) is a service where the CMHC ACT team develops a plan for services that have been specially designed with your needs and current functioning at its heart. The idea is that a team of providers, including a peer support specialist, will work together to help you meet your ongoing and emergent needs in your own home in the community.

Case Management is a service where a professional assists clients to get needed medical, educational, social services and other supports by completing a needs assessment, developing a treatment plan and then coordinating, monitoring and advocating for services.

Supported Employment is a service where you can be assisted in obtaining employment in a competitive job market. They will help you to achieve specific employment goals defined in your individualized plan. They can help you with job development, job selection, job acquisition and with long term support and follow up after you start working.

Mobile Crisis Services involve all support, services and treatments necessary to provide integrated crisis response, crisis stabilization interventions, and crisis prevention activities. These services are available to you 24 hours a day, seven days a week, and 365 days a year. Crisis response provides assessment, triage and access to acute treatment and supports in an effort to reduce your symptoms, risk of harm and manage your crisis. This service includes the making of a crisis plan to prevent future crisis.

Peer Support Services are social and emotional supports which are structured, non-clinical but therapeutic activities with individual clients (or groups) provided by a self-identified consumer of behavioral health services (a person who has a mental illness) who has been trained and certified. Services promote socialization, recovery, self-advocacy, preservation, and enhancement of community living skills for the client.

WHO PROVIDES THE SERVICES?

Kentucky has fourteen regional CMHCs. The CMHCs are providing in reach services to PCH residents who want to move into the community. Each CMHC will have an ACT team and hire staff to provide the other services. The CMHC is responsible to evaluate PCH residents to determine eligibility for services and to help PCH residents who want to move out make a person centered plan.

WHO DO I CONTACT TO RECEIVE SERVICES?

Department of Behavioral Health, Adult Services Branch

1-800-374-9146

Press 1 for English, and then press 8 for the Interim Settlement Agreement. A recorded voice will answer and the caller can leave their name and phone number and someone will call you back.

You can also fill out the form on the Internet at: <https://dbhdid.ky.gov/ISA>

If you have any questions or concerns you can call Protection & Advocacy at 1-800-372-2988