

MEC GREATER VANCOUVER: ROAD RACE TWO, 10.5K/21K

Overall Finish List

March 02, 2019

Results By TRIO Sport Events

21 k Run

Female Finishers

Place	Name	Bib No	Age Group	Place	Chip Time	Gun Time	Total Pace
1	Lydia Tay	4868	1:F 30-39		1:23:44	1:23:47	3:59/K
2	Laura McIvor	3696	1:F 20-29		1:25:42	1:25:45	4:05/K
3	Karen Nolan	4236	2:F 30-39		1:34:56	1:42:56	4:31/K
4	Alecia Brooks	1721	3:F 30-39		1:36:14	1:36:18	4:35/K
5	Naiely Cabrera	1724	4:F 30-39		1:37:03	1:45:03	4:37/K
6	Megan Fretter	1762	5:F 30-39		1:37:27	1:37:34	4:38/K
7	Cailan Gardner	1765	2:F 20-29		1:41:40	1:41:51	4:50/K
8	Kirsten Thingvold	4870	1:F 40-49		1:42:07	1:42:11	4:52/K
9	Shawna Yee	4885	1:F 50-59		1:45:50	1:46:42	5:02/K
10	Jillian Sader	4819	3:F 20-29		1:46:03	1:46:06	5:03/K
11	Dominik Peskova	4437	4:F 20-29		1:46:22	1:46:29	5:04/K
12	Stephanie Lake	1793	5:F 20-29		1:46:47	1:47:08	5:05/K
13	Sarah Minicola	3762	6:F 30-39		1:47:03	1:47:19	5:06/K
14	Magdalena Stroniarz	4865	1:F 0-19		1:53:00	1:53:13	5:23/K
15	Michelle McGuire	3686	2:F 40-49		1:53:10	1:53:16	5:23/K
16	Brittany Labron	1792	6:F 20-29		1:53:39	1:53:45	5:25/K
17	Janeen Beebe	1714	7:F 30-39		1:54:31	1:54:36	5:27/K
18	Hanna Vincze	4874	7:F 20-29		1:54:54	1:55:05	5:28/K
19	Christina Price	4499	3:F 40-49		1:56:11	1:56:24	5:32/K
20	Grace Sullivan	4866	8:F 30-39		1:56:19	1:56:52	5:32/K
21	Sam O'Neill	4241	9:F 30-39		1:56:45	1:57:45	5:34/K
22	Rhonda Dyce	1754	4:F 40-49		1:56:52	1:57:05	5:34/K
23	Gabriela Rodriguez	4814	10:F 30-39		1:57:51	1:57:56	5:37/K
24	Mckenna Pahang	4249	8:F 20-29		1:58:23	1:58:46	5:38/K
25	Scarlett Armstrong	1705	11:F 30-39		1:59:28	1:59:39	5:41/K
26	Anne Desplanches	1743	9:F 20-29		2:00:14	2:00:40	5:44/K
27	Sherri Lewis	1799	12:F 30-39		2:01:10	2:01:18	5:46/K
28	Morgan Westcott	4879	13:F 30-39		2:01:42	2:01:50	5:48/K
29	Zella Baran	1708	1:F 60-69		2:02:02	2:02:08	5:49/K
30	Jessica Roseman	4815	14:F 30-39		2:02:47	2:02:55	5:51/K
31	Candice Waker	4877	10:F 20-29		2:02:53	2:03:29	5:51/K
32	Tess Parent	4407	15:F 30-39		2:02:53	2:03:29	5:51/K
33	Gillian Leake	1794	16:F 30-39		2:03:44	2:03:58	5:54/K
34	Katrina Dorton	1751	17:F 30-39		2:03:50	2:03:58	5:54/K
35	Gabrielle Steed	4864	5:F 40-49		2:03:54	2:04:04	5:54/K
36	Marci King	1789	18:F 30-39		2:04:36	2:04:45	5:56/K
37	Claire Doheny	1748	11:F 20-29		2:05:16	2:05:30	5:58/K
38	Megan Kennedy	1787	19:F 30-39		2:06:26	2:06:34	6:01/K
39	Sahar Hosseini	1778	20:F 30-39		2:06:49	2:06:57	6:02/K
40	Alison Marshall	3671	2:F 50-59		2:07:44	2:10:01	6:05/K
41	Lisa Casagrande	1729	6:F 40-49		2:08:15	2:08:27	6:06/K
42	Aman Basra	1709	12:F 20-29		2:10:28	2:10:36	6:13/K
43	Samah Phillips	4453	21:F 30-39		2:13:01	2:13:17	6:20/K
44	Karen Lui	3633	22:F 30-39		2:14:11	2:14:18	6:23/K
45	Brittany Geier	1767	13:F 20-29		2:14:26	2:14:53	6:24/K
46	Monica Camille Magbag	3667	14:F 20-29		2:16:58	2:17:20	6:31/K
47	Shaunene Smyth	4862	3:F 50-59		2:17:05	2:25:51	6:32/K
48	Nicole Van Zanten	4872	1:F 99-99		2:19:17	2:19:43	6:38/K

