

# Medicare

# **Annual Wellness Visits**

Updated: May 2019



# COST TO THE PATIENT



# No Deductible

No Copay

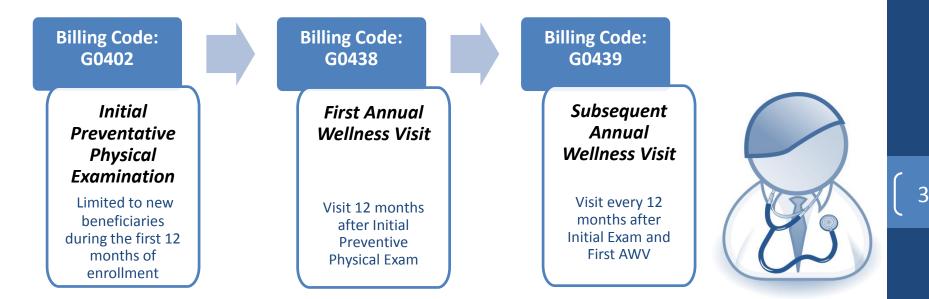




# ANNUAL WELLNESS VISIT

Through the Affordable Care act, The Centers for Medicare and Medicaid Services (Also known as CMS) began paying doctors for yearly wellness visits that focus on preventive health. CMS acknowledged the value of preventive care as a means to better health for the Medicare population. These Annual Wellness Visits (AWV), if coded correctly, result in increased revenue for the practice and Annual Wellness Visits help to possibly identify health issues before they become worse.

Medicare will pay for an AWV once every twelve months and every patient is encouraged to have an Annual Wellness Visit. Medicare does require that certain criteria be met in order for the "wellness visit" code to be accurate. This is <u>NOT</u> a "hands-on" visit. A follow-up visit can be scheduled for any medical issues. There are currently three levels of payment for annual wellness visits:





# WHY ANNUAL WELLNESS VISITS?

The AWV is not a routine physical checkup that some seniors may get from their physician. In fact, Fee For Service Medicare does not cover routine physical examinations. An AWV focuses strictly on preventive health.





# DIFFERENCE BETWEEN AN AWV AND PHYSICAL EXAM



### ANNUAL WELLNESS VISIT

#### • A discussion

- Covered by Medicare yearly
- Requirements differ between type of AWV
- Has to be completed by a Qualified Professional under the direct supervision of a Physician
- Able to capture chronic conditions
- Additional services may be billed with AWV

#### • An exam

• Not covered by Fee For Service Medicare

**PHYSICAL EXAM** 

- Requirements are based on Medical Decision Making Guidelines
- Has to be performed by a physician or qualified professional
- Able to capture chronic conditions
- Some plans allow preventive services to be billed



# WHO CAN PERFORM AN AWV?

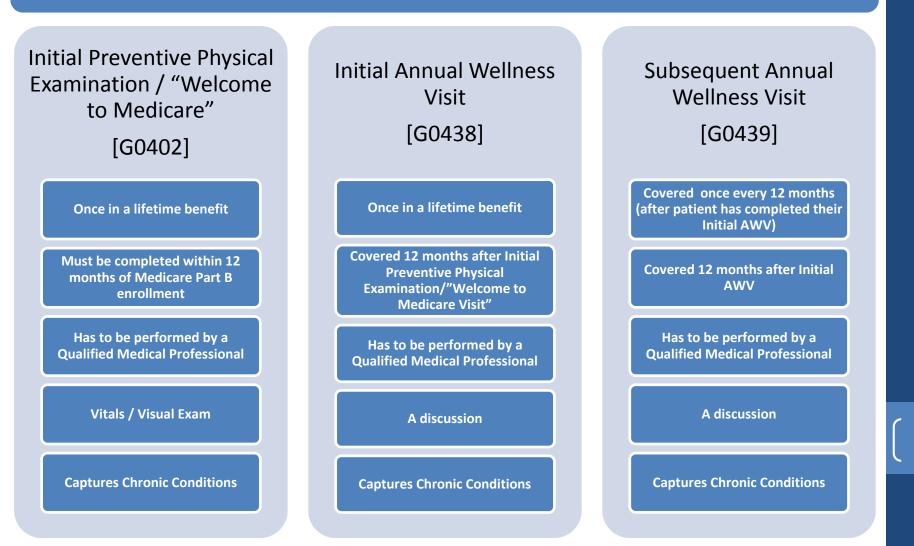
- Physicians
- Qualified Non-Physician Practitioners, such as Nurse Practitioners (NP) or Physician Assistant (PA)
- Medical Professional who is supervised by a Physician

