



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	FEB 17	FEB 18	FEB 19	FEB 20	FEB 21	FEB 22	FEB 23
							9am Power Flow
				10am Slow Flow	10am Vinyasa Flow		
							10:15am Vinyasa Flow
			11:30am Mom & Baby Post Natal Yoga (pre-registered)		11:30am Mom & Baby Post Natal Yoga (pre-registered)		
		5pm Vinyasa Flow					
			5:45pm Restorative/Yin Fusion				
		6:15pm Slow Flow		6pm Yoga for Beginners II (pre-registered)	6pm Led Ashtanga Primary Series (pre-registered)	6pm Slow Flow	
	7pm Yang & Yin		7pm Led Ashtanga Primary Series (pre-registered)				
		7:30pm Broga, Yoga for Men		7:30pm Vinyasa Flow	7:45pm Slow Flow	7:30pm Prenatal Yoga (pre-registered)	
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