49	Teresa Nicolson	3942	2:F 60-69	2:20:26	2:20:42	6:41/K
50	Rachel Goossen	1768	15:F 20-29	2:24:37	2:24:47	6:53/K
51	Trish Martin	3676	23:F 30-39	2:35:17	2:35:33	7:24/K
52	Karen Kapchinsky	1784	4:F 50-59	2:36:17	2:37:15	7:27/K
53	Rita Long	3622	3:F 60-69	2:43:54	2:44:20	7:48/K
54	Chelsea Woo	4882	16:F 20-29	2:46:16	2:46:32	7:55/K
55	Soudabeh Mousavi	3771	24:F 30-39	2:46:52	2:47:01	7:57/K

Male Finishers

Place	Name	Bib No	Age Group	Place	Chip Time	Gun Time	Total Pace
1	William Krohn	1791	1:M 20-29		1:17:24	1:17:26	3:41/K
2	Kazuyuki Nameraishi	3785	1:M 40-49		1:18:18	1:18:21	3:44/K
3	James Montgomery	3765	1:M 30-39		1:21:54	1:21:56	3:54/K
4	Philip Finlayson	1759	2:M 40-49		1:22:07	1:22:09	3:55/K
5	Adam Woods	4883	2:M 20-29		1:23:17	1:23:19	3:58/K
6	Paul Taylor	4869	3:M 40-49		1:24:35	1:24:37	4:02/K
7	Peter Mennie	3719	2:M 30-39		1:24:45	1:24:49	4:02/K
8	Ash Holmes	1776	3:M 20-29		1:26:11	1:26:22	4:06/K
9	Joe Byrne	1723	3:M 30-39		1:27:21	1:27:25	4:10/K
10	Eric Bratt	1720	4:M 30-39		1:27:52	1:28:12	4:11/K
11	Andrew Payne	4888	5:M 30-39		1:28:29	1:28:29	4:13/K
12	Cyrus Niamir	3789	6:M 30-39		1:29:03	1:29:07	4:14/K
13	Edouard Angue	1701	4:M 40-49		1:29:13	1:29:16	4:15/K
14	Dustin Dunsmuir	1753	7:M 30-39		1:29:31	1:29:35	4:16/K
15	Oliver Foot	1761	4:M 20-29		1:29:47	1:29:51	4:17/K
16	Stephen Melendy	3700	8:M 30-39		1:31:00	1:31:07	4:20/K
17	Michael Harder	1772	9:M 30-39		1:32:34	1:32:40	4:24/K
18	Adam Lee	1795	10:M 30-39		1:32:37	1:32:47	4:25/K
19	Brad Newton	3786	5:M 20-29		1:33:51	1:34:00	4:28/K
20	Christian Sander	4820	11:M 30-39		1:33:52	1:34:02	4:28/K
21	Daithi Beag	1712	6:M 20-29		1:35:11	1:35:22	4:32/K
22	Donal Dignan	1747	7:M 20-29		1:35:41	1:35:59	4:33/K
23	Yianni Pappas-Acreman	4403	12:M 30-39		1:35:53	1:35:59	4:34/K
24	Martin Austin	1706	1:M 50-59		1:35:54	1:36:02	4:34/K
25	Ioan Virgolici	4875	8:M 20-29		1:36:25	1:36:29	4:35/K
26	Luca Dorato	1749	13:M 30-39		1:37:07	1:37:28	4:37/K
27	Garth Thomson	4871	14:M 30-39		1:37:11	1:37:24	4:38/K
28	Darren Kirk	1790	15:M 30-39		1:37:36	1:38:05	4:39/K
29	Ryan MacKenzie	3660	9:M 20-29		1:37:47	1:37:52	4:39/K
30	Ian Sutcliffe	4867	16:M 30-39		1:40:28	1:40:32	4:47/K
31	Kevin De Leon	1742	17:M 30-39		1:40:32	1:40:35	4:47/K
32	Grant Armstrong	1704	5:M 40-49		1:41:07	1:41:18	4:49/K
33	Ninderjit Dhaliwal	1745	6:M 40-49		1:42:12	1:42:31	4:52/K
34	Brian Banfill	1707	2:M 50-59		1:42:14	1:42:29	4:52/K
35	Chris Wong	4881	7:M 40-49		1:42:41	1:42:50	4:53/K
36	Garth Cumming	1741	8:M 40-49		1:43:20	1:43:58	4:55/K
37	Steve Duddy	1752	18:M 30-39		1:43:59	1:44:06	4:57/K
38	Andrei Karniaichuk	1785	19:M 30-39		1:46:02	1:46:13	5:03/K
39	Paul Cameron	1725	20:M 30-39		1:46:32	1:46:39	5:04/K
40	Daniel Lord	3623	10:M 20-29		1:46:34	1:46:48	5:04/K
41	Jeffrey McMann	3698	21:M 30-39		1:47:04	1:47:25	5:06/K
42	Kan Shan Yao	4884	22:M 30-39		1:47:41	1:48:02	5:08/K
43	David King	1788	23:M 30-39		1:48:03	1:48:16	5:09/K
44	Michael Hainke	1770	9:M 40-49		1:48:34	1:48:47	5:10/K
45	Kal Nijjar	4225	11:M 20-29		1:49:25	1:49:37	5:13/K

