

OCTOBER 2022

K-12

LUNCH



School Information: Marvell Academy
www.marvellacademyeagles.com
Payschools: www.payschoolscentral.com
Brittany Morris, Cafeteria Supervisor



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



MONDAY

Ham & Cheese **3**
Panini
Chips
Carrots
Fruit

TUESDAY

Cinnamon Roll Day **4**
Chili Cheese Fries
Celery
Fruit

WEDNESDAY

Chef Salad **5**
(Turkey & Ham)
½ Egg
Crackers
Fruit

THURSDAY

(Room on the Broom) **6**
Taco Soup
Fritos
Fruit

FRIDAY

PIZZA **7**

**NO SCHOOL
FALL BREAK** **10**

Mini Tacos **11**
Salad
Cheese Dip
Fruit

Teriyaki Chicken **12**
Fried Rice
Mixed Veggies
Fruit

*(Amelia Bedelia's First
Apple Pie)* **13**
Oven Fried Chicken Legs
Mac & Cheese
Baked Beans / Fruit

PIZZA **14**

Fish Sticks **17**
Fries
Peas
Fruit

Chicken & **18**
Dumplings
Corn Muffin
Green Beans
Fruit

Chicken Rebelde **19**
Salad
Fruit

*(There Was an Old Lady
Who Swallowed a Bat)* **20**
Spaghetti & Meatballs
Garlic Bread / Broccoli
Fruit

PIZZA **21**

Chicken Spaghetti **24**
Roll
Green Beans
Fruit

Soft Tacos **25**
Spanish Rice
Beans
Lettuce
Fruit

Mini Waffles **26**
Sausage
Carrots
Fruit

(Where the Red Fern Grows) **27**
Steak Fingers
Mashed Potatoes
Fried Okra / Fruit

National Chocolate Day **28**

PIZZA

Club Sandwich **31**
Chips
Lettuce
Fruit