# WHO IS ELIGIBLE FOR AN AWV?

- Patients with Medicare Part B for more than 12 months
- Patients who have not had a "Welcome to Medicare" visit or Annual Wellness Visit in the past 12 months



# TYPES OF ANNUAL WELLNESS VISITS





# REQUIREMENTS

# Initial Preventive Physical Examination "Welcome to Medicare"

- Review of medical and social history
- Review of potential risk factors for depression
- Review of functional ability and level of safety
- Exam to include vitals, visual acuity screening, and any other appropriate factors based on the patients medical and social history
- End of life planning [Optional if beneficiary agrees]
- Education, counseling, and referrals based on above components
- Education, counseling, and referrals for other preventive services



Screening EKG is covered but is subject to deductible and copay



# REQUIREMENTS

# **Initial Annual Wellness Visit**

- Complete a Health Risk Assessment
- Establish a list of current providers
- Establish medical and family history
- Review functional ability and level of safety
- Review potential risk factors for depression
- Obtain patient measurements: Height, Weight, BMI and Blood Pressure
- Detect any cognitive impairments
- Establish a written screening schedule
- Establish a list of risk factors and conditions for intervention
- Furnish personalized health advice and referrals, as necessary
- End of life planning [Optional if beneficiary agrees]





# REQUIREMENTS

## **Subsequent Annual Wellness Visit**

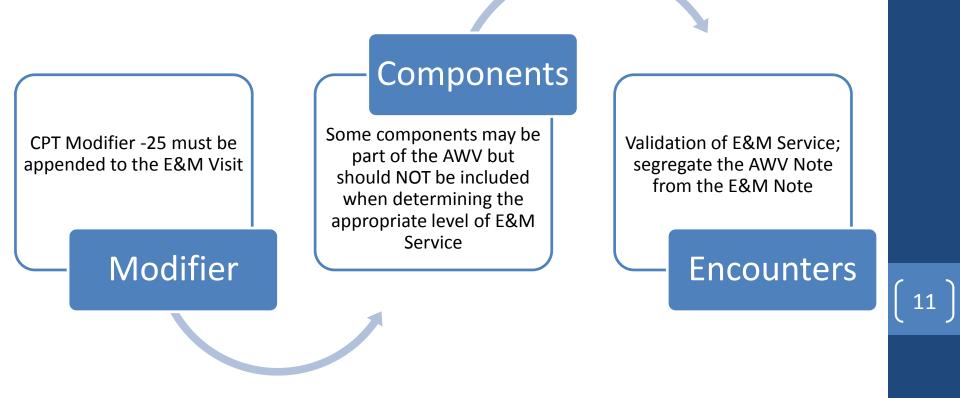
- Update Health Risk Assessment
- Update list of current providers
- Update medical and family history
- Review functional ability and level of safety
- Review potential risk factors for depression
- Obtain patient measurements: Height, Weight, BMI and Blood Pressure
- Detect any cognitive impairments
- Update the written screening schedule completed during the Initial AWV
- Update the list of risk factors and conditions for intervention
- Furnish personalized health advice and referrals, as necessary
- End of life planning [Optional if beneficiary agrees]





# EVALUATION AND MANAGEMENT SERVICES [E/M]

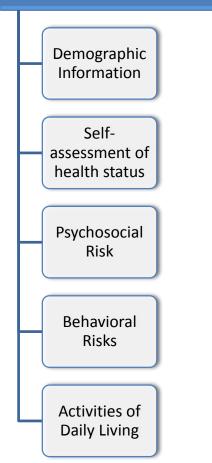
When a physician provides a significant, separately identifiable medically necessary E&M Service in addition to the Annual Wellness Visit, CPT Codes 99201-99215 may be reported depending on circumstances.





# HEALTH RISK ASSESSMENT

At a minimum, address the following:



- Health Risk Assessment information can be completed by the patient at the visit or prior to the visit in order to save time.
- ADLs include but are not limited to: dressing, bathing, walking, shopping, housekeeping, medications and handling finances.