46	Bo Chew	1736	3:M 50-59	1:49:43	1:49:49	5:13/K
47	Eoin Lee	1797	12:M 20-29	1:49:58	1:50:15	5:14/K
48	Mark Robinson	4812	13:M 20-29	1:50:06	1:50:24	5:15/K
49	Lawrence Bernales	1715	24:M 30-39	1:51:18	1:51:30	5:18/K
50	Brian Egan	1755	14:M 20-29	1:51:54	1:52:36	5:20/K
51	Neil Vaughan	4873	10:M 40-49	1:51:54	1:52:03	5:20/K
52	Robson Pontin	4498	15:M 20-29	1:51:59	1:52:31	5:20/K
53	Tom Sherlock	4861	1:M 60-69	1:52:59	1:53:11	5:23/K
54	Chad Findlay	1758	11:M 40-49	1:53:09	1:53:15	5:23/K
55	Daniel Heath	1774	12:M 40-49	1:53:43	1:53:58	5:25/K
56	Sam Jones	1783	16:M 20-29	1:54:15	1:54:33	5:26/K
57	Graham Beebe	1713	25:M 30-39	1:54:31	1:54:36	5:27/K
58	Alvaro Reyes	4802	26:M 30-39	1:56:08	1:56:14	5:32/K
59	Graham Plant	4497	27:M 30-39	1:56:15	1:56:39	5:32/K
60	Simon Hoang	1775	13:M 40-49	1:56:52	1:57:05	5:34/K
61	Kevin Lee	1796	28:M 30-39	1:57:10	1:57:30	5:35/K
62	Harjinder Dhaliwal	1744	14:M 40-49	1:57:22	1:57:43	5:35/K
63	Shunta Furumoto	1763	17:M 20-29	1:57:24	1:57:31	5:35/K
64	Chris Johnson	1782	4:M 50-59	1:59:27	1:59:31	5:41/K
65	Phil Wardlaw	4878	18:M 20-29	2:01:05	2:01:14	5:46/K
66	Chris Manore	3670	2:M 60-69	2:01:22	2:01:37	5:47/K
67	Jamie Paterson	4408	19:M 20-29	2:01:29	2:03:02	5:47/K
68	Cory Seki	4859	20:M 20-29	2:01:42	2:01:55	5:48/K
69	Andrew Piechnik	4496	21:M 20-29	2:02:03	2:02:12	5:49/K
70	Andrew Pham	4438	22:M 20-29	2:03:32	2:03:55	5:53/K
71	Phil Hachey	1769	29:M 30-39	2:03:57	2:04:08	5:54/K
72	Nigel Bateman	1710	23:M 20-29	2:04:09	2:05:30	5:55/K
73	Mark Kennedy	1786	5:M 50-59	2:04:56	2:05:06	5:57/K
74	Adam Richards	4805	30:M 30-39	2:06:01	2:06:24	6:00/K
75	Andrew Cavanagh	1731	15:M 40-49	2:06:37	2:06:46	6:02/K
76	Segi Boric	1717	1:M 0-19	2:06:42	2:07:11	6:02/K
77	Matthew Perry	4434	31:M 30-39	2:06:44	2:07:12	6:02/K
78	Jeremy Catchpoole	1730	16:M 40-49	2:07:32	2:07:44	6:04/K
79	Darin Lewis	1800	32:M 30-39	2:07:47	2:07:55	6:05/K
80	Jose Gimenez	4887	17:M 40-49	2:09:27	2:19:49	6:10/K
81	Nick Nicholson	3800	6:M 50-59	2:10:55	2:11:23	6:14/K
82	Kyle Shea	4860	24:M 20-29	2:14:26	2:14:53	6:24/K
83	Koichi Hoshino	1777	7:M 50-59	2:15:16	2:15:27	6:26/K
84	Tim Johnson	1781	33:M 30-39	2:15:59	2:16:12	6:29/K
85	Luke Burkholder	1722	34:M 30-39	2:18:48	2:29:17	6:37/K
86	Chromilo Amin	713	18:M 40-49	2:18:58	2:19:14	6:37/K
	DQ Stephen Tyler Fisher	1760	DQ:M 20-29	---	---	---

10.5 k Run

Female Finishers

Place	Name	Bib No	Age Group	Place	Chip Time	Gun Time	Total Pace
1	Tina Connelly	2522	1:F 40-49		43:28	43:32	4:08/K
2	Christina Crump	5825	1:F 30-39		44:38	44:43	4:15/K
3	Kelsey Nilsen	3582	1:F 20-29		46:00	46:05	4:23/K
4	Katelyn Verstraten	4996	2:F 30-39		46:20	46:34	4:25/K
5	Cara Allaway	911	2:F 40-49		47:00	47:07	4:29/K
6	Laura Warr	5804	2:F 20-29		47:26	47:31	4:31/K
7	Siobhan Brennan	1383	3:F 30-39		49:22	49:33	4:42/K
8	Jennifer Peverelle	4771	3:F 20-29		49:24	49:57	4:42/K
9	Nicole Gingrich	2588	4:F 20-29		49:54	50:01	4:45/K

