

LAS CRUCES RUNNING CLUB POLICIES AND PROCEDURES

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3. Annual meeting
4. Races co-sponsored by City of Las Cruces
5. Alcohol policy
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**LAS CRUCES RUNNING CLUB
RESOLUTION NO. 1**

THIS MATTER having come before the Directors of the Las Cruces Running Club (LCRC), discussion having been held, it is hereby resolved and agreed:

Any participant in any LCRC race, event or activity shall have the right to appeal any disqualification, placement or other official decision by submitting in writing the decision complained of to the event director or any board of directors member within one day of the decision at issue. Within seven days after the receipt of the appeal, the board of directors shall render a decision concerning the matter and communicate said decision in writing to the complainant.

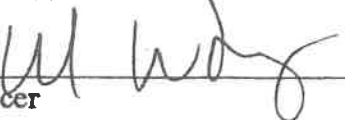
Provided that the LCRC race, event, or activity is conducted in partnership with the City of Las Cruces, the following procedure shall apply: If the complainant is not satisfied with the decision of the LCRC board of directors, he/she may appeal the decision to the City of Las Cruces Parks and Recreation Advisory Board (CLCPRAC). The CLCPRAC shall make the final decision concerning the appeal, and its rules, policies and procedures shall govern the appeal.

If the LCRC race, event or activity is not conducted in partnership with the City of Las Cruces, the decision of the LCRC board of directors' decision on the complaint shall be final.

Done this 8-22, 2012.



President



Officer

**LAS CRUCES RUNNING CLUB
RESOLUTION NO. 2**

THIS MATTER having come before the Directors of the Las Cruces Running Club (LCRC), discussion having been held, it is hereby resolved and agreed:

LCRC shall not discriminate against any person, regarding access to, or participation in any of its activities or facilities used on the basis of race, color, sex, national origin, age or disability, except to the extent that USA Track and Field prohibits minors under a certain age from participating in long-distance running events.

All LCRC races, services and other activities will be accessible to and usable by persons with disabilities under the Americans with Disabilities Act, including but not limited to, equal opportunity to participate and benefit, equally effective communication for persons with speech, hearing and other impairments, integrated seating and the provision of reasonable modifications and/or accommodations adhering to the City of Las Cruces Communication Policy. If portable toilets are going to be provided, accessible units must also be provided at each bank of standard units.

Done this 8-22, 2012.



President



Officer


**LAS CRUCES RUNNING CLUB
RESOLUTION NO. 3**

THIS MATTER having come before the Directors of the Las Cruces Running Club (LCRC), discussion having been held, it is hereby resolved and agreed:

LCRC shall conduct one meeting per year which is open to the public. This meeting shall include the election of a board of directors, a discussion and/or formal approval of changes in LCRC rules or regulations, and discussion/approval of any formal LCRC action. LCRC shall notify the City of Las Cruces of the place, date and time of the meeting, and shall advertise the same a minimum of one week in advance through a newspaper of general circulation. The minutes of this meeting shall be recorded, transcribed and forwarded to the City of Las Cruces Parks and Recreation Department, along with a copy of the public notice.

At said meeting, members of the public shall be entitled to participate and speak. However, only LCRC members shall be permitted to vote on any matter.

Done this 8-22, 2012.



President



Officer

**LAS CRUCES RUNNING CLUB
RESOLUTION NO. 4**

THIS MATTER having come before the Directors of the Las Cruces Running Club (LCRC), discussion having been held, it is hereby resolved and agreed:

With respect to activities co-sponsored by the City of Las Cruces, LCRC shall provide registration for its races via internet and mail-in flyers, which internet and mail-in avenues shall provide location information, contact name and phone number, with contact name and phone number to the City of Las Cruces Parks and Recreation Section Administrative Office at least two weeks prior to the registration date.

A schedule of LCRC races shall be provided to the City of Las Cruces Parks and Recreation Section Administrative Office a minimum of two weeks prior to the race.

Done this 8-22, 2012.



