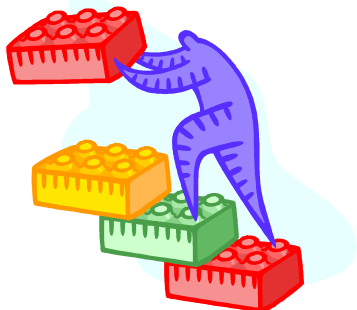


Clubhouse Goals

- To promote sustained psychiatric recovery and reduce barriers and obstacles to achieving recovery.
- Improve vocational functioning by providing prevocational experiences in the work day program and supported employment.
- To ensure that members have responsible and self-determined personal and vocational goals. Services are provided in a community and environment which support members' goals and aspirations.
- To assist members in understanding mental illness, to recognize and manage symptoms and to develop coping skills and explore positive ways of dealing with illness related issues.
- To be a part of a member's support network by assisting with a variety of needs including housing, entitlements, employment, community resources, advocacy and emergency services.



*For more information or to
schedule a tour, please contact:*

Barry Pollard, BA.

Clubhouse Director

Stepping Stones Welcomes Visitors

* * *

**STEPPING STONES
CLUBHOUSE
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A program of Human Services, Inc.

Designed and Printed by
Stepping Stones Clubhouse

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**...turning stumbling blocks
into Stepping Stones ...**

What is a Clubhouse?

The Clubhouse program is a psychiatric rehabilitation program focusing on recovery through skill training in a work day setting. Members choose to participate in one or more of several units - Clerical, Kitchen, Maintenance or Education. Their experiences can lead to future employment in the community and greater independence and satisfaction in their lives. There is also a social component to the program outside business hours. Members participate in decision-making, effecting every aspect of the program. The Clubhouse focuses on cooperation, work-readiness, friendship, self-respect and most importantly, abilities not disabilities.

Stepping Stones' Mission

The mission of the Clubhouse is to help people with mental illness integrate back into the community by building vocational skills and confidence during the work-ordered day, assisting members to set goals and turn ideas into action and to empower members to take responsibility for the operation of the program.

Rehab Services

Clerical Unit: Includes answering phones, typing, filing, membership records & statistics, computer/internet skills, production/distribution of the monthly newsletter & new member intakes.

Kitchen Unit: Includes menu planning, meal preparation, shopping, nutrition & proper food handling procedures. This unit also maintains the daily operation of our snack room: using the cash register, money handling, stocking shelves & inventory control.

Maintenance Unit: Includes daily custodial duties & light maintenance of the Clubhouse: vacuuming, trash removal, sweeping/mopping floors, dusting, seasonal gardening, landscaping & grounds-care.

Transitional Employment: Locates and develops temporary entry level positions in the community for members to experience part time employment to regain and develop skills and confidence.

Education Services: Includes tutoring in basic reading and math skills, budgeting, health topics, interpersonal skills, problem solving, mental health education, assistance in continuing education, study skills & development of job placement skills.

Employment Services: Includes the assessment of interests & obstacles in the search for employment, skill teaching, resume writing, interview skills & Social Security work incentives.

Who is Eligible?

- An individual who is at least 18 years old and has been diagnosed with a major mental illness.
- An individual who chooses to participate in a work day program; Attendance is voluntary.
- An individual who is willing to develop rehabilitation goals to foster their recovery.
- An individual who is not currently abusing drugs or alcohol.
- An individual who is not a danger to themselves or to Clubhouse safety.
- An individual who is able to participate and get along with others in a work day setting.

Stepping Stones' Goal:

To facilitate recovery through pre-vocational experiences in a work-day environment.