10	Olga Pazukha	4764	4:F 30-39	50:22	50:30	4:48/K
11	Erin Miller	3562	5:F 30-39	50:34	50:45	4:49/K
12	Gillian Wladichuk	5807	6:F 30-39	50:57	51:02	4:51/K
13	Isabelle Vaux	4995	1:F 0-19	51:19	51:27	4:53/K
14	Emily Masching	3542	7:F 30-39	51:33	51:47	4:55/K
15	Madeleine Service	4944	5:F 20-29	51:56	52:02	4:57/K
16	Maya Wilson	5806	8:F 30-39	52:30	53:02	5:00/K
17	Mel Cheesman	2347	3:F 40-49	52:48	52:59	5:02/K
18	Marina Khrisanova	3399	4:F 40-49	53:14	53:18	5:04/K
19	Georgina Hart	2648	6:F 20-29	53:20	53:29	5:05/K
20	Clare Sparks	4961	7:F 20-29	53:23	53:44	5:05/K
21	Darelle Odo	3585	9:F 30-39	53:27	53:34	5:05/K
22	Nadia Van Der Merwe	4992	10:F 30-39	53:35	53:46	5:06/K
23	Kate Oja	3586	11:F 30-39	53:50	54:18	5:08/K
24	Christina Howard	3330	8:F 20-29	54:18	54:31	5:10/K
25	Lynn Gonzalez	2590	12:F 30-39	54:28	54:41	5:11/K
26	Niki Chum	2502	13:F 30-39	54:41	55:07	5:12/K
27	Margot Lively	5821	1:F 50-59	54:45	54:57	5:13/K
28	Dominique Corbeil	5827	9:F 20-29	55:06	55:27	5:15/K
29	Felicity Heaslip	3296	14:F 30-39	55:58	56:06	5:20/K
30	Fanny Shelbaya	4946	15:F 30-39	55:59	56:08	5:20/K
31	Dee McQueen	3555	10:F 20-29	56:49	57:04	5:25/K
32	Kelly Pollock	4787	16:F 30-39	57:30	58:01	5:29/K
33	Sherry Zhao	5818	1:F 99-99	57:34	58:02	5:29/K
34	Angel Huang	3335	11:F 20-29	57:39	58:09	5:29/K
35	Natalia Sudeyko	4970	12:F 20-29	57:39	58:14	5:29/K
36	Monica Millar	3561	13:F 20-29	57:58	58:15	5:31/K
37	Katie Berlinguette	1307	17:F 30-39	57:58	58:10	5:31/K
38	Zoe Crysler	2532	18:F 30-39	57:59	58:13	5:31/K
39	Sonia Bevilacqua	1309	2:F 50-59	58:02	58:12	5:32/K
40	Karbo Kam	3387	19:F 30-39	58:43	59:07	5:36/K
41	Aileen Hsieh	3333	14:F 20-29	59:07	59:19	5:38/K
42	Carolyn Anderson	937	5:F 40-49	59:15	59:48	5:39/K
43	Meera Jain	3354	20:F 30-39	59:17	59:25	5:39/K
44	Cassandra Basi	1229	21:F 30-39	59:21	59:31	5:39/K
45	Emma Fox	2575	22:F 30-39	59:24	59:50	5:39/K
46	Jennifer Derksen	2540	6:F 40-49	59:27	59:47	5:40/K
47	Liza Archer	946	7:F 40-49	59:43	59:55	5:41/K
48	Elisa Munro	3574	23:F 30-39	59:43	59:54	5:41/K
49	Jasmine Shi	4949	15:F 20-29	59:47	1:01:25	5:42/K
50	Debbie Brow	1422	3:F 50-59	59:48	59:53	5:42/K
51	Olga Orth	3591	8:F 40-49	59:49	1:00:23	5:42/K
52	Beatrice Palencia	3595	16:F 20-29	1:00:13	1:00:19	5:44/K
53	Kim Harvey	3287	4:F 50-59	1:00:15	1:00:28	5:44/K
54	Ashley Reid	4913	24:F 30-39	1:00:15	1:00:24	5:44/K
55	Leila Daipour	2535	17:F 20-29	1:00:27	1:00:59	5:45/K
56	Greta Visscher-Pau	4998	25:F 30-39	1:00:27	1:01:00	5:45/K
57	Kirsten Scott	4938	18:F 20-29	1:00:29	1:01:36	5:46/K
58	Sarah Smith	4956	26:F 30-39	1:00:36	1:01:00	5:46/K
59	Colleen Parent	3598	5:F 50-59	1:00:50	1:01:20	5:48/K
60	Kelly Moser	3569	9:F 40-49	1:00:50	1:01:20	5:48/K
61	Elmira Nazar	3576	19:F 20-29	1:00:51	1:00:58	5:48/K
62	Jennifer Nguyen	3579	27:F 30-39	1:00:54	1:01:23	5:48/K
63	Maria Vickers	4997	20:F 20-29	1:01:39	1:02:11	5:52/K
64	Darcie Profeit	4905	28:F 30-39	1:01:49	1:02:09	5:53/K
65	Kelsey Adair	520	21:F 20-29	1:01:55	1:02:07	5:54/K