President



Officer

**LAS CRUCES RUNNING CLUB
RESOLUTION NO. 5**

THIS MATTER having come before the Directors of the Las Cruces Running Club (LCRC), discussion having been held, it is hereby resolved and agreed:

No participants, volunteers, spectators or other persons attending any LCRC race, event or activity shall be permitted to consume alcohol before, during or after said activity, unless specifically authorized by LCRC and all other co-sponsors of the activity. No participants, volunteers, spectators or other persons attending any LCRC event shall be under the influence of alcohol. Any person found to be in violation of this policy shall be ejected from the event. Upon a second or subsequent violation of this policy, said person shall be banned from further events for a period of time to be determined by the LCRC board of directors.

Done this 8-22, 2012.



President



Officer

**LAS CRUCES RUNNING CLUB
RESOLUTION NO. 6**

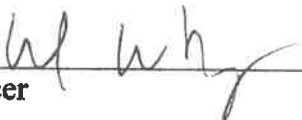
THIS MATTER having come before the Directors of the Las Cruces Running Club (LCRC), discussion having been held, it is hereby resolved and agreed:

With respect to activities co-sponsored by the City of Las Cruces, LCRC adopts the Las Cruces Parks and Recreation Department's code of conduct concerning sports activities.

Done this 8-22, 2012.



President



Officer

**LAS CRUCES RUNNING CLUB
RESOLUTION NO. 1**

THIS MATTER having come before the Directors of the Las Cruces Running Club (LCRC), discussion having been held, it is hereby resolved and agreed:

Any membership, event entry or other fee shall not be refundable, except as specifically authorized by the LCRC Board of Directors.

Done this 8/22, 2012.

Chris Colby
President

W. H. V.
Officer

**LAS CRUCES RUNNING CLUB
RESOLUTION NO. 1-2016**

This matter having come before the Directors of the Las Cruces Running Club (LCRC), discussion having been held, it is hereby resolved and agreed:

Any incident of alleged mistreatment of any participant in any LCRC event or activity, particularly any participant under the age of 18, shall be reported immediately to any board member, who shall promptly bring it to the attention of the full board of directors. The board shall conduct an investigation of the alleged mistreatment, including providing the opportunity for the alleged victim, any known witnesses and the alleged perpetrator to give a statement in support of, or rebuttal to, the allegation of mistreatment.

Within 30 days of the report of alleged mistreatment, unless extended for good cause, the board shall render a decision as to whether mistreatment occurred. If the board ascertains that mistreatment has occurred, it shall impose a sanction on the perpetrator. Said sanction may include, but is not limited to, any of the following: verbal or written warning, requirement of training and/or counseling, apology to the victim of mistreatment, or a ban on participation in, or attendance at, LCRC events for a definite or indefinite period.

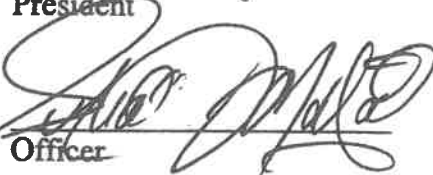
If the LCRC event or activity is conducted in partnership with the City of Las Cruces, the following procedure shall apply: if the alleged victim or alleged perpetrator is not satisfied with the decision of the board, he/she may appeal the decision to the City of Las Cruces Parks and Recreation Board (CLCPRAB). The CLCPRAB shall make the final decision concerning the appeal, and its rules, policies and procedures shall govern the appeal.

If the LCRC event or activity is not conducted in partnership with the City of Las Cruces, the decision of the board shall be final.

Done this September 10, 2016.



President



Officer

RESOLUTION NO. 2017-1

Las Cruces Running Club hereby adopts the following policy with regard to conflict of interest:

Officers, directors and employees of Las Cruces Running Club (LCRC) have a duty of loyalty to LCRC, which requires that in serving LCRC they act solely in the interests of LCRC. They must have an undivided allegiance to LCRC's mission and programs and may not use their positions, LCRC property or information they have about LCRC in a manner that allows them to secure pecuniary benefits for themselves or their relatives, except as specifically authorized by the LCRC board.

