Private Lessons/Choreography Available on the Weekend

Special arrangements for choreographing floor and beam routines may be made. Private Lessons available on all events.

Need a Place to Stay?

There are a limited number of spaces to stay with Carter's team members.

Per Diem Applies \$150.00 cash per week to the host family upon immediate arrival.

Includes travel to and from airport, food and lodge.





X-CEL CAMP

Experience Carters camp designed for the X-Cel athlete. Athletes will have the opportunity to work with Carter's Master Training Staff.

Training will be on all four events, trampoline and dance. Come and work with some of top coaches in the country in a fun and challenging atmosphere. Emphasis is on skill acquisition and level advancement!

CHEER CAMP

Train in a state of the art facility to acquire new skills for cheer. Athlete will train on our 40 ft. tumble track, in-ground trampoline, rod floor, 40 ft. chunk foam pit and resi pits to gain skill. Athletes will also train dance and have the opportunity to learn strength, flexibility and drills to take home to their club or team!

CARTER'S GYMNASTICS
7931 E. PECOS RD. SUITE 139 MESA, AZ 85212
(480) 461-8464

<u>WWW.cartersgymnastics.org</u> ecarter453@aol.com for information

CARTER'S GYMNASTICS TRAINING CAMP



Join us in sunny Arizona for our Team Training Camp! Women's Team Training Camp X-Cel Team Training Camp Cheer Training Camp





Enjoy Summer Camp in Sunny Arizona!!

- * Pay online with Paypal
- * Camp does not include accommodations
- * Private Lessons and Optional Routines Available (inquire for pricing and availability)
- * Camp Registration, Medical Form and Physical Required. All attending athletes must carry their own insurance.

FAMILY AND MULTIPLE WEEK DISCOUNTS

2 Athletes from the same family:

1 week: \$800.00

2 weeks: \$1175.00

1 Athlete:

2 Weeks of Camp: \$800.00

CAMP DATES AND TRAINING SCHEDULE



All Payments Due May 1st, 2020

Please visit our website at <u>www.cartersgymnastics.org</u> for all

Camp Policies, Registration and Medical Forms

Team Training Camp Schedule

WEEK 1

JUNE 29th - JULY 3rd

Competitive Team X-Cel Training Camp

Monday	Tuesday	Wednesday	Thursday	Friday
Training 9:00-3:00	Training 9:00-3:00	Training 9:00-3:00	Training 9:00-3:00	Training 9:00-12:00
Open Gym 6:00-8:00 PM	Open Gym 6:00-8:00 PM	Camp Party 4:00-6:30 PM	Open Gym 6:00-7:00 Camp Show 7:30-9:00	Squirt Gun Fight 12:00-1:00

WEEK 2

JULY 6th - JULY 10th

International and Competitive
Team

\$425.00 per week

\$800.00 (2 weeks)

X-Cel / Cheer Camp Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Training 9:00-1:00	Training 9:00-1:00	Training 9:00-1:00	Training 9:00-1:00	Training 9:00-12:00
Open Gym 6:00-8:00 PM	Open Gym 6:00-8:00 PM	Camp Party 4:00-6:30 PM	Open Gym 6:00-7:00 Camp Show 7:30-9:00	Squirt Gun Fight 12:00-1:00