66	Elena Bergougnou	1291	22:F 20-29	1:02:09	1:02:18	5:55/K
67	Ann Yamashita	5812	10:F 40-49	1:02:25	1:02:32	5:57/K
68	Laura Ruzic	5826	29:F 30-39	1:02:27	1:02:47	5:57/K
69	Susan Ng	3577	6:F 50-59	1:02:27	1:02:56	5:57/K
70	Aliesha Shutte	4951	23:F 20-29	1:02:32	1:03:03	5:57/K
71	Nicole Leong	3518	30:F 30-39	1:02:33	1:02:57	5:57/K
72	Kristen Potter	4797	24:F 20-29	1:02:41	1:03:01	5:58/K
73	Rhonda Marshall	3539	11:F 40-49	1:02:45	1:03:27	5:59/K
74	Kimberly Crow	2531	31:F 30-39	1:02:51	1:03:02	5:59/K
75	Tiffany Wang	5803	32:F 30-39	1:02:58	1:03:35	6:00/K
76	Sally Liang	3522	33:F 30-39	1:03:02	1:03:17	6:00/K
77	Rychelle Ruholl	4925	12:F 40-49	1:03:06	1:03:34	6:01/K
78	Adrienne McKenzie	3552	25:F 20-29	1:03:08	1:03:23	6:01/K
79	Cassie Der	2539	34:F 30-39	1:03:09	1:03:40	6:01/K
80	Steffi Schoeller	4935	35:F 30-39	1:03:29	1:03:52	6:03/K
81	Natalie Twohey	4990	36:F 30-39	1:03:30	1:04:09	6:03/K
82	Lauren Duff	2556	26:F 20-29	1:03:31	1:03:46	6:03/K
83	Rhonda Hyslop	3338	13:F 40-49	1:04:06	1:04:26	6:06/K
84	Ingrid Wang	5802	37:F 30-39	1:04:08	1:04:40	6:06/K
85	Juhee Kim	3502	27:F 20-29	1:04:14	1:04:26	6:07/K
86	Deborah Gibson	2581	7:F 50-59	1:04:16	1:04:52	6:07/K
87	Sandy Gardner	2578	8:F 50-59	1:04:16	1:04:27	6:07/K
88	Lauren Badiong	969	28:F 20-29	1:04:21	1:05:05	6:08/K
89	Allison Eng	2565	38:F 30-39	1:04:27	1:05:02	6:08/K
90	Kirsten Hinlopen	3309	29:F 20-29	1:04:29	1:04:59	6:08/K
91	Chantal Breytenbach	1394	39:F 30-39	1:04:36	1:04:40	6:09/K
92	Celia McGrath	3548	40:F 30-39	1:04:40	1:05:01	6:10/K
93	Jennifer Ringenbach	4916	41:F 30-39	1:05:08	1:05:46	6:12/K
94	Sarah Jung	3384	42:F 30-39	1:05:09	1:05:41	6:12/K
95	Laura Zitron	5820	9:F 50-59	1:05:15	1:06:16	6:13/K
96	Heather Short	4950	30:F 20-29	1:05:23	1:05:59	6:14/K
97	Jennifer Selles	4942	31:F 20-29	1:05:45	1:05:57	6:16/K
98	Gloria Li	3520	32:F 20-29	1:05:49	1:05:58	6:16/K
99	Hilary Moses	3571	10:F 50-59	1:05:50	1:06:39	6:16/K
100	Cortnee Billon	1311	43:F 30-39	1:06:04	1:06:47	6:18/K
101	Erica Purcell	4906	33:F 20-29	1:07:19	1:07:30	6:25/K
102	Alexandria Lane	3513	44:F 30-39	1:07:28	1:07:59	6:26/K
103	Araceli Cervantes	2240	14:F 40-49	1:07:29	1:07:48	6:26/K
104	Shannon Patterson	3600	15:F 40-49	1:07:44	1:08:27	6:27/K
105	Sharon Man	3535	34:F 20-29	1:07:45	1:08:25	6:27/K
106	Zara McGrath	3549	45:F 30-39	1:07:48	1:08:11	6:27/K
107	Helena Knezickova	5828	35:F 20-29	1:08:02	1:12:21	6:29/K
108	Devray Evans	2567	46:F 30-39	1:08:22	1:08:39	6:31/K
109	Sharan Reddy	4912	16:F 40-49	1:08:23	1:08:56	6:31/K
110	Louise Low	3527	47:F 30-39	1:08:28	1:08:46	6:31/K
111	Natasha Shepherd	4948	48:F 30-39	1:08:28	1:08:46	6:31/K
112	Sofiya Pylypenko	4908	36:F 20-29	1:08:29	1:09:16	6:31/K
113	Nicole Hellyer	3307	17:F 40-49	1:08:51	1:09:28	6:33/K
114	Michelle Huisman	3336	18:F 40-49	1:08:52	1:09:28	6:34/K
115	Jennifer McIntyre	5823	49:F 30-39	1:08:54	1:09:39	6:34/K
116	Angela Haig-Greenwood	5822	50:F 30-39	1:08:58	1:09:43	6:34/K
117	Bronwyn Masson	3543	11:F 50-59	1:10:32	1:10:48	6:43/K
118	Christy Little	3526	51:F 30-39	1:10:34	1:10:46	6:43/K
119	Sophia Yurist	5817	52:F 30-39	1:10:50	1:11:35	6:45/K
120	Allison Marshall	3538	53:F 30-39	1:11:01	1:11:09	6:46/K
121	Lisa Tam	4973	54:F 30-39	1:11:57	1:12:31	6:51/K

