

# CLASS SCHEDULE Fall 2016



## Triple T Sports Center

619 E. Constance Rd

Suffolk, VA 23434


(757)923-5150 f (757)923-5185

tttgym.com email : tttgym@msn.com

\$35 annual registration due at  
sign up for all students.

Monthly tuition due on the first  
\$10 late fee after the 10th

20% sibling discount on tuition

Girls Gymnastics	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cubs - Parent & Tot (girls& boys)		6:00-7:00				9:30-10:30
Tumble Tots (3yr)	10:00-11:00am			6:00-7:00		10:30-11:30
Bouncing Bears (4-5 yr)	11:00-12:00pm 5:30-6:30	5:00-6:00	5:00-6:00	5:30-6:30	5:00-6:00	10:30-11:30
Leaping Lions (6-10yr) Homeschool classes will resume Sept 6th	10:-11:00am 6:00-7:00pm 7:00-8:00pm	6:00-7:00 7:00-8:00	10:00-11:00am 6:00-7:00pm 7:00-8:00pm	5:30-6:30	4:00-5:00 6:00-7:00	10:30-11:30
Cougars (11-17)		7:30-8:30pm				
Fitness (coed)			5:00-6:00		7:30-8:30	
Boys Gymnastics						
Beginner Boys (3-5 yr)			5:00-6:00			9:00-10:00
Beginner Boys (6-10yr)						10:00-11:00
Fitness (coed)			5:00-6:00		7:30-8:30	
Cheer						
Private Team Tumble	8:00-9:00					
Tumble (8-17)			7:30-9:00			
Taekwondo (both days)						
Ages 4 1/2 - Adult		6:00-7:30		6:00-7:30		
Open Gym (no preregistration required)						
					7:00-9:00	
Dance - will be registering beginning of Aug for						
Types of Dance Classes Offered: Mommy & Me (18m - 2.5yr) Creative Movement (2.5-3.5) Pre-Ballet (4-5yr) Jr Ballet (6-8yr) Hip Hop (6-9 yr) Adv Hip Hop (10+) Jr. Tap (5-7yr)	<b>Ballet/Tap Combo (5-7yr)</b> 10:00-11:00am <b>Mommy &amp; Me</b> 11:00-11:45am <b>Pre-Ballet (4-5yr)</b> 4:15-5:00pm <b>Jr. Ballet (6-8yr)</b> 5:00-6:00pm	<b>Jr. Tap (5-7yr)</b> 5:00-6:00pm	<b>Ballet (Ages 5-17)</b> <b>10:00-11:00</b> <b>Hip Hop</b> <b>11:00-12:00</b> <b>Inter/Adv Hip Hop</b> 6:00-7:00pm	<b>Hip Hop (6-9yr)</b> 5:00-6:00pm		<b>Creative Movement</b> <b>Ballet/Tap combo (2.5-3.5 yr)</b> 10:00-11:00am <b>Pre-Ballet (4-5yr)</b> 11:00-12:00pm
	7:30-8:30 (9-11yr)	5:30-6:30 (3-5yr) 6:30-7:30 (6-8yr)		5:30-6:30 (6-8yr)	4:30-5:30 (3-5 yr)	

## NOW REGISTERING FOR SPRING BREAK & SUMMER CAMP

### Class fees:

45 minute	\$40
1 hour	\$45
1 1/2 hour	\$70
Taekwondo	\$60
Ninja Zone	\$50

### Monthly

### Open Gym

\$5 members  
\$10 Non members  
\$7 siblings

2 week written notice  
required for withdrawal  
for all programs/classes