# ADVANCED CARE PLANNING

Advanced Care Planning is a face to face conversation between a qualified healthcare professional and the beneficiary Discussion about the patients wishes regarding medical care preferences should they become unable to speak for themselves

# CPT CODES AND DESCRIPTION

#### 99497

Advance Care Planning including the explanation and discussion of advance directives such as standard forms, by the physician or other qualified health care professional; first 30 minutes, face-to-face with the patient, family member(s), and/or surrogate

Use modifier -33 when billing with AWV, deductible and copay are waived

#### 99498

Advance Care Planning including the explanation and discussion of advance directives such as standard forms, by the physician or other qualified health care professional; each additional 30 minutes

List and bill separately in addition to code for primary procedure





# PREVENTIVE SERVICES

- Alcohol Misuse Screening and
   Influenza Vaccination
   Counseling
   Intensive Behavioral 1
- Bone Mass Measurement
- Cardiovascular Disease
   Screening Test
- Colorectal Cancer Screening
- Counseling to Prevent Tobacco Use
- Depression Screening
- Diabetes Screening
- Diabetes Self-Management Training
- Glaucoma Screening

- Intensive Behavioral Therapy for Cardiovascular Disease
- Intensive Behavioral Therapy for Obesity
- Pneumococcal Vaccination
- Prostate Cancer Screening
- Screening Mammography





### ALCOHOL MISUSE SCREENING AND COUNSELING

#### **HCPCS/CPT CODES**

G0442: Annual Alcohol Misuse Screening, 15 minutes

G0443: Brief face-to-face behavioral counseling for alcohol misuse, 15 minutes

#### ICD-10 CODES

See the <u>CMS ICD-10 Webpage</u> for individual CRs and coding translations for ICD-10 and contact your MAC for guidance

https://www.cms.gov/Medicare/Cover age/CoverageGenInfo/ICD10.html

#### **WHO IS COVERED**

Screening: All Medicare Beneficiaries are eligible

**Counseling:** Medicare beneficiaries who screen positive are eligible for counseling when all of the following are true:

- Competent and alert at the time counseling is provided

- Counseling furnished by a qualified PCP or other primary care practitioner in a primary care setting

#### FREQUENCY

Annually for G0442

For those who screen positive, 4 times per year for G0443

### MEDICARE BENEFICIARY PAYS

Copayment/Coinsurance Waived Deductible Waived



### BONE MASS MEASUREMENT

#### **HCPCS/CPT CODES**

76977: Ultrasound bone density measurement and interpretation, peripheral site[s], any method

77078: Computed tomography, bone mineral density study, 1 or more sites; axial skeleton

77080: Duel-energy X-ray absorptiometry [DXA], bone density study, 1 or more sites; axial skeleton

77081: DXA, bone density study, 1 or more sites; appendicular skeleton

#### **ICD-10 CODES**

See the CMS ICD-10 Webpage for individual CRs and coding translations for ICD-10 and contact your MAC for guidance

https://www.cms.gov/Medicare/Cove age/CoverageGenInfo/ICD10.html

#### **WHO IS COVERED**

### Medicare Beneficiaries who fall into at least one category:

- Women determined to be estrogen deficient and at clinical risk for osteoporosis

-Individuals with vertebral abnormalities

-Individuals getting [or expecting to get] glucocorticoid therapy for more than 3 months

-Individuals with primary hyperparathyroidism

-Individual being monitored to assess response to U.S. Food and Drug Administration approved osteoporosis drug therapy

#### FREQUENCY

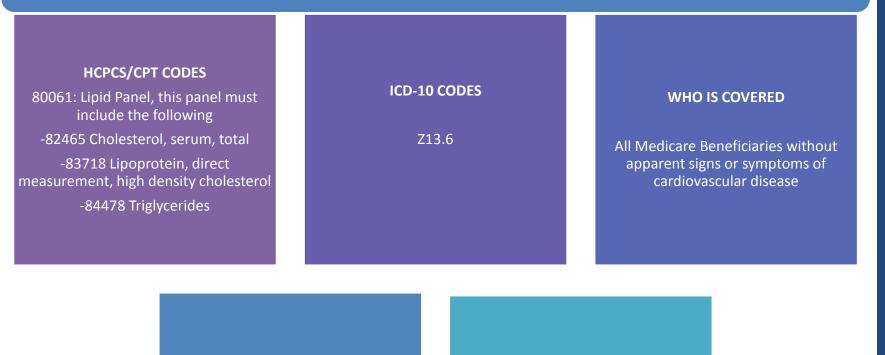
Every 2 Years More frequently if medically necessary

