

Enneagram Instinctual Subtypes Chart

| <i>Instinct</i> | Self-Preserving <i>Myself</i> | Social <i>All of Us</i> | Sexual <i>You and Me</i> |
|-------------------------|--|---|---|
| <i>Drive</i> | The search for Survival | The search for Community | The search for Intimacy |
| <i>Focus</i> | Self My World | Group Our Greater World | The Beloved Our Intimate World |
| <i>Desire</i> | Desire for Security Well being Food • Comfort • Safety Protection • Conservation | Desire for Group Social Acceptance People • Recognition Popularity • Honor • Status | Desire for Mate Pair Bonding Affinity • Closeness • Wholeness The other half • The beloved |
| <i>Fear</i> | Fear of Not Surviving Suspense • Poverty Illness • Endangerment Loss • Annihilation | Fear of Not Belonging Loneliness • Low ranking Inferiority • Failure • Outcast Alienation • Isolation | Fear of Undesirability Unworthiness • Letting go Brokenness • Incompleteness Disconnection • Invalidation |
| <i>Issue</i> | Living Issues To be or not to be How to be | Relating Issues To relate or not to relate How to relate | Intimacy Issues To be intimate or not to be intimate How to be intimate |
| <i>Preoccupation</i> | Coping Anxiety • Mortality • Health • Diets Obesity • Vigilance • Safety • Ease Finances • Nourishment • Time Essentials • Sensuality • Possessions | Prestige Fellowship • Events • Cooperation Admiration • Pecking Order • Clubs High Ranking • Superiority • Glory Causes • Companionship • Fame | Connection Intrigue • Encounters • Rivalry Attractiveness • Impulse • Passion The Best Friend • Revealing Self Eye Contact • Union • Glamour |
| <i>Strategy</i> | Caution or Self-destruction Aggressive-Defensive Logistics • Health Fanatic Constriction • Accumulating Conservation • Hoarding • Paranoia | Sociability or unsociability Approval-Shame Philanthropy • Misanthropy Rigidity • Companionship Friendliness • Enmity • Achievement | Abstinence or promiscuity Power-Submission Responsiveness • Creativity Imagination • Searching • Curiosity Gender Roles • Possessiveness |
| <i>Energy</i> | Conserved energy Grounded Somber • Heavy • Serious Stable • Consistent • Solid | Split energy Cursory Personable • Superficial • Cooperative Superficial • Inconsistent • Rigid | High energy Intense Playful • Light • Penetrating One on One • Passionate • Lyrical |
| <i>Theme Statements</i> | How am I? I am my body Am I secure? I am invincible I sacrifice for myself I must make it on my own | Who am I? I am my group Am I popular? I am considerate I sacrifice for the group We can make it if we all cooperate | What am I? I am my relationship Am I attractive? I am powerful I sacrifice for the relationship You and Me against the world |
| | 1 Anxiety, worry, expectation | 1 Rigid, non adaptable, righteous | 1* Zeal, jealousy, rivalry, heat |
| | 2* Entitlement, me first, privilege | 2 Ambition, aspirations, devotee | 2 Seduction, aggression, assault |
| | 3* Security, accumulating, scarcity | 3 Prestige, achievement, accolades | 3 Masculine or feminine role, ideal |
| <i>Enneagram</i> | 4* Dauntless, tenacious, contained | 4 Shame, honor, rejected elitist | 4 Competition, hatred, idolatry |
| <i>Points of</i> | 5 My home, my castle, hideout | 5 Totem, identity, secret societies | 5* Confidence, trust, supreme love |
| <i>Concern</i> | 6 Warmth, affection or rejection | 6 Dutiful, fellowship, social enforcer | 6* Strength & beauty, provocative |
| | 7 Chosen family or group security | 7* Sacrifice for group, martyr | 7 Fascination, suggestibility, charmer |
| | 8 Satisfactory survival, territory | 8* Comradeship, friends & foes | 8 Possession, surrender, devotion |
| <i>*Counter-Type</i> | 9 Appetites, insatiable, collector | 9* Peripheral participation, anchor | 9 Union, merging, oneness, symbiosis |