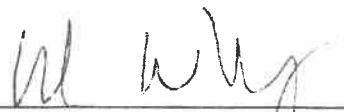
The conduct of personal business between any officer, director or employee and LCRC is prohibited, except as specifically authorized by the LCRC board. Business transactions of LCRC in which an officer, director or employee has an interest shall not be prohibited, but shall be subject to close scrutiny. An officer, director or employee has an interest in a proposed transaction if he/she has an interest in it, or has a substantial financial interest in any organization involved in the proposed transaction, or holds a position as trustee, director, general manager, principal officer, or employee in any such organization. Officers, directors and employees are expected to make full disclosure to the best of their knowledge or any dual interest in a proposed transaction by reporting such to the LCRC board, supplying any reasons why the transaction might not be in the best interest of LCRC.

An officer, director or employee with a dual interest in a proposed transaction shall not vote on the matter and, depending upon the circumstances, may be excluded from any discussion of the matter.

An officer, director or employee shall not use inside information of LCRC for his/her personal benefit, or use such inside information or his/her position to the detriment of LCRC. Inside information obtained through the officer's, director's or employee's position that has not become public information.

Each officer, director and employee has a duty to place the interests of LCRC foremost in any dealings involving LCRC and has a continuing responsibility to comply with the requirements of this policy.

Date: 2/22/17



President



Secretary

RESOLUTION NO. 2019-1


It is hereby resolved by the board of directors of Las Cruces Running Club, Inc. (LCRC), that the policies and regulations of the International Olympic Committee (IOC) and United States of America Track and Field association (USATF) concerning participation of, and eligibility for awards and prizes by, transgender athletes in LCRC races be and hereby are adopted in whole by reference herein. Said policies and regulations are attached hereto as Exhibit A.

Done this January 10, 2019.

Attest:



President



~~Secretary~~ VICE President

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- Anti-Doping Information
- Disciplinary Actions

USATF Statement regarding transgender/ transsexual policy

Following years of consideration and exploration, the USATF Board of Directors on February 27, 2005, adopted the International Olympic Committee's (IOC) policy regarding competition by transgender athletes and transsexual athletes which was updated in November of 2015. ([View the IOC's updated policies.](#)) This policy requires that certain medical benchmarks be achieved before an athlete may compete as the opposite gender for medals, prize money and other benefits. The intent of this policy is to establish competitive eligibility and to help ensure fair competition. The policy also contains safeguards to protect the privacy of any athlete(s) making the request for eligibility.

Each year in the United States, tens of millions of Americans run in road races, and millions compete in track and field. In most cases, entries for these races are at the discretion of the runner entering, and race directors rely upon the entrants to accurately provide their name, age, gender, nationality and other details.

With more than 10 million road race finishers each year in this country, the vast majority of race entrants are participating in the road race experience rather than competing for awards and prize money. USATF's mission is to drive competitive excellence and popular engagement in the sport. In the spirit of popular engagement, USATF encourages race directors and competitors to accept the entries at face value in instances where awards and/or prize money are not at stake.

For any USATF competition or events operated using USATF rules as part of a USATF sanction and where age-group awards and/or prize money are at stake, an affected competitor(s) who has a valid reason to question the accuracy of the entry information of a prize- or award winning athlete may protest, either orally or in writing, against the prize- or award-winner with the referee during the respective meet, in accordance with the applicable rules for that event. If the matter cannot be immediately resolved, and all applicable appeals have been exhausted, the affected competitor may file a grievance within USATF, following the procedures described in Regulation 21 of the USATF Bylaws and Operating Regulations. (<http://www.usatf.org/About/Bylaws---Operating-Regulations.aspx>.)

In cases where an athlete's gender is at issue, USATF urges that extreme care should be taken to respect the privacy of the parties affected at every step of the process.



