

MISS SOPHIE'S

Lunch Served
Monday-Friday
11:00 – 2:00

FROM OUR GRILL

HUNTER CATTLE GRASS FED BURGER – 7.50
1/3 pound patty with Lettuce, Tomato, Pickle & Onions

CHOOSE ONE OF OUR SPECIAL SAUCES
Pesto Aioli, Chipotle Aioli, Dijonnaise, or Sophie's Pub Sauce

ADD SOMETHING EXTRA

Bacon 1.00 Fried Green Tomato 1.50 Pimento Cheese 1.00
Avocado 1.50 Cheese Slice 1.00 Fried Egg 1.50

VEGGIE BURGER – 7.00
Made with quinoa, brown rice, bulgur, roasted corn, black beans and roasted red peppers

ALL BEEF HOT DOG – 5.00
Just because every menu needs a good dog!

Add Fries, Potato Chippers or Jalapeno Cheddar Tater Tots to any burger or hot dog for \$1.00

MEATLOAF SANDWICH – 8.00
Our homemade meatloaf with mashed potatoes and gravy served open faced on country white toast

FISH & CHIPS – 9.95
A tribute to the beautiful English pub décor, beer battered cod and chippers served with house remoulade sauce and malt vinegar

FISH SANDWICH – 7.00
Hand battered fried filet served with cole slaw and your choice of house made tartar sauce or remoulade sauce

TENDERS & TOTS – 7.00
Crispy fried all white meat chicken tenders, jalapeño cheddar tater tots with Sophie's Pub Sauce for dipping

SOUTHERN COMFORT FOOD

Southern Plate – 8.30
1 entrée, 2 sides, bread and beverage
Veggie Plate – 6.50
3 sides, bread and beverage
All You Can Eat - 11.50
Includes Dessert

MONDAY

Meatloaf, Country Fried Steak and Gravy, Mashed Potatoes, Garden Peas, Green Beans, Chef's Vegetable, Breadsticks

TUESDAY

Fried Pork Chops, Entrée Casserole Specials, Roasted Potatoes, Sweet Potato Crunch, Corn Casserole, Mac & Cheese, Green Beans, Rolls

WEDNESDAY

Pot Roast with Potatoes and Carrots, Fried Chicken, Sweet Potato Crunch, Rice, Green Beans, Broccoli Casserole, Chef's Vegetable, Corn Muffins

THURSDAY

Fried Chicken, Entrée Casserole Special, Green Beans, Roasted Squash Medley, Macaroni & Cheese, Sweet Potato Crunch, Breadsticks/ Rolls

FRIDAY

Fried Fish, Baked Fish, Chicken Tenders, Twice Baked Potato Casserole, Green Beans, Cheese Grits, Cole Slaw, Hushpuppies/Rolls

DESSERT OF THE DAY
\$1.99

SIDES

FRENCH FRIES \$1.99
POTATO CHIPPERS \$1.99
JALEPENO TATER TOTS \$1.99
ITALIAN PASTA SALAD \$1.25
POTATO CHIPS \$.93

BEVERAGES

Tea/Coke/Diet Coke/Coke Zero/Pink Lemonade/Root Beer/Coffee
Small (20 oz) \$1.50
Large (32 oz) \$2.00

CHILDREN'S MENU

Peanut Butter & Jelly Sandwich, Grilled Cheese Sandwich, or Chicken Nuggets Served with a bag of chips
\$3.50

CATERING

We are a full service caterer! Corporate or Social blue jeans or black tie –Miss Sophie's will handle your catering needs in true Southern Bell Style!

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MISS SOPHIE'S

At the National Museum of the Eighth Air Force 175 Bourne Avenue, Pooler GA
912-330-0778 /www.sophiesmarketplace.com

WE CATER!!!
From Corporate to Black Tie
Miss Sophie's True Southern
Hospitality and Delicious Fare
will make your next event the
talk of the town!

