



1423 S Hastings Way
 Eau Claire, WI
 Purefitness4you.com

October 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Kettles 5:45am -30 StretchyFlow 8:45am -45	2 PiYo 8am -45
3 POUND 8am -45	4 Yoga Beyond 8:45am -55 Kettles 5:30pm-30	5 Band Bustle 5:45am -30 Barre Yoga 8:45am -45 HipHop Dance 6:15pm -45	6 Step 5:45am -30 Yoga Beyond 8:45am -55 Barre Beyond 5:30pm-30	7 Fit Reboot 8:45am -30 POUND 5pm - 45	8 Iron Flow 5:45am -30 Stretchy Flow 8:45am-45	9 PiYo 8am -45
10 POUND 8AM -45	11 Yoga Beyond 8:45am -55 Kettles 5:30pm -30	12 FIT Reboot 5:45am - 30 Iron Flow 8:45am - 45 HipHop Dance 6:15pm -45	13 Kettles 5:45am - 30 Yoga Beyond 8:45am -55 Barre Beyond 5:30pm-30	14 Strength 4 U 8:45am-30 Hip Hop Step 5pm- 45	15	16 PiYo 8am -45
17 POUND 8am -45	18 Yoga Beyond 8:45am -55 Kettles 5:30pm -30	19 Sculpt 5:45am -30 Barre Yoga 8:45am -45 HipHop Dance 6:15pm -45	20 Step 5:45am - 30 Yoga Beyond 8:45am -55 Barre Beyond 5:30pm-30	21 Fit Reboot 8:45am -30 POUND 5pm -45	22 Band Bustle 5:45am -30 StretchyFlow 8:45am -45	23
24	25 Yoga Beyond 8:45am -55 Kettles 5:30pm -30	26 FIT ReBoot 5:45am -30 Iron Flow 8:45am HipHop Dance 6:15pm -45	27 Iron Flow 5:45am -30 Yoga Beyond 8:45am -55 Barre Beyond 5:30pm-30	28 Strength 4 U 8:45am -30 HIP Hop Step 5pm - 45	29 Sculpt 5:45am -30 StretchyFlow 8:45am -45	30 PiYo 8am -45
31 Halloween Bash POUND 8AM -45						