### MEDICARE BENEFICIARY PAYS

Copayment/Coinsurance Waived Deductible Waived



### CARDIOVASCULAR DISEASE SCREENING TEST



FREQUENCY

Once every 5 years

MEDICARE BENEFICIARY PAYS

Copayment/Coinsurance Waived Deductible Waived



### COLORECTAL CANCER SCREENING

#### **HCPCS/CPT CODES**

G0104: Flexible Sigmoidoscopy G0105: Colonoscopy [High Risk] G0121: Colonoscopy [Not High Risk] G0328: Fecal Occult Blood Test, immunoassay, 1-3 simultaneous

G0464: Colorectal Cancer Screening; stoolbased DNA and fecal occult hemoglobin

#### **ICD-10 CODES**

See the CMS ICD-10 Webpage for individual CRs and coding translations for ICD-10 and contact your MAC for guidance

https://www.cms.gov/Medicare/Cover age/CoverageGenInfo/ICD10.html

For Cologuard Multitarget Stool DNA Test, Z12.11 and Z12.12

#### **WHO IS COVERED**

<u>Cologuard:</u>

All Medicare Beneficiaries who fall into all of the following categories

- Aged 50 to 85

-Asymptomatic

-At average risk of developing colorectal cancer

Screening colonoscopies, FOBTs, flexible sigmoidoscopies

All Medicare Beneficiaries who fall into at least one of the following categories

-Aged 50 or older who are at normal risk of developing colorectal cancer

-At high risk of developing colorectal cancer

FREQUENCY			
TEST	NORMAL RISK	HIGH RISK	
Cologuard	Once every 3 years	-	
Screening FOBT	Every Year	Every Year	
Screening Flexible Sigmoid	Once every 4 years	Once every 4 years	
Screening Colonoscopy	Every 10 years	Every 2 years	

MEDICARE BENEFICIARY PAYS G0104, G0105, G0121, G0328, G0464 ZERO Copayment/Coinsurance Waived Deductible Waived

G0106 and G0120 Copayment/Coinsurance Applies Deductible Waived

Append modifier –PT to CPT Code in the surgical range of 10000 to 69999



### COUNSELING TO PREVENT TOBACCO USE

#### **HCPCS/CPT CODES**

99406: Smoking/Tobacco-Use Cessation counseling visit; intermediate, greater than 3 minutes up to 10 minutes

99407: Smoking/Tobacco-Use Cessation counseling visit; intensive, greater than 10 minutes

#### **ICD-10 CODES**

F17.200, F17.201, F17.210, F17.211, F17.220, F17.221, F17.290, F17.291, T65.211A, T65.212A, T65.213A, T65.214A, T65.221A, T65.222A, T65.223A, T65.224A, T65.291A, T65.292A, T65.293A, T65.294A, and Z87.891

NOTE: Additional ICD-10 Codes May Apply

#### **WHO IS COVERED**

Outpatient and hospitalized Medicare beneficiaries for whom all of the following are true:

- Use Tobacco, regardless of whether they exhibit signs or symptoms of tobacco-related disease

- Competent and alert at the time counseling is provided

Counseling furnished by a qualified
 PCP or other primary care practitioner
 in a primary care setting

#### FREQUENCY

- Two Cessation attempts per year

Each attempt may include a maximum of 4 intermediate or intensive sessions, with the total annual benefit covering up to 8 sessions per year

#### MEDICARE BENEFICIARY PAYS ZERO

Copayment/Coinsurance Waived Deductible Waived



### **DEPRESSION SCREENING**

#### HCPCS/CPT CODES

G0444: Annual Depression Screening, 15 minutes

#### **ICD-10 CODES**

See the <u>CMS ICD-10 Webpage</u> for individual CRs and coding translations for ICD-10 and contact your MAC for guidance

https://www.cms.gov/Medicare/Cover age/CoverageGenInfo/ICD10.html WHO IS COVERED All Medicare Beneficiaries

Must be furnished in a primary care setting that has staffassisted depression care supports in place to assure accurate diagnosis, effective treatment, and follow-up

