



Haywood Lodge & Retirement Center

Creekside Villas

November 2017

Spicewood Cottages

Thanksgiving is one of my favorite times of the year because it reminds us to give thanks and to count our blessings. Suddenly, so many things become so little when we realize how blessed and lucky we are.



Thanksgiving Dinner

We will be hosting our Annual Thanksgiving dinner at Spicewood Cottages on Tuesday, November 21 at 12:00 noon. Haywood Lodge and Creekside will be serving on Wednesday, November 22 at 12 noon. This provides an opportunity for our residents to enjoy a traditional Thanksgiving meal with their family members while we do all the cooking. This also gives us a chance to say thank you for trusting in us by giving us the opportunity to care for your loved one. The meal is free of charge but we do request you keep the number of guests for each resident to a realistic amount. There will be a sign up sheet at all nurses desks or you may simply call Alice or Tammy at 456-8365. Please sign up by November 15th if you plan to attend. We look forward to seeing everyone and hope you have a great Holiday season!!

Aaron



Resident Birthdays

Spicewood

Margaret Morrow Nov 15
Alma Holcombe Nov 16
Ralph Singleton Nov 18
Mary Craven Nov 20
Linda Wood Nov 27

Haywood Lodge

Mary Francis Nov 3
Frances Fulton Nov 13
Hiawatha Worley Nov 18
Vivian Scott Nov 28



Happy Birthday



Employee Of The Month

Congratulations to Angel Mack for being chosen as EOM for November. This is not her first time and will probably not be her last. She made employee of the year in 2014. The thing about Angel is that she knows her job and she does it. That is all it takes to be employee of the month. With her there is no drama, no calling in sick, no coming in late or wanting to leave early. She is also very good about working extra shifts if needed. The most important thing about Angel is that she works hard and does it right. Thank you Angel for all you do.

Resident of The Month

Spicewood Cottages

Jeane Potter is an excellent candidate for resident of the month. She was born in Indiana and has one son, Randall. Jeane has been with us for a little over a year. She has a wonderful attitude and is very helpful around facility. Her favorite activity is arts and crafts and loves getting manicures. Pizza is at the top of her chart for being her favorite food. We are glad Jeane chose our facility to be a part of. Congratulations Jeane!

Creekside Villas

Michael Hensley is resident of the month for Creekside. He has been with us since June of 2017. He was born and raised in Buncombe County. Football was his passion while in school. He was a lineman for the Erwin Warriors in high school and was a very good player. He has two daughters and a girlfriend that he says he is going to marry. Michael goes to the clubhouse every day. He has a smile for everybody and is very appreciative of everything.



Set your clocks BACK one hour before going to bed

Daylight Savings Time ends on November 5. Set your clocks back on Saturday the 4th before you go to bed so you won't be late for breakfast on Sunday morning.

WELCOME TO OUR NEW RESIDENTS

Haywood Lodge

Margaret Williams
Aileen Randolph

Yvonne Dance

Spicewood Cottages

Alexander Papaloannou
Debra Caldwell

Haywood Lodge

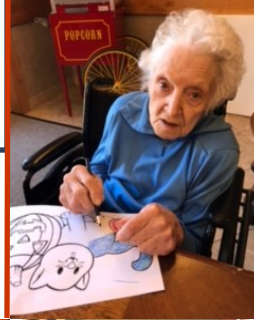
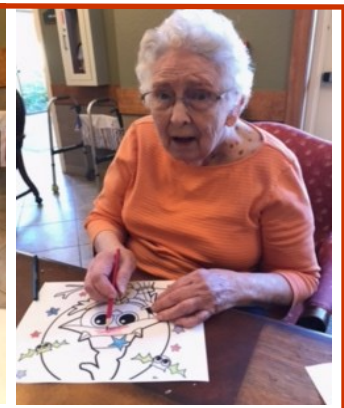
Congratulations to Martha Plemmons for being chosen as resident of the month. She was born in Haywood County and has two sisters and one nephew. Martha was a school teacher for a few years and went back to school for her Masters. From there she went to work for the government and retired after 40+ years. Martha enjoys reading, drinking her Diet Coke, watching tv and spending time with her sister. We are glad you chose us to live with.

Spicewood Cottages

R.L. Barnes- Air Force
Ralph Singleton- Navy
Lewis Wimbish- Navy

Haywood Lodge

Herbert McCuiston- Army
Raymond Caldwell- Navy
Paul Alexander- Marines
James Cathey- Air Force
Carroll Bryson- Navy



We color quite often as an activity. Research into the effects of coloring activities for people living with dementia show positive outcomes, most notable a decrease in agitation and anxiety.

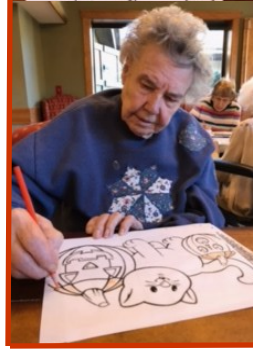
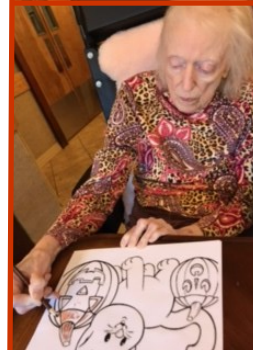
The Benefits of Coloring for Seniors

- Improves moods
- Relieves stress
- Reduces agitation
- Promotes socialization and reminiscing
- Helps to maintain motor function
- Improves dexterity (grip control)
- Improves hand-eye coordination
- Promotes mindfulness (full attention & concentration required)

Thanks to the staff, residents, and family members who provided treats for the Halloween trick or treaters. We would also like to thank Aaron for allowing us to do activities such as this. The residents have such a great time giving out candy and sneaking a few pieces for themselves ever now and then.



We all enjoyed going to the Tryon Equestrian Center so much that we went back. All the horses are beautiful and gentle. A really neat place to visit.



Birthday parties are fun. We listen to music, dance, and eat cake and ice cream. Above Marietta is celebrating her 95th birthday with her children and below Janie is having a good time dancing.



Meet Sally. She is Creekside's newest resident.

Creekside residents love to eat.



Business Name

Primary Business Address

Address Line 2

Address Line 3

Address Line 4

Phone: 555-555-5555

Fax: 555-555-5555

Email: someone@example.com

We're on the Web!
example.com



Organization

Business Tagline or Motto

This would be a good place to insert a short paragraph about your organization. It might include the purpose of the organization, its mission, founding date, and a brief history. You could also include a brief list of the types of products, services, or programs your organization offers, the geographic area covered (for example, western U.S. or European markets), and a profile of the types of customers or members served.

It would also be useful to include a contact name for readers who want more information about the organization.

Back Page Story Headline

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to read at a glance.

A question and answer session is a good way to quickly capture the readers attention. You can either compile questions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your organization.

A listing of names and titles of managers in your organization is a good way to give your newsletter a personal touch. If your organization is small, you may want to list the names of all employees.

If you have any prices of standard products or services, you can include a listing of those here. You may want to refer your readers to any other forms of communication that you've created for your organization.

You can also use this space to remind readers to mark their calendars for a reg-

ular event, such as a breakfast meeting for vendors every third Tuesday of the month, or a biannual charity auction.

If space is available, this is a good place to insert a clip art image or some other graphic.



Caption describing picture or graphic.