

Anna Zelina
Specialty Coach
USFS Double Gold Medalist
Exercise Physiologist

Anna is a member of US Figure Skating and a member of Jamestown Skating Club. She has achieved her gold medals in freestyle and moves in the field. She is also a regional medalist and collegiate competitor. She has been skating for 20 years and coached both on-ice lessons and off-ice conditioning for 3 years after achieving her bachelor's degree in kinesiology at Penn State University. She then returned to school and continued coaching while working to achieve her master's degree in kinesiology from A.T. Still University.

She is very passionate about her profession, and has returned to Jamestown Skating Club as the Off-Ice Conditioning/Stretching Coach. Anna will also be doing some on-ice sub-coaching when other coaches are unavailable or away at competition.

Areas of instruction: Off Ice Cond/Stretching, Freestyle, MIF's

OFF-ICE RATE: \$10 per class (group setting)

\$15 per one-on-one private instruction

*Discount Cards - GROUP

\$75 – 10 Group Classes, \$40 – 5 Group Classes

*Discount Cards – PRIVATE INSTRUCTION

\$125 – 10 one-on-one sessions

\$65 – 5 one-on-one sessions

OFF-ICE Availability: Saturdays and Sundays

ON-ICE Availability: Please Contact

ON-ICE RATE: \$10 per 15 minutes.

Email: afz5005@gmail.com