122	Alicia Almeida	927	55:F 30-39	1:11:59	1:12:41	6:51/K
123	Melissa Millman	3564	37:F 20-29	1:12:06	1:12:25	6:52/K
124	Megan Fawcett	2570	38:F 20-29	1:12:07	1:12:25	6:52/K
125	Eve Ojea	3587	56:F 30-39	1:12:10	1:12:24	6:52/K
126	Natasha Philibert-Palmer	4774	39:F 20-29	1:12:24	1:12:52	6:54/K
127	Kate Metzack	3559	57:F 30-39	1:12:27	1:13:08	6:54/K
128	Drina Rocha	4919	40:F 20-29	1:12:41	1:13:21	6:55/K
129	Rachael Thiessen	4982	41:F 20-29	1:12:41	1:12:59	6:55/K
130	Mamata Lamichane	3512	42:F 20-29	1:12:43	1:13:25	6:56/K
131	Samantha Yastremski	5813	43:F 20-29	1:12:45	1:13:26	6:56/K
132	Ana Galindo	2577	58:F 30-39	1:12:59	1:13:49	6:57/K
133	Diana Milanovic	3560	19:F 40-49	1:13:13	1:13:24	6:58/K
134	Megan Smith	4958	20:F 40-49	1:13:19	1:13:30	6:59/K
135	Safiann Maiter	3533	21:F 40-49	1:13:32	1:13:41	7:00/K
136	Jocelyn Purcell	4907	1:F 60-69	1:14:02	1:14:12	7:03/K
137	Amber Catchpoole	1492	22:F 40-49	1:14:05	1:14:20	7:03/K
138	Asia Robinson`	4918	44:F 20-29	1:14:14	1:14:23	7:04/K
139	Erin Boswell	1350	59:F 30-39	1:14:53	1:15:08	7:08/K
140	Sarah Burd	1457	23:F 40-49	1:15:22	1:16:03	7:11/K
141	Marlene Dong	2549	24:F 40-49	1:15:59	1:16:37	7:14/K
142	Lauren Stedman	4963	25:F 40-49	1:16:30	1:16:56	7:17/K
143	Bonny Stedman	4962	60:F 30-39	1:16:32	1:16:56	7:17/K
144	Liann Badiong	961	45:F 20-29	1:16:33	1:17:17	7:17/K
145	Tanya Slessor	4954	26:F 40-49	1:16:34	1:17:02	7:18/K
146	Robyn Ebert	2560	61:F 30-39	1:16:35	1:17:02	7:18/K
147	Naivy Rochabrun	4920	62:F 30-39	1:17:58	1:18:48	7:26/K
148	Grace Thiessen	4980	12:F 50-59	1:18:42	1:19:00	7:30/K
149	Nina Sahota	4930	27:F 40-49	1:19:08	1:19:16	7:32/K
150	Erica Jamieson	3358	63:F 30-39	1:19:30	1:19:40	7:34/K
151	Elena Do	2545	28:F 40-49	1:19:33	1:20:08	7:35/K
152	Larissa Celiberto	1493	64:F 30-39	1:24:28	1:25:17	8:03/K
153	Laura Grant	2592	29:F 40-49	1:24:31	1:25:14	8:03/K
154	Carly Barrett	1206	65:F 30-39	1:25:10	1:25:48	8:07/K
155	Elizabeth Cousar	2526	30:F 40-49	1:26:23	1:26:56	8:14/K
156	Yoko Beriault	1297	2:F 60-69	1:27:22	1:27:38	8:19/K
157	Denise Pinto	4783	66:F 30-39	1:28:17	1:29:03	8:24/K
158	Beni Johnston	3365	31:F 40-49	1:31:02	1:31:46	8:40/K
159	Sarah Vondruska	4999	32:F 40-49	1:31:03	1:31:46	8:40/K
160	Sara Termos	4978	46:F 20-29	1:31:05	1:31:45	8:40/K
161	Suzanne Yuen	5816	47:F 20-29	1:31:54	1:32:33	8:45/K
162	Orna Elizur	2563	13:F 50-59	1:37:09	1:38:10	9:15/K
163	Rinat Sneg	4959	14:F 50-59	1:38:29	1:39:31	9:23/K
164	Sandra Graham	2591	15:F 50-59	1:40:10	1:40:50	9:32/K
165	Jasmine Dhaliwal	2544	48:F 20-29	1:42:27	1:42:45	9:45/K
166	Brenda Brooks	1404	16:F 50-59	1:43:50	1:44:39	9:53/K

Male Finishers

Place	Name	Bib No	Age Group	Place	Chip Time	Gun Time	Total Pace
1	Matthew Dorton	2550	1:M 30-39		37:09	37:12	3:32/K
2	Darragh Bourke	1370	2:M 30-39		41:08	41:13	3:55/K
3	Stephen Hardy	2646	1:M 50-59		42:45	42:52	4:04/K
4	Christopher Poenaru	4786	1:M 20-29		42:42	42:47	4:04/K
5	William Harvey	3281	1:M 60-69		43:09	43:15	4:07/K
6	Edward Schlagintweit	4934	2:M 20-29		43:32	43:38	4:09/K
7	Ryan Boulter	1351	1:M 40-49		43:35	43:39	4:09/K