#### FREQUENCY

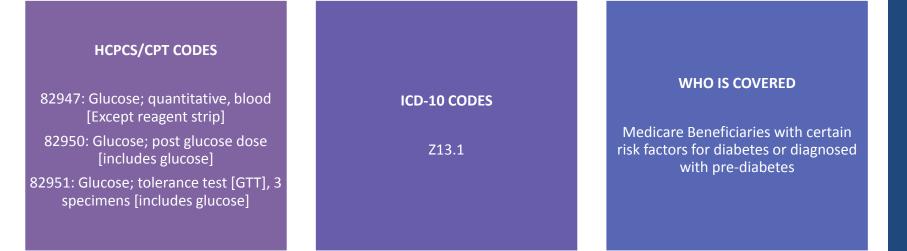
#### Annually

MEDICARE BENEFICIARY PAYS ZERO

Copayment/Coinsurance Waived Deductible Waived



### **DIABETES SCREENING**



#### FREQUENCY

- Two screening tests per year for Medicare Beneficiaries diagnosed with pre-diabetes

- One screening per year if previously tested but not diagnosed with prediabetes or if never tested

#### MEDICARE BENEFICIARY PAYS ZERO

Copayment/Coinsurance Waived Deductible Waived

Append modifier –TS when submitting claims for Medicare Beneficiaries with pre-diabetes



### DIABETES SELF-MANAGEMENT TRAINING [DSMT]

#### **HCPCS/CPT CODES**

G0108: DSMT, individual, per 30 minutes G0109: DSMT, group [2 or more], per 30 minutes

#### **ICD-10 CODES**

See the CMS ICD-10 Webpage for individual CRs and coding translations for ICD-10 and contact your MAC for guidance

https://www.cms.gov/Medicare/Cove age/CoverageGenInfo/ICD10.html

#### WHO IS COVERED

Certain Medicare Beneficiaries when all of the following are true:

-Diagnosed with diabetes

-Receive an order for DSMT from the physician or qualified NPP treating the Medicare Beneficiaries diabetes

#### FREQUENCY

Initial Year: Up to 10 hours of initial training within a continuous 12 month period

Subsequent Years: Up to 2 hours of follow-up training each year after the initial year

#### **MEDICARE BENEFICIARY PAYS**

Copayment/Coinsurance Applies Deductible Applies



### **GLAUCOMA SCREENING**

		WHO IS COVERED
HCPCS/CPT CODES	ICD-10 CODES	Medicare Beneficiaries who fall into at least one of the following categories:
G0117: By an optometrist or		-Have diabetes mellitus
ophthalmologist	713.5	-Have a family history of glaucoma
G0118: Under the direct supervision of an optometrist or ophthalmologist	213.5	-Are African-Americans aged 50 and older
		-Are Hispanic-Americans aged 65 and older

#### FREQUENCY

Annually for covered Medicare Beneficiaries

#### **MEDICARE BENEFICIARY PAYS**

Copayment/Coinsurance Applies Deductible Applies



### INFLUENZA VIRUS VACCINE AND ADMINISTRATION

HCPCS/CPT CODES		
Influenza Virus Vaccine: 90630, 90653, 90654, 90655, 90656, 90657, 90661, 90662, 90672, 90673, 90674, 90685,	ICD-10 CODES	WHO IS COVERED
90686, 90687, 90688, Q2035, Q2036, Q2037, Q2038, Q2039	Z23	All Medicare Beneficiaries
Administration of Influenza Virus Vaccine: G0008		

#### FREQUENCY

Once per influenza season Medicare covers additional flu shots if medically necessary MEDICARE BENEFICIARY PAYS ZERO

Copayment/Coinsurance Waived Deductible Waived



### INTENSIVE BEHAVIORAL THERAPY [IBT] FOR CARDIOVASCULAR DISEASE [CVD]

#### HCPCS/CPT CODES

G0446: Annual, face-to-face intensive behavioral therapy for cardiovascular disease, 15 minutes

#### **ICD-10 CODES**

See the <u>CMS ICD-10 Webpage</u> for individual CRs and coding translations for ICD-10 and contact your MAC for guidance

https://www.cms.gov/Medicare/Cove age/CoverageGenInfo/ICD10.html

#### **WHO IS COVERED**

Medicare beneficiaries when all of the following are true:

- Competent and alert at the time counseling is provided

- Counseling furnished by a qualified PCP or other primary care practitioner in a primary care setting

#### FREQUENCY

Annually for covered Medicare Beneficiaries

#### MEDICARE BENEFICIARY PAYS ZERO

Copayment/Coinsurance Waived Deductible Waived



### INTENSIVE BEHAVIORAL THERAPY [IBT] FOR OBESITY

#### **HCPCS/CPT CODES**

G0447: Face-to-face behavioral counseling for obesity, 15 minutesG0473: Face-to-face behavioral counseling for obesity, group [2-10], 30 minutes

