

Parents Must be United...

By Dr. Douglas Keffer

I talk with so many parents that have to deal with the consequences of them not being united when it comes to parenting their child or children. I see how families are torn apart when the children learn that they can manipulate their parents in getting them to do what they want them to do. They know they can out last the parent or parents when all they have to do is keep badgering their parents on the issue they want to win at. This can be in so many ways, from the child wanting the newest cell phone because all their friends have gotten theirs. It doesn't matter that that could mean that the family would have to do without something in order to get the phone. Then there are the times that parents put expectations into place about their children being responsible for domestic duties. The schedule is put on the frig and it looks great, all color-coded depicting what each child is responsible for. It is to go into effect on Monday morning. Monday morning comes and goes and most of what was supposed to be done is not even touched. You parents tell me about this all the time, and are frustrated over the top because they just won't do the things they are supposed to. You say that you remind them about what they are supposed to do, but still no response. Then, you throw up your hands and say,

“What’s the use?” This is exactly what your child wants... no consequences for them not doing what they are supposed to do.

Parents, you must be on the same page with each other before you ever put the expectations out there for your children. When your children ignore your rules, you must be willing to follow through with what you told them you would do if they didn't meet your expectations. Any time you parents say, “What’s the use?”, or “I am so weary of telling them to do what they are suppose to do!”, you have lost being united as parents. You must be consistent in what you expect and be willing to follow through with consequences when your children disobey. Stay united!

Facebook & Website

We have developed a FB page under Douglas F C Keffer, Ph D, and NBCS. Please encourage all your friends to “like” us. Please pass along our website address. Thank you for your prayers and support, asking God’s blessings upon NBCS!

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NEW BEGINNINGS NEWSLETTER

Publication of
New Beginnings Counseling Services
Vol. 28 Issue 3 March, 2021



Living Our Faith...By Dr. Douglas Keffer



The story of Abraham being told by God to go to the region of Moriah, and there he was to offer his son, Isaac, as a burnt offering. Read the story in Genesis 22. God called Abraham, and he said, "Here I am." Can you imagine the conversation that went on between Abraham and Sarah when he told her what God had commanded him to do? I believe the response is different than most may think. The reason I think it was different is because this couple lived their faith. God promised them a baby and they were so far along in years that most would not believe that Sarah was with child at such an old age. She gave Abraham a son when he was one hundred years old. They lived day after day believing that God would fulfill His promise to them and that day came and the joy they felt was beyond what we can imagine. Then God tested Abraham, but it was also a test for his wife Sarah. They had to make a decision... "are we going to obey God or not?" As the

story unfolds in Genesis 22 there is no hint that Abraham faltered in his faith with God. He prepared everything, cutting the wood, getting his servants to prepare for the journey, and they set off, "Early the next morning...". I want you to hear the faith of the husband and father when he told his servants... *"We will worship and then we will come back to you."* Abraham told his servants that "we will come back to you." That is truly living our faith. I believe that Sarah had the same faith, knowing that her husband was going to be obedient, and God would bless them in their obedience.

I want each of you reading this to believe that you can live your faith in whatever circumstances you find yourself. I tell those I counsel all the time, "Now, your faith has to be stronger than your circumstances." My heart-keeper and I have faced some very difficult circumstance in our marriage, which we will celebrate our 49th Wedding Anniversary on the 20th of this month. We have seen how God has provided His grace and mercy to us because we would not allow the circumstances to overwhelm us. What are you facing that demands you to live your faith? God rewards faithfulness!

Referrals Are Our Lifeline...

I was in a session with one of my clients and he was talking about how he talks to his sister often. He shares with her many of the things he is learning in his counseling that will help her deal with many of the issues she faces from her encoding process growing up. He tells his sister that she can talk with me and get the help that he gets. He says, "Call Dr Keffer and get on his schedule because he is very busy." He tells me that he talks with many of his friends and tells them the same thing... "Call Dr Keffer, and he will help you." I thanked my client for his trust in what he receives in his counseling, and he and his wife have grown so much from when we first started on the journey together. It humbles me to have so many of my clients thank me for the help they receive at NBCS, but it is not me, but God working through His "drink offering." Please encourage your friend or family member that needs help to call us. This is what NBCS does. Give your friends our website address, and encourage them to learn about NBCS. Thank you so much for getting the word out about the help that is available at NBCS! God bless you!