8	Manuel Kissoczy	3504	3:M 20-29	44:55	45:03	4:17/K
9	Bryan Stolth	4965	2:M 40-49	45:14	45:18	4:18/K
10	Mikey Ross	4921	2:M 60-69	45:39	45:43	4:21/K
11	Lei Guo	2596	3:M 40-49	46:41	46:46	4:27/K
12	Ben Mortenson	3567	2:M 50-59	47:16	47:23	4:30/K
13	Scott Karsen	3392	3:M 50-59	47:17	47:20	4:30/K
14	Campbell McCallum	3546	4:M 50-59	47:40	47:45	4:32/K
15	Ethan Schrum	4936	4:M 20-29	48:17	48:25	4:36/K
16	Alexander Munro	3573	5:M 20-29	49:19	49:29	4:42/K
17	Ryan Stolys	4966	6:M 20-29	49:36	49:50	4:43/K
18	Neil Beattie	1273	4:M 40-49	50:03	50:23	4:46/K
19	Christopher Rudnik	4924	3:M 30-39	50:13	50:36	4:47/K
20	Yongqiang Liang	3521	7:M 20-29	50:23	50:28	4:48/K
21	Jeff Crossley	2530	5:M 50-59	50:27	50:43	4:48/K
22	Tom Kallo	3385	4:M 30-39	50:45	51:00	4:50/K
23	Peter Champion	1472	6:M 50-59	50:47	50:55	4:50/K
24	Robert Prince	4902	5:M 30-39	50:59	51:56	4:51/K
25	Boyd Thomson	4985	5:M 40-49	51:28	51:55	4:54/K
26	Steven Evans	2568	6:M 30-39	51:37	51:57	4:55/K
27	Scott MacDonald	3530	8:M 20-29	51:39	52:01	4:55/K
28	Trevor Vaughan	4994	1:M 0-19	51:47	51:47	4:56/K
29	Mark Norbury	3583	7:M 50-59	51:50	51:56	4:56/K
30	Josh Oliveira	3589	7:M 30-39	51:54	52:09	4:57/K
31	Chris Girard	2589	9:M 20-29	52:08	52:29	4:58/K
32	Dmitry Khrisanov	3397	6:M 40-49	52:16	52:21	4:59/K
33	David Poon	4793	8:M 30-39	52:26	52:49	5:00/K
34	Huy Pham	4773	9:M 30-39	52:30	52:52	5:00/K
35	Gareth Moses	3570	8:M 50-59	52:31	52:38	5:00/K
36	Alan Zhou	5819	10:M 20-29	52:41	53:01	5:01/K
37	Patrick Dolan	2548	10:M 30-39	52:46	53:11	5:02/K
38	Wayne Wong	5809	9:M 50-59	53:00	53:09	5:03/K
39	Connell Green	2593	11:M 20-29	53:07	53:29	5:04/K
40	Christian Bosio	1319	7:M 40-49	53:08	53:36	5:04/K
41	Stuart Grills	2594	8:M 40-49	53:18	53:20	5:05/K
42	Matthew Canavan	1475	11:M 30-39	53:42	54:13	5:07/K
43	Chris Bueschkens	1454	12:M 30-39	53:48	53:48	5:07/K
44	Justin Crawford	2527	13:M 30-39	53:48	54:22	5:07/K
45	Jamie Dowell	2554	12:M 20-29	54:07	54:26	5:09/K
46	Al Hodaly	3316	9:M 40-49	54:10	54:17	5:10/K
47	Juan Sarmiento	4932	10:M 40-49	54:18	54:33	5:10/K
48	Thomas Jones	3369	14:M 30-39	54:19	54:48	5:10/K
49	Casey Cross	2529	11:M 40-49	55:42	55:58	5:18/K
50	Deepak Rout	4922	12:M 40-49	55:48	55:53	5:19/K
51	Nikolas Oliveira	3588	13:M 20-29	56:15	56:31	5:21/K
52	Matthew Wong	5808	15:M 30-39	56:45	57:05	5:24/K
53	Marcus Tang	4975	16:M 30-39	56:48	56:56	5:25/K
54	Mark Raymond	4911	17:M 30-39	56:58	57:21	5:26/K
55	Kai Keenan	3396	18:M 30-39	57:05	57:26	5:26/K
56	Dan Sudeyko	4969	3:M 60-69	57:40	58:15	5:30/K
57	Harman Basra	1266	14:M 20-29	57:40	58:13	5:30/K
58	Fernando Seriosa	4943	10:M 50-59	57:47	58:25	5:30/K
59	Sean McKnight	3554	19:M 30-39	57:54	58:19	5:31/K
60	Jason Hu	3334	20:M 30-39	58:27	58:52	5:34/K
61	Garth Borthistle	1315	11:M 50-59	58:53	59:12	5:36/K
62	Jason Vanhereweghe	4993	13:M 40-49	59:24	59:51	5:39/K
63	James Li	3519	15:M 20-29	59:26	59:51	5:40/K