DELI SANDWICHES

All Sandwiches served with a crisp pickle and a bag of chips
Unless otherwise noted

- MISS SOPHIE'S FAMOUS CHICKEN SALAD – 7.00
Best chicken salad in the south with pecans and juicy grapes
- SHRIMP SALAD – 7.5
Wild caught, plump shrimp dressed with our time tested wildly delicious sauce
- TUNA SALAD – 5.5
Old fashioned goodness! Made with Dukes mayo and sweet relish
- HOMEMADE PIMENTO CHEESE – 7.00
The south is known for pimento cheese and so are we!!
- HUMMUS VEGGIE WRAP – 6.50
House made hummus, sliced tomatoes, shredded carrots, cucumbers, spinach & red onion
- BUILD A DELI SANDWICH 6.50
(1 protein, 1 cheese, sauce, veggies)
- PROTEIN (extra proteins \$1 each)
Black Forest Ham - Oven Roasted Turkey Breast – Bacon
- CHEESE (extra slice \$1 each)
Cheddar –Provolone- Havarti- Swiss-Brie
- VEGGIES
Green Lettuce-Spinach-Tomato-Onion (Mashed Avocado \$1 extra)
- BREAD
Croissant - Hearty Wheat – Country White – Plain Wrap – Spinach Wrap

SPECIALTY SANDWICHES

All Sandwiches served with a crisp pickle and a bag of chips
Unless otherwise noted.

- TURKEY CRANBERRY GRILL – 7.00
Oven roasted turkey breast on hearty wheat, brie and our house made cranberry-apple relish
- GRILLED CHICKEN WRAP – 7.00
Perfectly seasoned, grilled all natural chicken tenders, lettuce and melted Havarti cheese on a spinach wrap with Pub Sauce for dipping (add mashed avocado for .75/bacon for 1.00)
- PUB CLUB – 7.75
Ham, turkey, bacon, provolone cheese, lettuce & tomato (no side included)
- WEST COAST PUB – 7.75
Turkey, bacon, Swiss cheese, baby spinach, tomato and mashed avocado with house made chipotle aioli (no side included)
- GRILLED CHEESE – 5.00
Choose your flavor – Provolone, Cheddar, Swiss or Havarti (Extra Cheese \$1.00/slice)
- SOPHISTICATED GRILLED CHEESE – 6.00
A decadent combination of sliced Havarti & Pimento Cheese (Add fried green tomatoes or bacon for \$1 extra)
- APPLE, BRIE & FIG GRILLED CHEESE – 7.00
- BACON, BRIE & APRICOT GRILLED CHEESE – 7.00
- RESTO BLT – 5.50

SIGNATURE SALADS

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| HOUSE | SMALL 4.50/LARGE 6.00 |
| Artisan Greens, tomatoes, cucumbers, & cheddar cheese | |
| FALL MIXED GREENS SALAD | SMALL 4.50/LARGE 6.00 |
| Artisan Greens, sweetened cranberries, walnuts, and blue cheese with our house made Poppy Seed dressing | |
| ORCHARD DELIGHT | SMALL 4.50/LARGE 6.00 |
| Artisan greens, sliced apples, pecans & feta cheese with our house made Honey Vinaigrette | |
| STRAWBERRY SPINACH | SMALL 4.50/LARGE 6.00 |
| Spinach, strawberries, and feta cheese with our homemade Poppy Seed dressing | |
| CHEF | SMALL 6.00/LARGE 7.5 |
| Artisan Greens, ham, turkey, bacon, eggs, tomatoes, cheddar cheese & red onions | |
| COBB | SMALL 7.00/LARGE 8.00 |
| Romaine, grilled chicken, bacon, diced eggs, tomatoes, onions and blue cheese, smashed avocado, blue cheese dressing | |
| ADD A LITTLE SOMETHING EXTRA | |
| Grilled Chicken 1.5 | Fried Chicken Tenders 3.00 |
| Smashed Avocado 1.50 | Shrimp Salad 3.00 |
| Chicken Salad 2.50 | |
| DRESSINGS: | |
| House Made: Ranch*Blue Cheese*Italian*Honey Vinaigrette*Poppy Seed* | |
| Other Options: Balsamic Vinaigrette*Caesar*Thousand Island | |