



September 2019

Monday-Thursday 8am-4pm Friday 8am-1pm
 423-745-6830 | 205 McMinn Ave | Athens, TN 37303
www.mcminnseniors.com | mcminnsenior@comcast.net
[FB: McMinn Senior Activity Center](#)

Weekly Events: Maneuvers & Billiards: Daily | Fiber Arts, Crocheting, Knitting: Tues 1pm, Sassy Steps M-F 9:00AM

Rook: Tues 12pm | Canasta: Wed 12pm | Pinochle: Thurs 12pm | Kings Corners Wed 1pm

NO GAMES THIS MONTH.

Adult Coloring every Tuesday morning at 9:00AM | Sign Language M and W at 10:00 am

Events/Dates/Programs/Sponsors are subject to change.

Effective September 1st, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day Closed 7:00 Monday Night Dance	3 9:00 BP/Life Care 9:00 Quilting 9:30 Grief Counseling with Donna 10:00 Choir 11:20 Lunch w/Friends **Life Care**	4 10:00 Bingo/Eagle Home Care 11.20 Lunch w/Friends: **Athens Place** 2:00 Yoga 4:00 Pickleball (AMS)	5 9:30 Jim Brooke: Appalachian Music 11:20 Lunch w/Bateman 3:00 Chess Club	6 9:30 Celeste Craft: wreath 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 11:30 YOGA 7:00 Friday Night Dance *****Sr. Olympic***** Registration Deadline
9 10:00 Bingo/Caris 11:20 Lunch w/Friends: Caris 2:00 Yoga 7:00 Band/Dance: Covered Dish	10 9:00 BP/Lisa Harrison 9:00 Quilting 10:00 Choir 11:20 Lunch w/Friends **Ascension Life Church**	11 10:00 Bingo/Athens Lutheran 11.20 Lunch w/Friends: **Athens Lutheran Church** 2:00 Yoga 4:00 Pickleball (AMS)	12 9:30 Crafts w/Vonda Bookmark 11:20 Lunch w/Bateman 3:00 Chess Club	13 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 11:30 YOGA 7:00 Friday Night Dance
16 10:00 Bingo-Life Care Haley 11:20 Lunch w/Friends: **Morning Pointe** 2:00 YOGA 7:00 Band/Dance	17 9:00 BP/Life Care-Haley 9:00 Quilting 10:00 Choir 11:20 Lunch w/Friends/ **Marshall Hills Church **	18 10:00 Bingo/ Amedisys 11:20 Lunch w/Friends **Starr Regional** 1:00 Set Up For Expo 2:00 NO YOGA 4:00 Pickleball (AMS)	19 SENIOR EXPO 2019 8:30 – 1:00 Bateman Lunch passed out.	20 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 11:30 YOGA 7:00 Friday Night Dance **Finger Foods**

Monday	Tues	Wednesday	Thursday	Friday
23 10:00 Bingo-Life Care Haley 11:20 Lunch w/Friends **Center by Diane** 2:00 Yoga 7:00 Band /Dance at Country Eagle	24 8:30-9:30 BP/Starr Regional 9:00 Quilting 10:00 Choir at Morning Pointe 11:20 Lunch w/Friends **Center**	25 10:00 Bingo/Etowah Healthcare 11:20 Lunch w/Friends ** Dominion Living ** 2:00 Yoga 4:00 Pickleball (AMS)	26 9:30 Crafts w/Vonda 9:30 Pool Tournament 9:30 Bingo w/friends 11:20 Lunch w/Bateman 3:00 Chess Club	27 9:30 Grief and Support/Bible 11:20 Lunch w/Bateman 11:30 Yoga 7:00 Friday Night Dance
30 10:00 Bingo-Grace Healthcare 11:20 Lunch w/ Friends: Joe Guy 2:00 Yoga 7:00 Band/Dance				

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SEPTEMBER EVENTS

6th-MEMBERS- Free Coffee
 12th-Crafts with Vonda at 9:30
 26th-Crafts with Vonda at 9:30

SENIOR OLYMPICS
Oct. 1-14
Registration must be
postmarked by
September 6th, 2019.

2019 MEMBERSHIP

Your membership to the Senior Center is a vital part of continuing the programs and services offered to seniors in our community. Ask about membership card & benefits.

Membership is open to age 50+.
 Individual -- \$30
 Couple--\$55
 (Residing in same household.)

Thank you for your continued support of our Senior Center.

SENIOR EXPO 2019
8:30-1:00pm
Breakout Sessions
30 Vendors/Lunch Provided

Volunteers and Visitors
Please be sure to sign in on the My Senior Center Computer. If you need assistance, please see a staff member. This is vital for our reports and grant proposals.