



THE

AARP ADVOCATE

November 2020



Get a head start on Lobby Week!

We listened, we spoke out, we voted. Now, AARP advocates are ready to hold their lawmakers accountable.

AARP's Virtual Lobby Week starts tomorrow, December 1, and together we'll speak out to demand a safer, more secure future for Americans age 50+.

We're going to call, tweet, and Zoom with lawmakers to share our biggest priorities: protecting nursing home residents during an unprecedented pandemic, fighting senior hunger, and ending the Social Security COVID cut that will harm those born in 1960.

[Be the first to call on Congress to act now to protect Americans over 50. Email your lawmakers today.](#)

Get in on this first



Join us to celebrate the 2021 AARP Purpose Prize Honorees

Making a difference is ageless. The AARP Purpose Prize is the only national award that celebrates people 50+ who are using their knowledge and life experience to create social change and solve tough social problems.

Golden Globe® Award-Winning actor and activist Glenn Close will be presented with an honorary Purpose Prize Award for her work with Bring Change to Mind, a charity dedicated to confronting, head-on, the stigma associated with mental illness.

[RSVP today to join the livestream on December 3 at 7:00 p.m. ET.](#)

Sign me up

Another 2020 debacle: the Social Security

“COVID cut”

Did you know? Your basic monthly Social Security benefit is calculated using the contributions you paid in, which are then adjusted by the average wage index (AWI) in the year you turn 60.

The bad news for people turning 60 this year? Since wages are down, the AWI is much lower due to the economic fallout from COVID-19 — and would permanently cut Social Security benefits for these workers through no fault of their own.

[Watch and share our exclusive video to shed light on the completely unfair Social Security COVID cut. And if you know someone born in 1960, share with them!](#)



In the News

[Supreme Court Appears Inclined to Maintain the ACA](#)

[List of Coronavirus-Related Restrictions in Every State](#)

[7 Ways Caregivers Can Create That Holiday Feeling Amid the Pandemic](#)

[Take Time Now to Review Your Medicare Coverage](#)

[AARP Lobby Week Goes Virtual Amid Pandemic](#)

TEST YOUR KNOWLEDGE

True or False: Depression is less likely to be diagnosed when you're older.

- A) True
- B) False

Scroll down for the answer

We are AARP:

Superina from Connecticut



Superina says the only way she can take care of her mother, Louise, is because of her community. But she had to learn to ask for the help.

“The tasks can be overwhelming at times,” she said. “I’m truly thankful for a wonderfully supportive husband and my village that assists with whatever I ask.”

[Read on to see Superina’s story](#) — and thank you to ALL caregivers who give so much to their families and loved ones.

TEST YOUR KNOWLEDGE ANSWER

A) True.

Symptoms of depression can look different when people are older, and that makes it challenging to diagnose. [Take care of yourself and your loved ones — read on for 6 more things you should know about depression.](#)