#### **ICD-10 CODES**

Z68.30, Z68.31, Z68.32, Z68.33, Z68.34, Z68.35, Z68.36, Z68.37, Z68.38, Z68.39, Z68.41, Z68.42, Z68.43, Z68.44, or Z68.45

#### WHO IS COVERED

- Medicare beneficiaries when all of the following are true:
- Obesity (Body Mass Index [BMI] ≥ 30 Kilograms [kg] per meter squared)
  - Competent and alert at the time counseling is provided
- Counseling furnished by a qualified PCP or other primary care practitioner in a primary care setting

#### FREQUENCY

- First Month: One face-to-face visit every week

- Months 2-6: One face-to-face visit every other week

 Months 7-12: One face-to-face visit every month if certain requirements are met

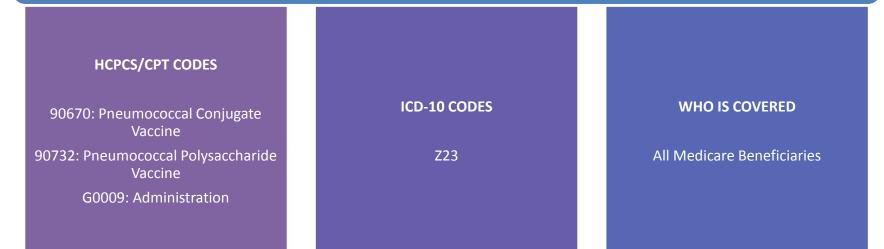
At 6-month visit, a reassessment of obesity and a determination of the amount of weight loss must be performed

#### MEDICARE BENEFICIARY PAYS ZERO

Copayment/Coinsurance Waived Deductible Waived



### PNEUMOCOCCAL VACCINE AND ADMINISTRATION



#### FREQUENCY

-An initial Pneumococcal Vaccine to Medicare Beneficiaries who never received the vaccine under Medicare Part B

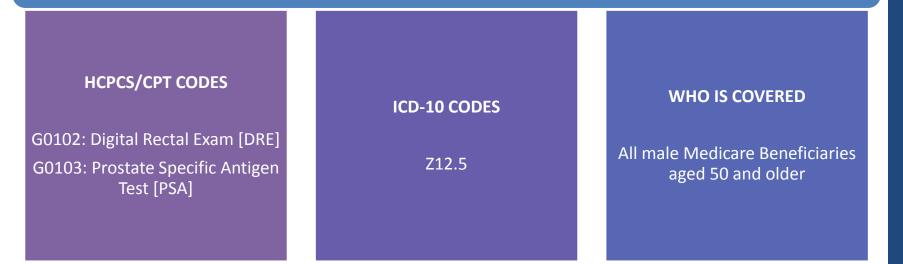
-A different, second Pneumococcal Vaccine 1 year after the first vaccine was administered

#### MEDICARE BENEFICIARY PAYS ZERO

Copayment/Coinsurance Waived Deductible Waived



### **PROSTATE CANCER SCREENING**



#### FREQUENCY

Annually for male covered Medicare Beneficiaries aged 50 or older

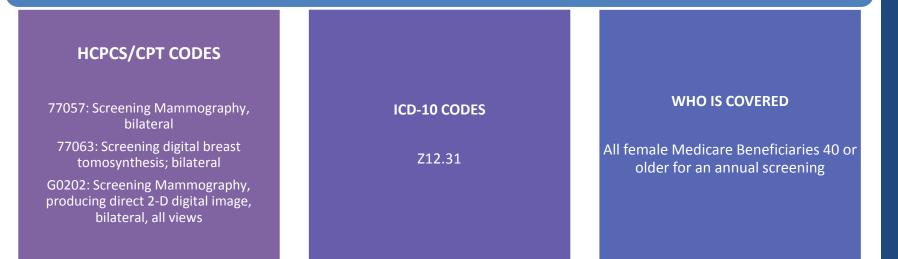
#### **MEDICARE BENEFICIARY PAYS**

G0102: Deductible Applies Copayment/Coinsurance Applies

G0103: Deductible Waived Copayment/Coinsurance Waived



### SCREENING MAMMOGRAPHY



#### FREQUENCY

Aged 35-39: One Baseline Aged 40 and older: Annually

#### MEDICARE BENEFICIARY PAYS ZERO

Deductible Waived Copayment/Coinsurance Waived

If billing a screening mammogram and a diagnostic mammogram on the same day, use modifier –GG to show a screening mammogram turned into a diagnostic mammogram



