

OPEN & MASTERS REGISTRATION PACKET
2018-2019 TRACK & FIELD SEASON





WEST COAST STRIDERS TRACK CLUB

CLUB INFORMATION:

Current Season: Winter 2018 through Summer 2019

Club Practice Location: Maricopa High School 45012 W. Honeycutt Ave, Maricopa AZ 85139

Practice: Starts Saturday, December 1, 2018

Practice Days/Time: 4:00PM Monday / Wednesday
8:00AM Saturday's

Club Colors: Black, Gold, White

Club Values: Physical and emotional health and fitness
Individual excellence and personal growth
Individual development beyond sports

West Coast Striders Track Club is a non-profit organization (501(c)(3)) and is a member of USA Track and Field. The Striders strive to teach and excel in all areas of track and field. Our athletes and coaches have had great success at the state, regional, national, and world competition levels. Track & Field is a year-round sport with both summer (outdoor) and winter (indoor) seasons.

In Arizona the prime track season is late January through July. The various running, jumping and throwing events which make up the sport are among the oldest competitive disciplines in the world; the specific skills and physical capabilities acquired through track and field can be readily applied to other sports. The sport of track and field is a sport for all ages and abilities.



WEST COAST STRIDERS TRACK CLUB

OPEN & MASTERS REGISTRATION:

First Name: _____ Middle Initial: _____ Last Name: _____

Date Of Birth: ____/____/____ Gender: (M/F) _____

Address: _____

City: _____ State: _____ Zip: _____

Contact Number 1: () _____ - _____ Contact Number 2: () _____ - _____

Uniform Size Adult Top: M (7-8) L (9-10) XL (11-12) XXL (14+)

Uniform Size Adult Bottom: M (7-8) L (9-10) XL (11-12) XXL (14+)

OPEN & MASTERS REGISTRATION:

Participation Fees:

USA Track & Field Individual Membership Fee (\$30 19 and up)
USA Track & Field Membership Fee must be paid online at www.usatf.org. A copy of the membership ID must be turned in with this completed registration form. Club ID when you apply is **48-501**

2018-2019 West Cost Striders Track Club Registration Fee \$135 plus Uniform Fee \$55
Track Club & Uniform fees are payable via PayPal using a debit card or checking account. Fees are non-refundable.

Track & Field Notification:

Athletes must register with USA Track & Field Arizona in order to compete with the club. There's no fee. www.arizona.usatf.org Athletes will provide proof of birth along with a copy of the USATF Membership ID to and notify USA Track & Field Arizona of your affiliation with West Coast Striders Track Club.



WEST COAST STRIDERS TRACK CLUB

REGISTRATION DEADLINE: SATURDAY, DECEMBER 1, 2018

I hereby agree to participate in the 2018-2019 Track and Field Indoor/Outdoor season with West Coast Striders Track Club. I confirm I am a Member of USA Track & Field, Registered with USA Track & Field Arizona, Completed a Medical Release Form, and have paid the required club registration and uniform fees.

Athlete Signature: _____

Date: ____/____/____



WEST COAST STRIDERS TRACK CLUB

OPEN & MASTERS MEDICAL RELEASE FORM:

Athlete: _____ Date Of Birth: ____/____/____ Gender: (M/F) ____

Athlete Address: _____

City: _____ State: _____ Zip: _____

Known Allergies/Injuries (Current or Previous): _____

Current Medications: _____

Emergency Contact:

Name Phone Relationship to Player

MEDICAL AUTHORIZATION:

Family Physician: _____ Phone: () _____ - _____

Address: _____ City: _____ State: ____ Zip: _____

Hospital Preference: _____

Insurance Co: _____ Policy No: _____ Group ID#: _____

In case of an emergency, if family physician cannot be reached, I hereby authorize myself to be treated by Certified Emergency Personnel. (i.e. EMT, First Responder, E.R., Physician)

Authorization:

Athlete: _____ Date: ____/____/____