



Spring into Summer spring tonics

herbal helpers for allergy season
herbal preparations to pamper
and nourish your body

Tuesday April 16th 5-6 at Taos Food Co-op

Presented by Herbalist Diane Eger

Certified clinical herbalist

Gathering herbs in the southwest and
making medicine for 30 years.

Certified in Yoga and Crystal Healing

M.A. University of Illinois

575-758-3821

Chrystal healing and herbal
consultations by Appointment
Also sign up list for herb walks

