



APRIL 2020 CALENDAR



Our monthly calendar will list MOVING FORWARD Limb Loss Support Group events, member's birthdays, anniversaries, & community events. If anyone has an event they would like to add to the calendar, please contact us.

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1 April Fool's Day	2 Valgene Bowling Jim Wilhite birthdays	3	4
5 <i>Palm Sunday</i> 	6	7	8 Gene Sommerville birthday	9 Philip Randolph birthday	10 Good Friday	11
12 Happy Easter 	13 Dyngus Day	14	15 Matt Barnhart birthday	16	17	18
19	20 Patriots Day	21	22	23	24	25 ** NBH Virtual Online Meeting 2pm
26	27 Carletta Bowling birthday	28 Shawn Vega Velez Gary Wright birthdays	29	30 National Arbor Day National Honesty Day		

** As per the CDC request for social distancing, we will withhold our monthly in-person meetings until further notice. We will meet VIRTUALLY via Facebook once a month (fourth Saturday of the month at 2pm). If you do not have access to join our virtual meeting, we encourage you to continue reading and contributing to our newsletter. For those that can, please contact other members to chat. If you need access to the group directory, please let me know via phone: 502-235-3146. We value all of you and know we're in an unusual situation. Please remain calm, keep your hands washed, wipe down door handles, countertops, etc. Don't forget to do simple things like get some sunlight, listen to music, read a book, sit outside on the porch, go for a walk, play with your pet, call a friend. We certainly miss getting to have our meetings, but we would rather be safe than sorry. We value each of you and look forward to getting through these times together! ~ Kelly

For more information about upcoming meetings and events, check out our website at ampmovingforward.com, our Facebook page at "MOVING FORWARD LIMB LOSS SUPPORT", or the UPCOMING EVENTS section of this newsletter.