



**THE MAMA BEAR  
FOUNDATION**

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**Mama Bear Care Bags**

The following items are typical items contained in our care bags:

Essentials-

- Travel sized baby wipes
- Travel sized Eucerin lotion
- Travel sized toothbrush and toothpaste
- Pocket warmers
- Eye masks
- Ear plugs
- Warm, fuzzy socks

Entertainment-

- Playing cards
- Play-and-go coloring packs
- Kids puzzle packs
- Other individual player travel-sized games

Snacks and goodies-

- Packs of gum
- Cliff bars
- Organic snack-sized popcorn
- Annie's fruit snacks
- Other organic snack-sized snack food

If you pick up a few items to donate to the creation of care bags, contact us through the website to coordinate delivery of your items!