

Artistic Summer News 2016

Congratulations on a great season.

We are so proud of each and every one of our artistic competitors. We have seen each athlete work, sweat, set goals, struggle, push themselves, fail and succeed. We have seen each of our team members push through their frustrations and achieve some, if not all of their goals. There have been tears from disappointment, but also feelings of pride and excitement. Let's not forget friendships, laughter and having their Stars family by their side through it all.

That's what gymnastics is all about... and really... Isn't that what also happens in life, outside of the gym? As coaches, we take pride in knowing that the sport, and the teaching that we provide will benefit the girls throughout life. As parents, we know how proud you are of your daughters.

We will be celebrating their progress and success at this year's team banquet. You will be receiving an update on Banquet plans very soon.

Summer is the time for learning and advancement.

Now that the 2016 Season is about over, it's time to get back to basics, strength conditioning, flexibility and confidence building. Throughout the summer, Stars coaches will allow each team member to set new goals and help them reach those goals.

We will be having Skill Showcases again this year. Our first showcase will be Friday, July 15th at 5pm. Additional Showcases will be scheduled in August, September and October, before placing the girls in their appropriate levels for the new season.

*What is a Showcase? Team members will perform one at a time on any/all events, demonstrating the new skills they have achieved during practice. They have ONE attempt to do it correctly in order to check it off on their skill charts. All required skills must be achieved in order to move into each specific level.

Summer Schedule:

Please see the next page of this newsletter for Artistic Summer Practice groups. The girls have been divided to make the groups as even as possible. Placement is also based on individual skill level, consistency, strength, confidence and work ethic. Use the 3rd page of this newsletter to see the Artistic Team Summer Practice Schedule based on the group your child has been placed in.

Summer Tuition and 2017 Competition Fees:

You will have a separate attachment with your groups summer practice tuition rates, based on the number of hours practicing each week/month. All breaks and holidays have already been prorated. Also included in the separate attachment are the calculated competition fees for the 2017 season. Remember to choose the 11 or 12 month plan.

ARTISTIC TEAM 2017 SEASON INFORMATION AND PAPERWORK

You will soon be receiving the 2017 Team Handbook, and new season forms to complete. Please read over everything and submit the required paperwork within 5 days of receiving it. We will make time at the end of class one night for questions, if there are any.

Thank you.

Artistic Team Summer Practice Schedule

June 13 – August 06, 2016 (8 weeks)

*Team Breaks: June 06-12. July 02-04. AND August 08-14, 2016

Group #1		Group #2	
A:	B:		
Grace Diaz	Sierra Cerna	*Grace Nelson	*Isabel Luna
Nadia Gonzalez	Alexa Corrales	*Kiley Neira	*Zaira Negrete
Zithlaly Higareda	Sophia Gonzalez	*Shya Maldonado	*Jacqueline Mendoza
Jayleen Marin	Geselle Preciado	Mya Delgadillo	*Haley Wilson
Eva Sanchez	Mireya Gutierrez	Erica Marin	*Osyris Roldan
Linsey Carmona	Alissa Orozco	Destiny Ochoa	*Daniella Chirinos
Gaby Miranda	Briana Rose Castillo	Xochilt Cena	*Adriana Walls
Kaila Vo	Angelique Peralta	Olivia Gagar	
Isabella Griego	Yazmine Haro		
Zion Caballero	Alyssa Quezada		
	Camilla Carlos		
Tuesday & Wednesday 9:00am-11:30am		Tuesday & Wednesday 9:00am-12:00	
Monday (Divided by skill level & Tightness) <i>*NO changing groups</i> Group 1- A : 6:00-8:00pm Group 1- B : 5:00-7:00pm		Thursday 6:00-8:00 2 Coaches will divide Group as needed by strength and skill level	
Optional Clinics may be added to your schedule for an additional fee		* Mandatory – Participation in 4 scheduled, Exel 2 hour Skill Work Clinics (Included in Tuition and on the calendar). * FRIDAYS, 5:30-7:30pm: June 24th, July 8th, July 22nd and August 5th Additional clinics may be taken at an additional fee. <i>All others in Group #2</i> – If you are interested in additional training, ask about the option of adding Skill Work Clinics to your schedule.	

Note: OPEN GYM IS NOT AVAILABLE FOR TEAM MEMBERS DURING SUMMER TRAINING

ARTISTIC TEAM June – August 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 JUNE TUITION DUE	2	3	4 State Meet
5 State Meet	6 Team Break	7 Team Break	8 Team Break	9 Team Break	10 Team Break	11 Team Break
12 Team Break	13 Gr 1-A: 6-8pm Gr 1-B: 5-7pm	14 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	15 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	16 Gr 2: 6-8pm	17	18
19	20 Gr 1-A: 6-8pm Gr 1-B: 5-7pm	21 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	22 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	23 Gr 2: 6-8pm	24 *Exel Skill Work 5:30-7:30	25
26	27 Gr 1-A: 6-8pm Gr 1-B: 5-7pm	28 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	29 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	30 Gr 2: 6-8pm	1 JULY TUITION DUE	2
3	4 HOLIDAY	5 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	6 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	7 Gr 2: 6-8pm	8 *Exel Skill Work 5:30-7:30	9
10	11 Gr 1-A: 6-8pm Gr 1-B: 5-7pm	12 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	13 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	14 Gr 2: 6-8pm	15 SHOWCASE #1 5:00-7:30pm COMPETITION FEES DUE	16
17	18 Gr 1-A: 6-8pm Gr 1-B: 5-7pm	19 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	20 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	21 Gr 2: 6-8pm	22 *Exel Skill Work 5:30-7:30	23
24	25 Gr 1-A: 6-8pm Gr 1-B: 5-7pm	26 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	27 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	28 Gr 2: 6-8pm	29	30
31	1 AUGUST TUITION DUE Gr 1-A: 6-8pm Gr 1-B: 5-7pm	2 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	3 (Drop off only) Gr 1: 9-11:30 Gr 2: 9-12	4 Gr 2: 6-8pm	5 *Exel Skill Work 5:30-7:30	6
7 Team Break	8 Team Break	9 Team Break	10 Team Break	11 Team Break	12 Team Break	13 Team Break
14	15 COMPETITION FEES DUE & Start of Season Practice Schedule.....	16 <i>Still working on</i>	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			