

Red Ribbons outReach EVENT WORKSHOP (to be done either in the summer as "camp", or as a school program or a combined adult & children's workshop that builds up to a closing performance)

<http://www.rubansrougesdance.com/red-ribbon-outreach.html>

The event focuses on women's wellness, children's safety, self-esteem, feminism, artistic expression, healthy relationships, respect and being strong to stand up to all kinds of bullying/abuse whether it's sexual, physical, psychological, outcasting, etc.

An all-day event with different facets to it centering around "Speaking Up" and to not let anyone harm them or others.

1. 1-2:30p In the early afternoon: Have a free Community OutReach movement workshop to help promote psychological wellness for pre-teen and teen kids and teach them how they should be treated. Teach them to speak up if anyone harms them or others. Teach them some choreography to perform a pre-show dance piece "Speak Up!" We give them red ribbons upon completing class to remind them to "Speak Up!" and never let anyone harm them or others. Parents are encouraged to watch and co-partner.
2. 2:30-4p Mid-afternoon: a free adult dance-wellness class promoting themes of safety, respect, healthy partnering and respecting one another's body and space. What is proper and professional behavior when dancing solo or partnering and how to work with a new dance partner. How to detect sexual assault and what to do if this happens. We give them red ribbons upon completing class as a reminder of a promise to speak up if they feel they've been violated.
3. 5p-6:30p A pre-show reception. Book signing of RED RIBBONS book. Screen our docu-drama film about child abuse, abandonment & awareness "Baby Doe's Heartbeat". We received Emmy nominations for this film. We own the rights to screen the edited version. It's about 30 mins.
4. 6:45p The pre-teen and teen kids from the workshop perform their "Speak Up!" dance.
5. 7p-8p An early evening performance of RED RIBBONS. This performance is about a woman's journey and struggle as she uncovers the mystery of her past abuse she suffered as a child and how she conquers it as an adult.

This a program developed by Noelle Rose Andressen & Shirley Gitlin for Rubans Rouges Dance. Copyright 2011.