

**Please see the pages below for all the hymns for this Wednesday:**

**First Hymn:**

**Hymn 475 - Forget Not Who You Are**

Words: Mildred Spring Case, alt.

Music: Alfred Morton Smith

Forget not who you are, O child of God,  
For God demands of you reflection pure;  
Your heritage is goodly, and your home,  
In Spirit's warm embrace, is safe, secure.

You are the child of Spirit, sinless, pure—  
Yours is a perfect beauty, born of Soul—  
Complete with health, vitality, and grace.  
For is not God, your Father, perfect, whole?

Your understanding, too, comes straight from God.

For in that Mind, magnificent and clear,  
You are conceived by Love, a perfect child,  
Unhampered by the flesh, or doubt, or fear.

So now look up to God's pure holy light  
And greet with fearless joy each coming day.  
Of royal birth, you are a King's own child—  
And God is yours, and you are God's always.

## Second Hymn:

### Hymn 564 - Quiet, Lord, My Stubborn Heart

Words: John Newton, adapt., alt.

Music: Fenella Bennetts

Quiet, Lord, my stubborn heart,  
    Make me gentle, pure, and mild,  
Upright, simple, free from art;  
    Make me as a little child,  
From distrust and envy free,  
Pleased with all that pleases Thee.

What You shall today provide  
    Let me as a child receive,  
What tomorrow may betide  
    Calmly to Your wisdom leave;  
'Tis enough that You will care,  
Why should I the burden bear?

As a little child relies  
    On a care beyond its own,  
Being neither strong nor wise,  
    Will not take a step alone,  
Let me thus with You abide,  
As my Mother, Friend, and Guide.

## **Third Hymn - medley:**

### **Hymn 485 – God of Creation and Lord of My Soul**

Words: Fenella Bennets; Music: Irish melody

God of creation and Lord of my soul,  
Be to me ever my One and my All.  
Your presence surrounds me by day and by night;  
While waking or sleeping, I live in Your light.

You are my wisdom, and You are my wealth,  
You are my substance, my joy, and my health,  
My Father and Mother, my haven of peace,  
My comfort, my healer, my place of release.

You and You only are first in my heart;  
Ours is a union that never will part.  
And held in Your love, without doubt, without fear,  
I know now within me that heaven is here.

### **Hymn 406**

Words: Margaret Glenn Matters; Music: A. L. Peace

O Love, our Mother, ever near,  
To Thee we turn from doubt and fear!  
In perfect peace our thoughts abide;  
Our hearts now in this truth confide:  
Man is the child of God.

O Light, in Thy light we can see  
That man is ever one with Thee.  
In love our lives Thou dost enfold,  
And now our waiting hopes behold  
That man is God's own child.

O joy that ever will remain,  
Midst seeming sorrow, hate, and pain,  
Our hearts to fill with this glad song  
That soars above the mists of wrong:  
Man is the loved of Love.