

Morrow County Services for Older Citizens
41 West Center Street, Mount Gilead, OH 43338
Phone 419-946-4191 Fax 419-946-1037
MAY 2019 MENU



MENU (SUBJECT TO CHANGE)

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|---|
| | | 1 Egg Omelet Hash Browns Orange Juice Grapes Raisin Bread Milk | 2 Ham and Swiss Vegetable Soup Tossed Salad Pears Bun Milk | 3 Roast Pork Brussel Sprouts Corn Apricots Roll Milk |
| 6 BBQ Riblet Vegetable Blend Corn Peaches Milk Bun | 7 Chicken ala King Mixed Vegetables Lima Beans Pineapple Biscuit Milk | 8 Macaroni and Cheese with Meatballs Broccoli Cauliflower Tropical Fruit Milk | 9 Pizza Patty Tomato Soup Tossed Salad Sliced Apples Bun Milk | 10 Pot Roast Mashed Potatoes Zucchini Pears & Blueberries Breadstick Milk |
| 13 Chicken Breast Cole Slaw Baked Beans Strawberries Corn Bread Milk | 14 Taco Corn Pineapple Milk | 15 Meatloaf Mashed Potatoes Peas and Onions Peaches Bread Milk | 16 Pulled Pork Corn Chowder Tossed Salad Mandarin Oranges Bun Milk | 17 Egg Salad Sweet Potato Fries Broccoli Kiwi Bun Milk |
| 20 Italian Sausage Links Mashed Potatoes Vegetable Blend Grapes Milk Bread | 21 Chicken Parmesan Normandy Blend Vegetables Applesauce Milk | 22 Ham Mashed Sweet Potatoes Cooke Spinach Fruit Cocktail Roll Milk | 23 Turkey Burger Vegetable Soup Tossed Salad Potato Rounds Bun Milk | 24 Pot Pie Asparagus Lima Beans Peaches Milk |
| 27 Closed in Observation of Memorial Day | 28 Chicken Leg Vegetable Blend Steak Fries Mandarin Oranges Bread Milk | 29 Turkey Sausage Links Diced Potatoes Asparagus Strawberries French Toast Sticks Cookie Milk | 30 Sliced Turkey Potato Soup Tossed Salad Pears Bun Milk | 31 Lasagna Green Beans Cooked Carrots Pineapple Bread Milk |

LUNCH IS SERVED MON.-FRI. 11:30-12:30

MORROW COUNTY SENIOR MOMENTS

From the Nutrition Department:

Just a few reminders about our meal programs.

1. If you receive home delivered meals and are not going to be home for some reason, please call and cancel your meal. We cannot leave the meal if you are not going to be home. We also cannot leave the meal with anyone else. The meals are ordered at 1:30 the day before, so please cancel before 1:30.

If you signed up for lunch or an evening meal at the Senior Center please call and cancel your meal, if you cannot come in.

2. We will try to deliver meals as long as the weather permits. Keep in mind if your driver feels as though they cannot get in your drive or up to your house, they may decide not to deliver your meal. We do not want to put anyone in harm trying to deliver a meal in the bad weather.

3. Please keep in mind we accept donations for your meals. We do not charge for the meals, but the meals are not free. If you can, we appreciate anything you can contribute towards the meal programs.

Thank you, if you have any questions please give us a call at the center.