# ADDITIONAL PREVENTIVE SERVICES

TEST	CODES	FREQUENCY
Hepatitis C Virus Screenir	ng G0472	- Annually for High Risk Patients - Once in a Lifetime for Beneficiaries born between 1945 and 1965
Human Immunodeficiency \ Screening	/irus 80081, G0432, G0433, G0435	5, G0475 - Annually for Medicare Beneficiaries between the ages of 15 and 65 without risk - Annually for Medicare Beneficiaries younger than 15 and older than 65 who are at risk for HIV Infection
Medical Nutrition Therap	97802, 97803, 97804, G0270	), G0271 - First Year: 3 Hours of one-on- one counseling - Subsequent Years: 2 Hours
Screening for Cervical Cancer Human Papillomavirus Test		Once every 5 years
Screening for Lung Cance	er G0296, G0297	Annually for covered Medicare Beneficiaries



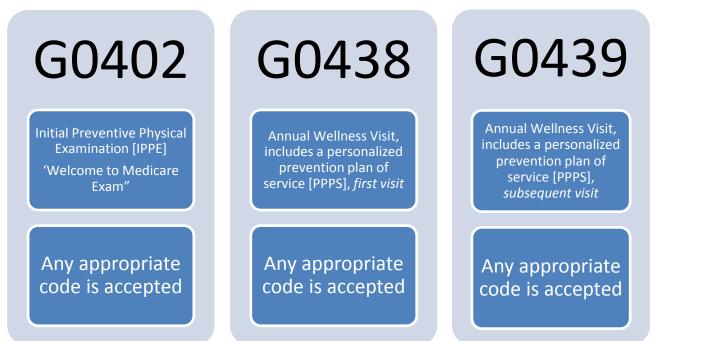
# ADDITIONAL PREVENTIVE SERVICES

TEST	CODES	FREQUENCY
Hepatitis B Virus Vaccination and Administration	90739, 90740, 90743, 90744, 90746, 90747, G0010	Scheduled dosages required
Screening for Sexually Transmitted Infections	86631, 86632, 87110, 87270, 87320, 87490, 87491, 87810, 87590, 87591, 87850, 87800, 86592, 86593, 86780, 87340,87341, G0445	Annually
Screening Pap Test	G0123, G0124, G0141, G0143, G0144, G0145, G0147, G0148, P3000, P3001, Q0091	<ul> <li>Annually for women at high risk</li> <li>Every 2 Years for women at normal risk</li> </ul>
Screening Pelvic Examinations	G0101	<ul> <li>Annually for women at high risk</li> <li>Every 2 Years for women at normal risk</li> </ul>
Ultrasound Screening for Abdominal Aortic Aneurysm	G0389	Once in a Lifetime



# RECAP

- The Annual Wellness Visit has different components than a traditional physical
- Fee For Service Medicare does NOT pay for a physical exam, only an Annual Wellness Visit; An AWV is NOT a physical exam and does NOT include a hands-on visit
- An Annual Wellness Visit does NOT have to be performed by a physician but by a Qualified Medical Professional under direct supervision of a Physician





# SOURCES

DEPARTMENT OF HEALTH AND HUMAN SERVICES: The ABCs of the Annual Wellness Visit

Published April 2017

Retrieved from https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-

MLN/MLNProducts/Downloads/AWV\_Chart\_ICN905706.pdf

DEPARTMENT OF HEALTH AND HUMAN SERVICES: The ABCs of the Initial Preventive Physical Examination [IPPE] Published April 2017 Retrieved from <u>https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/Downloads/MPS\_QRI\_IPPE001a.pdf</u>

DEPARTMENT OF HEALTH AND HUMAN SERVICES:

Medicare Preventive Services

Published January 2018

Retrieved from <a href="https://www.cms.gov/Medicare/Prevention/PrevntionGenInfo/medicare-preventive-services/MPS-">https://www.cms.gov/Medicare/Prevention/PrevntionGenInfo/medicare-preventive-services/MPS-</a>

QuickReferenceChart-1.html

### ADDITIONAL RESOURCES

<u>https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-</u> <u>MLN/MLNProducts/index.html?redirect=/mlnproducts/35\_preventiveservices.asp</u>