64	Les Pereira	4767	12:M 50-59	59:28	59:49	5:40/K
65	Jason Creber	2528	21:M 30-39	59:42	1:00:09	5:41/K
66	Michael Stewart	4964	16:M 20-29	59:58	1:00:22	5:43/K
67	Colin Russell	4927	17:M 20-29	1:00:04	1:00:19	5:43/K
68	Wing Yin Yam	5811	22:M 30-39	1:00:15	1:00:24	5:44/K
69	Colin Scott	4939	18:M 20-29	1:00:29	1:01:36	5:46/K
70	Arnold Manalo	3536	14:M 40-49	1:00:32	1:00:42	5:46/K
71	Marshall Derksen	2542	2:M 0-19	1:00:38	1:00:57	5:46/K
72	Joseph Sung	4971	15:M 40-49	1:00:44	1:01:26	5:47/K
73	Bernie Marshall	3537	4:M 60-69	1:01:02	1:01:19	5:49/K
74	Andrew Da Silva	2534	16:M 40-49	1:01:38	1:01:53	5:52/K
75	Lawrence Cheng	2378	19:M 20-29	1:01:55	1:02:04	5:54/K
76	Wayne Gilmartin	2586	17:M 40-49	1:01:57	1:02:44	5:54/K
77	Dave Farrelly	2569	23:M 30-39	1:02:07	1:02:52	5:55/K
78	Cameron Thompson	4983	18:M 40-49	1:02:07	1:02:52	5:55/K
79	Sean Chung	2521	3:M 0-19	1:02:17	1:02:45	5:56/K
80	Greg Taylor	4976	24:M 30-39	1:02:23	1:02:55	5:56/K
81	Webber Chen	2352	20:M 20-29	1:02:25	1:02:42	5:57/K
82	Thuan Do	2546	19:M 40-49	1:02:36	1:03:11	5:58/K
83	Michael Peterson	5824	20:M 40-49	1:02:43	1:03:28	5:58/K
84	Vicking Yau	5814	25:M 30-39	1:03:03	1:03:16	6:00/K
85	Chris Segers	4941	21:M 20-29	1:03:10	1:03:45	6:01/K
86	Graeme Chung	2516	4:M 0-19	1:03:24	1:03:51	6:02/K
87	Grant Derksen	2541	13:M 50-59	1:03:34	1:03:53	6:03/K
88	Jonathan Edwards	2562	22:M 20-29	1:03:34	1:03:50	6:03/K
89	Raymond Tsan	4989	23:M 20-29	1:03:54	1:04:08	6:05/K
90	Dean Gibson	2582	14:M 50-59	1:04:26	1:05:03	6:08/K
91	Mike Carew	1476	15:M 50-59	1:04:35	1:04:35	6:09/K
92	Hwan Lee	3516	21:M 40-49	1:04:53	1:05:34	6:11/K
93	Woosuk Kwon	3508	24:M 20-29	1:05:13	1:05:30	6:13/K
94	Kuan Foo	2573	16:M 50-59	1:05:47	1:06:25	6:16/K
95	Andrew Bustamante	1458	26:M 30-39	1:06:08	1:06:42	6:18/K
96	Marc Saunders	4933	17:M 50-59	1:06:19	1:06:32	6:19/K
97	Yong-Jae Kim	3503	22:M 40-49	1:08:01	1:08:01	6:29/K
98	Patrik Vojtisek	5829	25:M 20-29	1:08:02	1:12:21	6:29/K
99	Todd Gilchrist	2585	18:M 50-59	1:08:29	1:09:01	6:31/K
100	Mark McTeague	3556	27:M 30-39	1:08:29	1:08:58	6:31/K
101	Anand Krishnan	3505	26:M 20-29	1:08:49	1:09:34	6:33/K
102	Mark Fisher	2572	28:M 30-39	1:10:37	1:10:51	6:44/K
103	Laura Laframboise	3510	29:M 30-39	1:10:41	1:10:45	6:44/K
104	Douglas Mentanko	3558	19:M 50-59	1:11:21	1:11:44	6:48/K
105	Bruce Russell	4926	5:M 60-69	1:11:47	1:12:11	6:50/K
106	Cameron Young	5815	30:M 30-39	1:11:59	1:12:31	6:51/K
107	Adam Dunlop	2558	31:M 30-39	1:12:02	1:12:13	6:52/K
108	Kyle Philibert-Palmer	4778	32:M 30-39	1:12:19	1:12:48	6:53/K
109	Youliang Cheong	2398	33:M 30-39	1:12:40	1:12:58	6:55/K
110	Alistair Duthie	2559	23:M 40-49	1:13:12	1:13:24	6:58/K
111	Philip Chung	2504	20:M 50-59	1:13:53	1:14:22	7:02/K
112	Jaya Hodaly	3322	34:M 30-39	1:16:06	1:16:58	7:15/K
113	Nader Hodaly	3313	35:M 30-39	1:16:07	1:16:58	7:15/K
114	Shelby Thiessen	4981	21:M 50-59	1:19:01	1:19:01	7:32/K
115	Graham Gibson	2583	27:M 20-29	1:24:27	1:24:27	8:03/K