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Ex. A (1)



INTERNATIONAL
OLYMPIC
COMMITTEE

**IOC Consensus Meeting on Sex Reassignment and Hyperandrogenism
November 2015**

Participants:

Prof Dr Uğur Erdener	Chairman, IOC Medical & Scientific Commission
Prof Arne Ljungqvist	Former Chairman, IOC Medical Commission
Dr Stéphane Bermon	Monaco Institute of Sports Medicine & Surgery, IAAF Medical & Scientific Senior Consultant
Michael Beloff, QC	Barrister, Blackstone Chambers
Prof Gerard Conway	Professor of Clinical Medicine, University College London
Prof Myron Genel	Professor Emeritus of Pediatrics and Senior Research Scientist, Yale Child Health Research Center Yale University School of Medicine
Ms Joanna Harper	Chief Medical Physicist, Radiation Oncology, Providence Portland Medical Center
Prof Angelica Linden Hirschberg	Department of Woman & Child Health, Division of Obstetrics & Gynecology, Karolinska Institutet
Prof Dr Maria Jose Martinez Patino	Faculty of Sport Sciences, University of Vigo
Prof Martin Ritzén	Professor Emeritus, Dept of Woman and Child Health Karolinska Institutet
Dr Eric Vilain	Professor of Human Genetics, Pediatrics and Urology Director, Center for Gender-Based Biology Chief, Medical Genetics, Department of Pediatrics Co-director, Clinical Genomic Center David Geffen School of Medicine at UCLA
Jonathan Taylor	Partner, Bird & Bird
Liz Riley	Barrister, Bird & Bird
Dr Robin Mitchell	Vice-Chair, IOC Medical & Scientific Commission
Dr Rania Elwani	Member, IOC Medical & Scientific Commission
Dr Vidya Mohamed-Ali	Member, IOC Medical & Scientific Commission
Prof Yannis Pitsiladis	Member, IOC Medical & Scientific Commission
Dr Richard Budgett	IOC Medical & Scientific Director
Dr Lars Engebretsen	IOC Head of Scientific Activities
Christian Thill	IOC Senior Legal Counsel

Ex A (2)

1) Transgender guidelines

- A. Since the 2003 Stockholm Consensus on Sex Reassignment in Sports, there has been a growing recognition of the importance of autonomy of gender identity in society, as reflected in the laws of many jurisdictions worldwide.
- B. There are also, however, jurisdictions where autonomy of gender identity is not recognised in law at all.
- C. It is necessary to ensure insofar as possible that trans athletes are not excluded from the opportunity to participate in sporting competition.
- D. The overriding sporting objective is and remains the guarantee of fair competition. Restrictions on participation are appropriate to the extent that they are necessary and proportionate to the achievement of that objective.
- E. To require surgical anatomical changes as a pre-condition to participation is not necessary to preserve fair competition and may be inconsistent with developing legislation and notions of human rights.
- F. Nothing in these guidelines is intended to undermine in any way the requirement to comply with the World Anti-Doping Code and the WADA International Standards.
- G. These guidelines are a living document and will be subject to review in light of any scientific or medical developments.

In this spirit, the IOC Consensus Meeting agreed the following guidelines to be taken into account by sports organisations when determining eligibility to compete in male and female competition:

- 1. Those who transition from female to male are eligible to compete in the male category without restriction.
- 2. Those who transition from male to female are eligible to compete in the female category under the following conditions:
 - 2.1. The athlete has declared that her gender identity is female. The declaration cannot be changed, for sporting purposes, for a minimum of four years.
 - 2.2. The athlete must demonstrate that her total testosterone level in serum has been below 10 nmol/L for at least 12 months prior to her first competition (with the requirement for any longer period to be based on a confidential case-by-case evaluation, considering whether or not 12 months is a sufficient length of time to minimize any advantage in women's competition).

EX A (3)

2.3. The athlete's total testosterone level in serum must remain below 10 nmol/L throughout the period of desired eligibility to compete in the female category.

2.4. Compliance with these conditions may be monitored by testing. In the event of non-compliance, the athlete's eligibility for female competition will be suspended for 12 months.

2) Hyperandrogenism in female athletes

In response to the interim award dated 24 July 2015 in Chand v AFI and IAAF CAS 2014/A/3759, the IOC Consensus Meeting recommended:

- Rules should be in place for the protection of women in sport and the promotion of the principles of fair competition.
- The IAAF, with support from other International Federations, National Olympic Committees and other sports organisations, is encouraged to revert to CAS with arguments and evidence to support the reinstatement of its hyperandrogenism rules.
- To avoid discrimination, if not eligible for female competition the athlete should be eligible to compete in male competition.

LEX. A (4)