



WEIGHTROOM / CARDIO ROOM & COURT HOURS
Monday/Wednesday 9 am -12 noon & 5 pm - 9 pm Tuesday/Thursday 9 am -12 noon & 1 pm - 9 pm
Friday 9 am - 12 noon & 6 pm -10 pm
Saturday: 2 pm - 5 pm & 6 pm - 9 pm
Sunday: 12 noon - 4 pm



SCHEDULE EFFECTIVE January 2 - March 15, 2019

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure
9 - 10 am	Aquafit	QUIET TIME	Aquafit	QUIET TIME	Aquafit	QUIET TIME	Aquafit	QUIET TIME	Aquafit	QUIET TIME	P			
	9:15 – 10:15 am		9:15 – 10:15 am		9:15 – 10:15 am		9:15 – 10:15 am	SWIM	9:15 – 10:15 am	SWIM				
10 - 11 am	I	PARENT & TOT	EVERYONE	WELCOME	EVERYONE		EVERYONE	WELCOME	EVERYONE	PARENT & TOT				
	WELCOME	10 – 11 am	+	. 1	WELCOME		+	. 1	WELCOME	10 – 11 am			CALL	
11 - 12 pm	1 1	P/S LESSONS		1		P/S LESSONS				EVERYONE		200		
	<u> </u>	10:30 - 11:30			+		11am – 12pm		+	WELCOME	0-6			
12 - 1 pm	AQUATIC CENTRE CLOSED DURING LUNCH HOUR										Control of the contro		EVERYONE	WELCOME
4.0	NOTE:	LANESWI			AVAILABLE TUES/THURS 3:30 - 5:00 PM			57122				12 – 4	pm	
1 - 2 pm			EVERYONE WELCOME				EVERYONE WELCOME		211		4.22			
2 - 3 pm			SCHOOLS	1 - 9 pm				9 pm						
2 - 3 piii	FACILITY	CLOSED			EACH ITS	CLOSED	SCHOOLS		T. A. C. T. T. T.	Y CY O CENT		E WELCOME		
3 - 4 pm	12 noon - 5 pm		1 – 3 pm		FACILITY CLOSED		1 – 3 pm	į.	FACILITY CLOSED		2-	5 pm		
3 - 4 βiii	12 HOOH - 5 PIII		LESSONS		12 noon - 5 pm		LESSONS		12 noon - 6 pm				↓	↓
4 - 5 pm		1.0	3:30 - 5:45				3:30,- 5:45		-12. 5					
							5.10			11,011,000	₩	+		
				1									100	rac
5 – 6 pm	EVERYONE WELCOME		→		EVERYONE		*	*					Inte	de tre
			EVERYONE	VERYONE P/S LESSONS		WELCOME		P/S LESSONS						
6 – 7 pm	5:00 –	- 9:00	WELCOME	5:45 - 6:45	5:00 -	- 9:00	WELCOME	5:45 - 6:45	EVERYONE	WELCOME	EVERYONI	E WELCOME		
			1	EVERYONE			l r	EVERYONE	6 - 10	10 pm 6 - 9 pm				
7 - 8 pm				WELCOME				WELCOME	i i i		1			
)
8 - 9 pm	↓	↓	↓	↓	, L	Ţ	1	1			↓	↓	_	
0.40	The pool will be closed for war 40,0040 (r. F. U. F.								l L	1			SORRY NO	
9 - 10 pm	The pool will be closed February 18, 2019 for Family Day								•	•			CARDS AC	CEPTED
												F E JES	C	