



Therapy for Diverse Families

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The Rights of Clients

- ❖ You have the right to decide not to enter therapy with me. If you wish, I will provide you with the names of other good therapists.
- ❖ You have the right to end therapy at any time. You are required to pay for any treatments you have already had. You may, have problems with other people or agencies if you end therapy—for example, if you have been sent to therapy by a court.
- ❖ You have the right to ask questions at any time during therapy.
- ❖ You have the right to confidentiality. Generally, no one will learn of our work without your written permission. There are some situations in which I am required by law to reveal some of the things you tell me, even without your permission, and if I do reveal these things I am not required by the law to tell you that I have done so. Here are some of these situations:
 - If you seriously threaten to harm another person, I must warn that person and the authorities.
 - If a court orders me to testify about you, I must do so.
 - If I am testing or treating you under a court order, I must report to the court.
- ❖ If I plan to record a session, I will get your informed consent in writing. You have the right to prevent any such recording.
- ❖ You have the right to review your file and request copies of your records.