

Holli-Hills November 2020 Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
October 26-30	AM Snack:	Fruit & Grain Bar	Strawberry Grahams	Cinnamon Toast	Toasted Oats	Cinnamon Toast
	Lunch:	Ham and cheese on Wheat bread Carrots Raisins Milk	Bean Nachos Corn Apple Slices Milk	Chicken Nuggets Macaroni and cheese Carrots Fruit Cocktail	Bean Nachos Green Beans Apple Sauce Milk	Fish sticks Garlic bread Tator Tots Raisins Milk
	PM Snack:	Wheat Crackers Milk	Pretzels Milk	Graham crackers Milk	Gold fish Milk	Animal Crackers Milk
November 2-6	AM Snack:	Cinnamon Toast	Fruit & Grain Bar	Strawberry Grahams	Waffles	Frosted Wheaties
	Lunch:	Bean Nachos Corn Apple Slices Milk	Turkey and cheese on Wheat bread Carrots Raisins	Chicken Nuggets Brown rice Peas Orange Slices Milk	Bean and cheese on Corn tortilla Mixed Vegetables Raisins	Fish sticks Garlic bread Baked Cut Fries Bananas Milk
	PM Snack:	Chocolate Grahams Milk	Pretzels Milk	Gold fish Milk	Wheat Crackers Milk	Cheese Crackers Milk
November 9-13	AM Snack:	Fruit & Grain Bar	Strawberry Grahams	Cinnamon Toast	Toasted Oats	Cinnamon Toast
	Lunch:	Bean and cheese on Corn tortilla Peas	Fish sticks Garlic bread Tator Tots Bananas Milk	Chicken Nuggets Macaroni and cheese Corn Fruit Cocktail	Ham and cheese on Wheat bread Lettuce and Tomato Salad	Cheeseburger On Wheat Buns Lettuce Bananas
	PM Snack:	Wheat Crackers Milk	Pretzels Milk	Graham crackers Milk	Gold fish Milk	Animal Crackers Milk
November 16-20	AM Snack:	Cinnamon Toast	Fruit & Grain Bar	Strawberry Grahams	Waffles	Frosted Wheaties
	Lunch:	Beef Sticks Macaroni and cheese Green beans Apples	Turkey and cheese on Wheat bread Lettuce and Tomato Salad	Chicken Nuggets Brown rice Broccoli Oranges Milk	Bean and cheese on Corn tortilla Mixed Vegetables Fruit Cocktail	Fish sticks Garlic bread Baked Cut Fries Bananas Milk
	PM Snack:	Chocolate Grahams Milk	Pretzels Milk	Gold fish Milk	Wheat Crackers Milk	Cheese Crackers Milk
November 23-27	AM Snack:	Fruit & Grain Bar	Strawberry Grahams	Cinnamon Toast		
	Lunch:	Bean and cheese on Corn tortilla Peas	Fish sticks Garlic bread Tator Tots Bananas Milk	Chicken Nuggets Macaroni and cheese Corn Fruit Cocktail	CLOSED	CLOSED
	PM Snack:	Wheat Crackers Milk	Pretzels Milk	Graham crackers Milk		

Food Group Key:

Milk Lean Meat/ Meat Alternative Vegetable Fruit Whole Grain

Note: Water is available with every meal and throughout the day