



Tiffelberg

Open

Co-hosted by Tiffin University and Heidelberg University

Date: Saturday, April 6, 2019

Entry Procedures: Unlimited entries – Go to www.directathletics.com for all team and individual/unattached entries

Unattached Entries: \$20 per person (Make checks payable to Heidelberg University)

Entry Marks: Please enter realistic marks. Use metric marks for field events

Teams: JUCO, Collegiate, post HS unattached athletes. NO high school athletes.

Registration Fee: \$200 per team (10 or more of one gender), Men & women combined \$400. \$20 per individual (unlimited events).

Entry Deadline: Wednesday, April 3rd at midnight

Performance List: Posted on tiffintiming.com by Thursday

Scratches: By email ASAP and until meet begins.

Timing: Automatic timing will be used

Team Bus/drop off: Busses drop off athletes on Greenfield St. behind the stadium.

Implement Weigh-In: At the shed at the West end on the stadium

Athletic Trainer: Will be on site

Spikes: ¼ pyramid only, 3/8 with recessed spikes-strictly enforced on all rubber surfaces

Field Events: 3 attempts then finals

Athlete Confirmation: Must be done for 200 and 4x4 relay about 45 minutes prior to event to allow for seeding of these events.

Time Schedule: On a rolling schedule, will not go more that 20 min ahead.

Starting Heights: as determined based on entries – 15 centimeters for PV, 5 centimeters for HJ

Scoring: Collegiate athletes only – 10-8-6-5-4-3-2-1

Results: Posted as ready during meet, on the “Fox Den” window.

Hospitality: Coaches/event staff lunch will be provided in the press box (Not the Fox Den)

Other Info: Please DO NOT use ducttape on track surface. Only athletic tape or chalk may be used for marks.

Facilities: Brand new Connor 12mm 400m, 8 lane track. New shot put ring (behind scoreboard). New hammer/discus cage located at “Peaceful Valley”, just down the bike path. New long jump, triple jump and pole vault runways. ***In order to have a better runway surface (track surface) our Jav runway is only 25m. If this is a problem, please contact us and we can move to a grass runway.***

Meet Director: Jeremy Croy (Tiffin), Joe Yoder (Heidelberg)

Fox Den: this is the glass enclosure at the top of the bleachers. Please keep teams, coaches, staff out of the Fox Den as it will be used for an alumni event. Coaches and staff may use the press box (on top of Fox Den) but please do not permit athletes in press box.

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Tentative Time Schedule- We will update the schedule 2 days before the meet – 4/4/2019

Field Events- Approximate times - (3 attempts then finals)

10:00 AM	6k U20 Hammer
10:30 AM	Women's Javelin (Men to follow) Women's PV (Men to follow) Men's Long Jump (Women to follow) Men's Hammer (Women to follow)
	Women's Discus (Men to follow) - Conclusion of hammer Men's Shot (Women to follow) – Conclusion of Jav Men's Triple Jump (Women to follow) – Conclusion of LJ
1:30	Women's High Jump (Men to follow)

Running Events- Tentative – will not go more than 20 minutes ahead of schedule

11:30	National Anthem
11:50	3000 Steeple Chase – Men
12:05 PM	3000 Steeple Chase – Women
12:20	4 x 100 Relay – Men
12:25	4 x 100 Relay – Women
12:30	1500 Meter - Men
12:50	1500 Meter - Women
1:15	110 Meter Hurdles - Men
1:20	100 Meter Hurdles - Women
1:25	400 Meter - Men
1:35	400 Meter - Women
1:45	100 Meter - Men
1:55	100 Meter – Women
2:05	800 Meter - Men
2:20	800 Meter - Women
2:35	400 Meter Hurdles - Men
2:50	400 Meter Hurdles - Women
3:05	200 Meter - Men
3:20	200 Meter - Women
3:40	5000 Meter - Men
4:05	5000 Meter - Women

4:35

4 x 400 Meter Relay - Men

4:55

4 x 400 Meter Relay – Women