

C L E A R P A T H

Healing Arts Center

DISCLAIMER

This workshop is designed to provide further education and skills development for those who have already received the basic EMDR training. The workshop focuses primarily on elements of ego state/parts work with some attention given to how this approach supports and integrates with EMDR therapy. The ratio of time allotted to ego state theory and practice vs. its integration with EMDR is roughly 80-20.

This workshop is not a substitute for basic EMDR training. By signing below, I agree **not** to use the EMDR material from this workshop that is specific to phases 3 through 6 inclusive in the EMDR protocol without first obtaining the basic EMDR training. I also acknowledge that advanced reading of any of the references below has been strongly recommended, releasing EMDRIA and the presenter from any responsibility for unfamiliarity with EMDR protocol and procedures.

Print_____

Sign_____

Date_____

References

Shapiro, F. (2001) *Eye Movement Desensitization and Reprocessing*. NY: Guilford Press.

Shapiro, F. (2012) *Getting Past Your Past*. NY: Rodale Press.

Shapiro, F. & Silk Forrest, M. (1997) *EMDR: The Breakthrough "Eye Movement" Therapy for Overcoming Anxiety, Stress, and Trauma*. NY: Basic Books.

NY Times Blog: Q&A with Francine Shapiro:

http://consults.blogs.nytimes.com/2012/03/02/the-evidence-on-e-m-d-r/?_r=0